



2025 Minnesota Student Survey Tables

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In Appreciation

The Minnesota Student Survey (MSS) Interagency Team is indebted to the students, parents, teachers, district assessment coordinators, school and district administrators, principals, and superintendents across the state that agreed to participate in and supported the MSS when it was administered in the first half of 2025. These data are made available as a result of their interest and time, and we are grateful for their efforts.

The planning and implementation of the 2025 Minnesota Student Survey administration resulted from an important collaborative effort among members of the MSS Interagency team, local educators and health professionals, researchers, and community members throughout the state of Minnesota – all of whom encouraged and supported school participation in the MSS.

Members of the MSS Interagency Team include Seyma Birinci, Tai Do, Holly Ponto, and Lana Peterson at the Department of Education; Bob Kuziej, Kat Panas, Molly Meyer, Mark Lee, and Dan Fernandez-Baca at the Department of Health; Phyllis Bengtson, Jeffrey Carpenter, Andrea Orengo, Michele Maruska, Marcos Perez, and Andrea Abel at the Department of Human Services; and Amy Dorman at the Department of Public Safety.

We also thank Allie Hawley March at the Department of Health, Maira Rosas-Lee (formerly with the Department of Education), and Jacquelyn Freund of EpiCog for their valuable contributions to the successful collection of 2025 MSS data.

2025 Minnesota Student Survey

Survey Participation

The 2025 Minnesota Student Survey (MSS) was administered in the first half of 2025 to students in grades 5, 8, 9, and 11 statewide. The survey was voluntary at all levels; districts, schools, parents, and students could all choose to opt out. Many traditional public school districts (61%) chose to participate. Across the state, approximately 50% of fifth graders, 50% of eighth graders, 46% of ninth graders, and 36% of eleventh graders participated in the 2025 MSS. Overall participation across the four grades was approximately 45% of total enrollment.

Results from regular public schools, charter schools, and online schools are included in these tables. Results from nonpublic schools, alternative learning centers, and juvenile correctional facilities are released separately.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating (Juvenile Correctional Facilities are exempt from this requirement).

Mode of Administration

In 2025, all levels of the MSS were administered online. Only Juvenile Correctional Facilities could choose to administer the MSS on paper.

Items on the Tables

The tables in this report include the responses for all survey items. Items are ordered within the tables by an overarching subject area; the order that items appear on the tables is not necessarily the order that they appeared on the survey.

The table of contents is provided on pages vi-vii. The grade five survey version was shorter than the grade eight survey version, which in turn was shorter than the grade nine and eleven version. The grade five and grade eight versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

Gender Breakdown in Reports

This report comes in two formats: by grade and grade-and-gender. Fifth grade surveys asked “are you a boy or girl” while all other grades were asked about their sex assigned at birth (as on original birth certificate). The grade-and-gender breakdowns are available when counts for sex assigned at birth are at least 25 male and 25 female respondents in each grade level cell.

New Questions and Year-to-Year Comparisons

While most MSS survey questions stayed the same as previous administrations, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, the student populations change between administrations of the survey.

Validity of Responses

Caution was taken to identify invalid responses and remove them from the survey results. Surveys were removed when responses were highly inconsistent, when there was a pattern of likely exaggeration, when the survey was completed outside of school hours (this did not apply to online students), or when the survey was clearly a test of the online system. In addition, surveys were removed when only the background section of the survey was answered. In total, approximately 3.5% of cases were removed from the 2025 survey data.

Online Access to MSS Data

Data from the Minnesota Student Survey (MSS) are available on the Minnesota Department of Education's [Data Reports and Analytics page](https://pub.education.mn.gov/MDEAnalytics/DataTopic.jsp?TOPICID=242) (<https://pub.education.mn.gov/MDEAnalytics/DataTopic.jsp?TOPICID=242>). This web report provides access to all state, county, and district level data and provides options for filtering the data in multiple ways.

