



Health Advisory: Toxoplasmosis Reporting in Minnesota

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Action Steps:

Local and tribal health departments: Please forward to hospitals and clinics in your jurisdiction.

Hospital and clinics: Please distribute to ophthalmologists, retina specialists, infectious disease physicians, neonatologists, pediatricians, OB/GYNs and midwives, and family/internal medicine physicians.

Healthcare providers:

- Report all toxoplasmosis cases (IgM+, PCR+, or *T. gondii* visualization/scars) to MDH within one working day by completing the **new case report** form found here: <http://www.health.state.mn.us/divs/idepc/diseases/toxoplasmosis/toxorptform.pdf>
- Report both congenital and acquired cases of toxoplasmosis
- Confirm IgM+ serology results. For questions on laboratories offering confirmatory testing, please contact MDH at 651-201-5414 or toll free at 1-877-676-5414.

Recent conversations with providers have indicated that toxoplasmosis cases in Minnesota may be underreported, particularly congenital cases. In 2013, there were eight confirmed cases of toxoplasmosis reported to MDH (three cerebral, three ocular, and two generalized). In 2014, there were seven reported cases (three cerebral, two ocular, and two generalized). Immunocompetent cases are interviewed by MDH for illness and exposure history.

Toxoplasmosis can have serious, long-term consequences for pregnant women and their babies and people with weakened immune systems. Following up on reported cases will allow MDH to identify risk factors for toxoplasmosis in Minnesota.

For more information regarding toxoplasmosis in Minnesota or to print a toxoplasmosis case report form, please visit the MDH website <http://www.health.state.mn.us/divs/idepc/diseases/toxoplasmosis/> or contact Dr. Joni Scheftel at joni.scheftel@state.mn.us