

## Table: Fish consumption guidance updates in some impacted waterbodies by county

**APRIL 2025**

The Minnesota Department of Health (MDH) has updated its fish consumption guidance (FCG) due to [per-and polyfluoroalkyl substances \(PFAS\)](#), including perfluorooctane sulfonate (PFOS), found in fish from some waterbodies in 10 Minnesota counties. The following table is intended for use as a reference to see Minnesota waterbodies with updated guidelines mainly due to PFAS in April 2025.

The Fish Consumption Guidance program recommends the public check the [DNR LakeFinder website](#) and [MDH Fish Consumption Guidance page](#) for the most current guidelines for individual waterbodies. MDH also has more information about [Contaminants and Minnesota Fish](#): mercury, PCBs, PFAS, and Dioxins. For species not listed in the table, follow the Statewide Fish Consumption Guidelines.

This table lists updated fish consumption guidelines by waterbody name and is organized by county.

The Fish Consumption Guidance program defines populations as the following:

- **sensitive populations:** people who are or may become pregnant, people who are breastfeeding or plan to breastfeed, and children under age 15.
- **general populations:** people not planning to become pregnant, men and boys over age 15.

**Table: Fish consumption guideline updates in some impacted waterbodies by County (April 2025)**

County	Township-City	Waterbody (DNR Lake ID)	Population	Fish species	Updated Fish Consumption Guideline	Contaminant
Anoka	Centerville	Centerville ( <a href="#">02000600</a> ) Peltier ( <a href="#">02000400</a> )	Sensitive	Sunfish	One serving per month	PFOS
Anoka	Centerville	Centerville ( <a href="#">02000600</a> ) Peltier ( <a href="#">02000400</a> )	General	Sunfish	One serving per week	PFOS
Carver	Camden, Mayer, Watertown	South Fork of the Crow River	Sensitive	All	Do not eat	PFAS (PFOS)
Carver	Camden, Mayer, Watertown	South Fork of the Crow River	General	Yellow perch and common carp Other species	Do not eat One serving per month	PFAS (PFOS)

**TABLE: FISH CONSUMPTION GUIDANCE UPDATES IN SOME IMPACTED WATERBODIES BY COUNTY (APRIL 2025)**

County	Township-City	Waterbody (DNR Lake ID)	Population	Fish species	Updated Fish Consumption Guideline	Contaminant
Dakota	Eagan	Fish ( <a href="#">19005700</a> )	Sensitive	Crappie	One serving per month	PFOS
Dakota	Eagan	Fish ( <a href="#">19005700</a> )	General	Crappie	One serving per week	PFOS, mercury
Dakota	Eagan	Lemay ( <a href="#">19005500</a> )	Sensitive	Sunfish	One serving per month	PFOS
Douglas  (updated due to error in guidelines, 4/18/25)	Alexandria	Agnes ( <a href="#">21005300</a> ), Henry ( <a href="#">21005100</a> ), Winona ( <a href="#">21008100</a> )	Sensitive	All	Do not eat fish	PFAS (PFOS)
Douglas  (updated due to error in guidelines, 4/18/25)	Alexandria	Agnes ( <a href="#">21005300</a> ), Henry ( <a href="#">21005100</a> ), Winona ( <a href="#">21008100</a> )	General	All	One serving per month	PFAS (PFOS)
Douglas	Carlos	Carlos ( <a href="#">21005700</a> )	General	Northern pike	One serving per month	Mercury
Hennepin	Bloomington (Minnesota Valley National Wildlife Refuge)	Hogback ( <a href="#">27108500</a> ) and other unnamed ponds ( <a href="#">27108600</a> ), Long Meadow Lake ( <a href="#">27000200</a> )	All	All	Do not eat fish	PFAS
Hennepin	Eden Prairie	Red Rock ( <a href="#">27007600</a> )	General	Crappie	Two serving per week	PFAS (PFOS)
Hennepin	Medina	Mooney Lake ( <a href="#">27013400</a> )	All	Bass  Other species	Do not eat fish  One serving per month	PFAS (PFOS)
Hennepin	Minneapolis	Bde Maka Ska ( <a href="#">27003100</a> ), Harriet ( <a href="#">27001600</a> ), Minnehaha Creek	Sensitive	All	Do not eat fish	PFAS (PFOS), mercury
Hennepin	Minneapolis	Bde Maka Ska ( <a href="#">27003100</a> ), Harriet ( <a href="#">27001600</a> ), Minnehaha Creek	General	All	One serving per month	PFAS (PFOS), mercury

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County	Township-City	Waterbody (DNR Lake ID)	Population	Fish species	Updated Fish Consumption Guideline	Contaminant
Hennepin	Minneapolis	Cedar ( <a href="#">27003900</a> ), Hiawatha ( <a href="#">27001800</a> ), Lake of the Isles ( <a href="#">27004000</a> ), Nokomis ( <a href="#">27001900</a> )	All	All	One serving per month	PFAS (PFOS)
Hennepin	Robbinsdale	Crystal ( <a href="#">27003400</a> ) Twin ( <a href="#">27004200</a> )	Sensitive	All	Do not eat fish	PFAS (PFOS)
Hennepin	Robbinsdale	Crystal ( <a href="#">27003400</a> ) Twin ( <a href="#">27004200</a> )	General	All	One serving per month	PFAS (PFOS)
Hennepin	Wayzata	Gleason ( <a href="#">27009500</a> )	Sensitive	Crappie	One serving per month	PFAS (PFOS)
Hennepin	Wayzata	Gleason ( <a href="#">27009500</a> )	General	Crappie  Sunfish	One serving per week  Two servings per week	PFAS (PFOS)
Hennepin, Ramsey	St. Paul	Snelling Lake ( <a href="#">27000100</a> )	Sensitive	Sunfish	One serving per month	PFAS (PFOS)
Hennepin, Ramsey	St. Paul	Snelling Lake ( <a href="#">27000100</a> )	General	Sunfish	One serving per week	PFAS (PFOS)
Martin	Fairmont	George Lake ( <a href="#">46002400</a> )	All	Walleye  Other species	Do not eat fish  One serving per month	PFAS (PFOS)
McLeod	Hutchinson, Lester Prairie	South Fork Crow River, Otter Lake ( <a href="#">43008500</a> ), McCuen Creek, Bear Creek	Sensitive	All	Do not eat fish	PFAS (PFOS)
McLeod	Hutchinson, Lester Prairie	South Fork Crow River, Otter Lake ( <a href="#">43008500</a> ), McCuen Creek, Bear Creek	General	Yellow perch and common carp Other species	Do not eat  One serving a month	PFAS (PFOS)

