

## Asthma Education and Self-Management Specifications 2025 Report Year/2024 Measurement Year

Topic	Description	
<b>Description</b>	The percentage of pediatric (5-17 years of age) and adult (18-50 years of age) patients who had a diagnosis of asthma, have been educated about their condition, and have a written asthma self-management plan. Separate rates are reported for each age group.	
<b>Measurement Period</b>	January 1, 2024 through December 31, 2024	
<b>Eligible Population</b>	<b>Eligible Specialties</b>	Family Medicine, Internal Medicine, Pediatrics, Allergy/Immunology, Pulmonology
	<b>Eligible Providers</b>	Medical Doctor (MD), Doctor of Osteopathy (DO), Physician Assistant (PA), Advanced Practice Registered Nurses (APRN)
	<b>Ages</b>	5 years or older at the start of the measurement period AND less than 51 years at the end of the measurement period
	<b>Diagnosis</b>	Patient had a diagnosis of asthma ( <i>Asthma Value Set</i> ) with any contact during the current or prior measurement period OR had asthma ( <i>Asthma Value Set</i> ) present on an active problem list at any time during the measurement period Both contacts AND the active problem list must be queried for diagnosis ( <i>Asthma Value Set</i> )
	<b>Event</b>	At least one established patient office or telehealth visit ( <i>Established Pt Asthma Value Set</i> ) performed or supervised by an eligible provider in an eligible specialty for any reason during the measurement period
<b>Denominator</b>	The eligible population.	
<b>Numerator</b>	<p>The number of patients in the denominator who have been educated about their asthma and self-management of the condition and also have a written asthma management plan present [created or reviewed and revised within the measurement period (01/01/2024 to 12/31/2024)]:</p> <p>Patient has a written asthma management plan in the chart with the following documented:</p> <ul style="list-style-type: none"> <li>• Plan contains information on medication doses and purposes of these medications.</li> <li>• Plan contains information on how to recognize and what to do during an exacerbation.</li> <li>• Plan contains information on the patient's triggers.</li> </ul>	

**Asthma Education and Self-Management Specifications  
2025 Report Year/2024 Measurement Year**

<b>Topic</b>	<b>Description</b>
<b>Required Exclusions</b>	<p>The following exclusions must be applied to the eligible population:</p> <ul style="list-style-type: none"> <li>• Patient had a diagnosis of cystic fibrosis, COPD, emphysema or acute respiratory failure (<i>Obstructive Lung and Respiratory Failure Value Set</i>)</li> </ul>
<b>Allowable Exclusions</b>	<p>The following exclusions are optional and may be applied to the eligible population:</p> <ul style="list-style-type: none"> <li>• Patient was in hospice or receiving palliative care (<i>Palliative Care Value Set</i>) at any time during the measurement period</li> <li>• Patient died prior to the end of the measurement period</li> <li>• Patient had only urgent care visits during the measurement period</li> </ul>
<b>Measure Scoring</b>	<p>Rate/Proportion</p> <p>Results are always stratified by age:</p> <ul style="list-style-type: none"> <li>• Children (5-17 years of age)</li> <li>• Adults (18-50 years of age)</li> </ul>
<b>Interpretation of Score</b>	Higher score indicates better quality
<b>Measure Type</b>	Process