



REIMAGINE

BLACK YOUTH MENTAL HEALTH INITIATIVE
SUMMIT 2.0: THE COOKOUT EDITION



The Reimagine Black Youth Mental Health Initiative Summit 2.0: The Cookout Edition took place on August 30th, 2024 at the Brooklyn Center Community Center.

After the success of our first Summit and post-Summit work, **the purpose of this second Summit was**

- to celebrate the collective progress of the Initiative;
- to equip youth with knowledge and skills to carry out policy change;
- and, to be in community with each other.

This was also the launching ground for our demonstration of change focused on keeping Black youth safe at all times.

There was around 60 Black youth and 40 adults in the space.

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The Summit held three workshops:

1. Holding Power in Your Story: Legislative Testimony and Using Your Voice to Advocate for Change
2. Digital Wellbeing and Cell Phones in Schools Policies
3. Creative Channels for Making Change (including a Youth Panel)

The Summit also had a pool party, basketball, dancing, and the cookout.

"I left feeling re-energized. There was really something special about the space."

"What I liked best about the Summit, was the beautiful sense of community!"

"The legislative testimony workshop was very interactive and there was great participation and conversation. I believe that people truly walked away with a tool to help amplify their voice with intentionality. I noticed authentic engagement and joy."

"The Legislative policy room was engaging and moving. I learned something in the first 5 minutes."

"How engaging and interactive it was"

"I noticed how the young people really felt like part of the event and ownership in the event. I've been to so many "youth-led events" that are really just run by adults, and the young people barely talk - you could tell that everyone WANTED to be there."

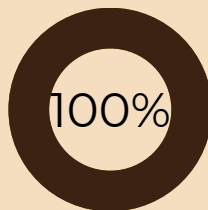
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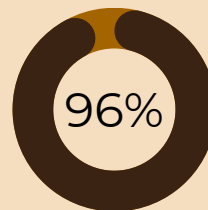
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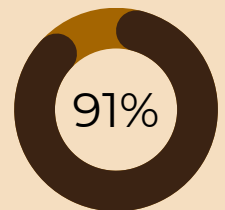
100%
% of survey respondents Strongly Agree or Agree that "Coming to the RBYMH Summit made me feel better about my future."



100%
% of survey respondents Strongly Agree or Agree that "Coming to the RBYMH Summit has helped me feel like my community cares about me."



96%
% of survey respondents Strongly Agree or Agree that "Coming to the RBYMH Summit has helped me feel a stronger connection to my community."



91%
% of survey respondents Strongly Agree or Agree that "Coming to the RBYMH Summit helped me learn that I can do things I didn't think I could do before."