



Depression Remission at Six Months Specifications

2012 (2011 Dates of Service)

Revised April 6, 2011

Summary of Changes 2012 (2011 dates of service)	Data Field Changes: <ul style="list-style-type: none"> Exclusions: Bipolar and Personality Disorder exclusions are now upfront exclusions and are allowable for any patient with a bipolar or personality diagnosis in any position for both behavioral health and primary care providers. The ICD-9 codes for bipolar and personality disorders exclusions are presented on page 3 and 4. Also, two additional ICD-9 codes for bipolar disorder: 296.81 and 296.82, are now included.
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Description	This measure is used to assess the percentage of patients who have reached remission at six months (+/- 30 days) after being identified as having an initial PHQ-9 score > 9. Remission is defined as a PHQ-9 score less than 5.
Methodology	Population identification is accomplished via a query of a practice management system or Electronic Medical Record (EMR) to identify the population of eligible patients (denominator). Data elements are either extracted from an EMR system or abstracted through medical record review.
Rationale	The priority aim addressed by this measure is to improve the outcomes of treatment for patients with major depression or dysthymia. The Center for Disease Control and Prevention states that 15.7% of people report being told by a health care professional that they had depression at some point in their lifetime. Persons with a current diagnosis of depression and a lifetime diagnosis of depression or anxiety were significantly more likely than persons without these conditions to have cardiovascular disease, diabetes, asthma and obesity and to be a current smoker, to be physically inactive and to drink heavily. According to National Institute of Mental Health (NIMH), 6.7 percent of the U.S. population ages 18 and older (14.8 million people) in any given year have a diagnosis of a major depressive disorder. Major depression is the leading cause of disability in the U.S. for ages 15 - 44. Additionally, dysthymia accounts for an additional 3.3 million Americans. Suicide rates for Minnesotans are 10.4 per 100,000 or 1.3 suicides per day, with the highest rates among the following groups: males (4 times greater than females), ages 30 to 49 years, and non-Hispanic whites.
Denominator	<p>Patients meeting all of the following criteria:</p> <ul style="list-style-type: none"> Adults age 18 and older; no upper age limit Patient visits or contacts during the measurement period Diagnosis of Major Depression or Dysthymia; ICD-9 codes include: <ul style="list-style-type: none"> 296.2x Major depressive disorder, single episode 296.3x Major depressive disorder, recurrent episode 300.4 Dysthymic disorder For primary care providers, these diagnosis codes can be in <u>any</u> position For behavioral health providers, the depression or dysthymia diagnosis codes need to be listed as the primary diagnosis. This is to insure that the patient is primarily being treated for major depression and does not have other more serious psychiatric conditions like psychoses, schizophrenia or bipolar disorder with underlying depression. Initial PHQ-9 score is > nine Eligible specialties: Family Practice, Internal Medicine, Geriatric Medicine, Psychiatry, and Behavioral Health professionals (if physician on site). Eligible providers: Medical Doctor (MD), Doctor of Osteopathy (DO), Physician Assistant (PA), Nurse Practitioner (NP), Clinical Nurse Specialist (CNS). If a physician is on site, then Licensed Psychologist (LP), Licensed Independent Clinical Social Worker (LICSW), Licensed Professional Clinical Counselor (LPCC), Licensed Marriage & Family Therapist (LMFT)
Exclusions	<ul style="list-style-type: none"> Patient death Hospice Permanent Resident of Nursing Home Bipolar Disorder (see ICD-9 Codes on page 3 and 4) Personality Disorder (see ICD-9 codes on page 3 and 4)
Numerator Rate	<ul style="list-style-type: none"> The percentage of patients with major depression or dysthymia <u>and</u> an initial PHQ-9 score > nine whose PHQ-9 score at six months (+/- 30 days) is less than 5.



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ICD-9 Codes for Major Depression or Dysthymia

Coding Conventions Used in MN Community Measurement Documentation

MN Community Measurement uses the standard HEDIS coding conventions from HEDIS 2010. The following codes should be applied to this measure:

ICD-9 Code	ICD-9 Description
296.2	Major depressive disorder single episode
296.20	Major depressive affective disorder single episode unspecified degree
296.21	Major depressive affective disorder single episode mild degree
296.22	Major depressive affective disorder single episode moderate degree
296.23	Major depressive affective disorder single episode severe degree without psychotic behavior
296.24	Major depressive affective disorder single episode severe degree specified as with psychotic behavior
296.25	Major depressive affective disorder single episode in partial or unspecified remission
296.26	Major depressive affective disorder single episode in full remission
296.3	Major depressive disorder recurrent episode
296.30	Major depressive affective disorder recurrent episode unspecified degree
296.31	Major depressive affective disorder recurrent episode mild degree
296.32	Major depressive affective disorder recurrent episode moderate degree
296.33	Major depressive affective disorder recurrent episode severe degree without psychotic behavior
296.34	Major depressive affective disorder recurrent episode severe degree specified as with psychotic behavior
296.35	Major depressive affective disorder recurrent episode in partial or unspecified remission
296.36	Major depressive affective disorder recurrent episode in full remission
300.4	Dysthymic disorder