**TABLE: FISH CONSUMPTION GUIDANCE UPDATES IN SOME IMPACTED WATERBODIES BY COUNTY (APRIL 2025)**

County	Township-City	Waterbody (DNR Lake ID)	Population	Fish species	Updated Fish Consumption Guideline	Contaminant
Ramsey	Arden Hills	Johanna ( <a href="#">62007800</a> ), Little Johanna ( <a href="#">62005800</a> )	Sensitive	All	Do not eat fish	PFAS (PFOS)
Ramsey	Arden Hills	Johanna ( <a href="#">62007800</a> ), Little Johanna ( <a href="#">62005800</a> )	General	All	One serving per month	PFAS (PFOS)
Ramsey	Little Canada	Gervais ( <a href="#">62000700</a> )	Sensitive	All	Do not eat fish	PFOS
Ramsey	Little Canada	Gervais ( <a href="#">62000700</a> )	General	All	One serving per month	PFOS, mercury
Ramsey	Maplewood	Keller ( <a href="#">62001000</a> )	Sensitive	All	Do not eat fish	PFOS
Ramsey	Maplewood	Keller ( <a href="#">62001000</a> )	General	All	One serving per month	PFOS, mercury
Ramsey	Roseville	McCarron ( <a href="#">62005400</a> ), Josephine ( <a href="#">62005700</a> )	Sensitive	All	Do not eat fish	PFAS (PFOS)
Ramsey	Roseville	McCarron ( <a href="#">62005400</a> ), Josephine ( <a href="#">62005700</a> )	General	All	One serving per month	PFAS (PFOS)
Ramsey	St. Paul	Phalen ( <a href="#">62001300</a> )	Sensitive	All	Do not eat fish	PFOS
Ramsey	St. Paul	Phalen ( <a href="#">62001300</a> )	General	All	One serving per month	PFOS
St. Louis	Duluth, Hermantown, other local townships	Fish Lake Flowage ( <a href="#">69049100</a> ), Miller Creek, Wild Rice ( <a href="#">69037100</a> ), Beaver River	Sensitive	All	Do not eat fish	PFAS (PFOS)
St. Louis	Duluth, Hermantown, other local townships	Fish Lake Flowage ( <a href="#">69049100</a> ), Miller Creek, Wild Rice ( <a href="#">69037100</a> ), Beaver River	General	All	One serving per month	PFAS (PFOS)

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County	Township-City	Waterbody (DNR Lake ID)	Population	Fish species	Updated Fish Consumption Guideline	Contaminant
Washington	Forest Lake	Clear (82016300), Mud (82016800)	Sensitive	All	Do not eat fish	PFAS (PFOS)
Washington	Forest Lake	Clear (82016300), Mud (82016800)	General	All	One serving per month	PFAS (PFOS)
Washington	Landfall	Battle Creek, Battle Creek (82009100), Tanners (82011500)	Sensitive	All	Do not eat fish	PFAS (PFOS), mercury
Washington	Landfall	Battle Creek, Battle Creek (82009100), Tanners (82011500)	General	All	One serving per month	PFAS (PFOS), mercury

## Links

- [Per-and polyfluoroalkyl substances \(PFAS\)](https://www.health.state.mn.us/communities/environment/hazardous/topics/pfcs.html)  
<https://www.health.state.mn.us/communities/environment/hazardous/topics/pfcs.html>
- [DNR LakeFinder](https://www.dnr.state.mn.us/lakefind/index.html)  
<https://www.dnr.state.mn.us/lakefind/index.html>
- [MDH Fish Consumption Guidance](https://www.health.state.mn.us/communities/environment/fish/index.html)  
<https://www.health.state.mn.us/communities/environment/fish/index.html>
- [Contaminants and Minnesota Fish](https://www.health.state.mn.us/communities/environment/fish/faq.html)  
<https://www.health.state.mn.us/communities/environment/fish/faq.html>

## Additional information:

- [MDH Fish Consumption Guidance](https://www.health.state.mn.us/communities/environment/fish)  
(<https://www.health.state.mn.us/communities/environment/fish>)
- [DNR Fishing regulations to see which fish are legal to keep](https://www.dnr.state.mn.us/fishing/index.html)  
(<https://www.dnr.state.mn.us/fishing/index.html>)
- [Contaminants and Minnesota Fish: mercury, PCBs, PFAS, and Dioxins](https://www.health.state.mn.us/communities/environment/fish/faq.html)  
(<https://www.health.state.mn.us/communities/environment/fish/faq.html>)

Minnesota Department of Health  
Fish Consumption Guidance Program  
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[www.health.state.mn.us/fish](http://www.health.state.mn.us/fish)

To obtain this information in a different format, email: [health.fish@state.mn.us](mailto:health.fish@state.mn.us)

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