

# Center of Excellence in Newcomer Health Webinar



CENTER OF EXCELLENCE  
IN NEWCOMER HEALTH  
MINNESOTA

## Advanced Techniques in Mental Health Care for Newcomers: Two-Part Series



MINNESOTA  
MEDICAL  
ASSOCIATION

### Part 1: Assessment – Engaging and Building Trust

Wednesday, April 9, 2025

1 – 2:30 p.m. ET | 12 – 1:30 p.m. CT | 11 a.m. – 12:30 p.m. MT | 10 – 11:30 a.m. PT

#### REGISTER NOW FOR PART 1

[Advanced Techniques in Mental Health Care for Newcomers Part 1: Assessment – Engaging and Building Trust  
\(https://events.gcc.teams.microsoft.com/event/34f2361e-aeed-4607-b860-87814e3cbe48@eb14b046-24c4-4519-8f26-b89c2159828c\)](https://events.gcc.teams.microsoft.com/event/34f2361e-aeed-4607-b860-87814e3cbe48@eb14b046-24c4-4519-8f26-b89c2159828c)

#### LEARNING OBJECTIVES

- Describe strategies to build trust and establish safety
- Identify at least two methods of normalization and psychoeducation
- Recognize barriers in cross-cultural engagement and ways to reduce it

### Part 2: In-Depth Treatment Considerations

Wednesday, April 16, 2025

1 – 2:30 p.m. ET | 12 – 1:30 p.m. CT | 11 a.m. – 12:30 p.m. MT | 10 – 11:30 a.m. PT

#### REGISTER NOW FOR PART 2

[Advanced Techniques in Mental Health Care for Newcomers Part 2: In-Depth Treatment Considerations  
\(https://events.gcc.teams.microsoft.com/event/444697f5-3e55-473d-acf2-cf8e77a521ea@eb14b046-24c4-4519-8f26-b89c2159828c\)](https://events.gcc.teams.microsoft.com/event/444697f5-3e55-473d-acf2-cf8e77a521ea@eb14b046-24c4-4519-8f26-b89c2159828c)

#### LEARNING OBJECTIVES

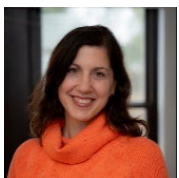
- Describe how to design culturally aware treatment plans through collaboration
- Discuss how to respond to socio-environmental contributors to trauma and stress
- Identify at least three strategies for provider sustainability

#### PRESENTERS



**Shruti Dasgupta, PhD, LP**

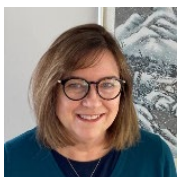
National Capacity Building Clinical Advisor & Psychologist  
Center for Victims of Torture



**Amy Kamel, MSW, LICSW**

National Capacity Building Clinical Advisor & Psychotherapist  
Center for Victims of Torture

#### MODERATOR



**Patricia Shannon, PhD, LP**

Associate Professor  
University of Minnesota, School of Social Work

## **CME/CONTINUING EDUCATION**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Minnesota Medical Association and Minnesota Department of Health. The Minnesota Medical Association (MMA) is accredited by the ACCME to provide continuing medical education for physicians.

The Minnesota Medical Association designates each live internet activity for a maximum of *1.5 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Other participants will receive a proof of attendance document from MDH following completion of a post-webinar evaluation and are responsible for determining if this training meets CE criteria for their professional organization.

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For more information or disclosures, please visit [Center of Excellence in Newcomer Health \(www.health.state.mn.us/communities/rih/coe/index.html\)](http://www.health.state.mn.us/communities/rih/coe/index.html). Contact the Minnesota Department of Health Refugee Health Program at [MNCOENewcomerHealth@state.mn.us](mailto:MNCOENewcomerHealth@state.mn.us) or 651-201-5414 for questions.