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ICD-9 Codes for Bipolar and Personality Disorders Exclusions

ICD-9 Code	ICD-9 Description
296.00	Bipolar I Disorder, Single Manic Episode, Unspecified
296.01	Bipolar I Disorder, Single Manic Episode, Mild
296.02	Bipolar I Disorder, Single Manic Episode, Moderate
296.03	Bipolar I Disorder, Single Manic Episode, Severe Without Psychotic Features
296.04	Bipolar I Disorder, Single Manic Episode, Severe With Psychotic Features
296.05	Bipolar I Disorder, Single Manic Episode, In Partial Remission
296.06	Bipolar I Disorder, Single Manic Episode, In Full Remission
296.10	Manic disorder, recurrent episode; Unspecified
296.11	Manic disorder, recurrent episode; Mild
296.12	Manic disorder, recurrent episode; Moderate
296.13	Manic disorder, recurrent episode; Severe Without Psychotic Features
296.14	Manic disorder, recurrent episode; Severe With Psychotic Features
296.15	Manic disorder, recurrent episode; In Partial Remission
296.16	Manic disorder, recurrent episode; In Full Remission
296.40	Bipolar I Disorder, Most Recent Episode Manic, Unspecified
296.41	Bipolar I Disorder, Most Recent Episode Manic, Mild
296.42	Bipolar I Disorder, Most Recent Episode Manic, Moderate
296.43	Bipolar I Disorder, Most Recent Episode Manic, Severe Without Psychotic Features
296.44	Bipolar I Disorder, Most Recent Episode Manic, Severe With Psychotic Features
296.45	Bipolar I Disorder, Most Recent Episode Manic, In Partial Remission
296.46	Bipolar I Disorder, Most Recent Episode Manic, In Full Remission
296.50	Bipolar I Disorder, Most Recent Episode Depressed, Unspecified
296.51	Bipolar I Disorder, Most Recent Episode Depressed, Mild
296.52	Bipolar I Disorder, Most Recent Episode Depressed, Moderate
296.53	Bipolar I Disorder, Most Recent Episode Depressed, Severe Without Psychotic Features
296.54	Bipolar I Disorder, Most Recent Episode Depressed, Severe With Psychotic Features
296.55	Bipolar I Disorder, Most Recent Episode Depressed, In Partial Remission
296.56	Bipolar I Disorder, Most Recent Episode Depressed, In Full Remission
296.60	Bipolar I Disorder, Most Recent Episode Mixed, Unspecified
296.61	Bipolar I Disorder, Most Recent Episode Mixed, Mild
296.62	Bipolar I Disorder, Most Recent Episode Mixed, Moderate
296.63	Bipolar I Disorder, Most Recent Episode Mixed, Severe Without Psychotic Features
296.64	Bipolar I Disorder, Most Recent Episode Mixed, Severe With Psychotic Features
296.65	Bipolar I Disorder, Most Recent Episode Mixed, In Partial Remission
296.66	Bipolar I Disorder, Most Recent Episode Mixed, In Full Remission
296.7	Bipolar I Disorder, Most Recent Episode Unspecified



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ICD-9 Code	ICD-9 Description
296.80	Bipolar Disorder NOS
296.81	Atypical manic disorder
296.82	Atypical depressive disorder
296.89	Bipolar II Disorder
301.0	Paranoid personality disorder
301.1	Affective personality disorder
301.10	Affective personality disorder unspecified
301.11	Chronic hypomanic personality disorder
301.12	Chronic depressive personality disorder
301.13	Cyclothymic disorder
301.2	Schizoid personality disorder
301.20	Schizoid personality disorder unspecified
301.21	Introverted personality
301.22	Schizotypal personality disorder
301.3	Explosive personality disorder
301.4	Obsessive-compulsive personality disorder
301.5	Histrionic personality disorder
301.50	Histrionic personality disorder unspecified
301.51	Chronic factitious illness with physical symptoms
301.59	Other histrionic personality disorder
301.6	Dependent personality disorder
301.7	Antisocial personality disorder
301.8	Other personality disorders
301.81	Narcissistic personality disorder
301.82	Avoidant personality disorder
301.83	Borderline personality disorder
301.84	Passive-aggressive personality
301.89	Other personality disorders
301.9	Unspecified personality disorder