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TABLE 1A
DEMOGRAPHIC DESCRIPTION
CIS GIRL

	Grade					
	8th grade		9th grade		11th grade	
	N	%	N	%	N	%
Total number of surveys	13,771	100%	13,274	100%	10,530	100%
What was your sex assigned at birth (as on your original birth certificate)?[^]						
Male	13	0%	32	0%	22	0%
Female	13,741	100%	13,225	100%	10,500	100%
No answer	17	0%	17	0%	8	0%
Age^{^^}						
10 years old	0	0%	0	0%	0	0%
11 years old	0	0%	0	0%	0	0%
12 years old	14	0%	0	0%	0	0%
13 years old	6,019	44%	18	0%	0	0%
14 years old	7,620	55%	5,574	42%	0	0%
15 years old	102	1%	7,529	57%	14	0%
16 years old	3	0%	119	1%	4,573	43%
17 years old	0	0%	16	0%	5,805	55%
18 years old	0	0%	0	0%	117	1%
19-20 years old	0	0%	0	0%	16	0%
How do you describe yourself? (Mark ALL that apply)						
American Indian or Alaskan Native only	159	1%	137	1%	90	1%
Asian, South Asian or Asian American only	988	7%	1,035	8%	845	8%
Black, African or African American only	1,323	10%	1,258	9%	971	9%
Hispanic or Latino/Latina only	1,120	8%	1,065	8%	842	8%
Middle Eastern or North African only	79	1%	87	1%	54	1%
Native Hawaiian or Other Pacific Islander only	35	0%	21	0%	9	0%
White only	8,335	61%	8,094	61%	6,603	63%
Multiple Races (checked more than one)	1,615	12%	1,501	11%	1,077	10%
No answer	117	1%	76	1%	39	0%

[^] 5th grade survey asked "Are you a boy or girl" and included "Option not listed" as a response option

^{^^} Students who select "9 years old or younger" or "21 years old or older" were excluded from this report.

TABLE 1B
DEMOGRAPHIC DESCRIPTION
CIS GIRL

	Grade					
	8th grade		9th grade		11th grade	
	N	%	N	%	N	%
If you are American Indian or Alaskan Native, which group best describes you? (Mark ALL that apply)						
Anishinaabe/ Ojibwe	269	2%	241	2%	193	2%
Dakota/Lakota	90	1%	66	0%	60	1%
Other tribal affiliation	175	1%	163	1%	103	1%
If you are Asian or Asian American, which group best describes you? (Mark ALL that apply)						
Bangladeshi	17	0%	15	0%	7	0%
Burmese	25	0%	14	0%	10	0%
Chinese	145	1%	163	1%	136	1%
Filipino	99	1%	99	1%	58	1%
Hmong	402	3%	472	4%	380	4%
Indian	199	1%	210	2%	131	1%
Karen	77	1%	66	0%	55	1%
Korean	127	1%	102	1%	91	1%
Lao	91	1%	61	0%	63	1%
Nepali	19	0%	11	0%	9	0%
Pakistani	21	0%	16	0%	10	0%
Vietnamese	101	1%	113	1%	84	1%
Other Asian	219	2%	171	1%	154	1%
If you are Black, African or African American, which group best describes you? (Mark ALL that apply)						
African American	1,238	9%	1,143	9%	861	8%
Ethiopian – Oromo	121	1%	85	1%	58	1%
Ethiopian – Other	128	1%	83	1%	58	1%
Liberian	80	1%	121	1%	105	1%
Nigerian	98	1%	85	1%	65	1%
Somali	366	3%	397	3%	263	2%
Other Black, African or African American	476	3%	400	3%	302	3%

TABLE 1B (CONT.)
DEMOGRAPHIC DESCRIPTION
CIS GIRL

	Grade					
	8th grade		9th grade		11th grade	
	N	%	N	%	N	%
If you are Hispanic or Latino/Latina, which group best describes you? (Mark ALL that apply)						
Colombian	59	0%	46	0%	21	0%
Ecuadoran	107	1%	63	0%	77	1%
Guatemalan	116	1%	113	1%	73	1%
Mexican	1,101	8%	1,055	8%	812	8%
Puerto Rican	107	1%	84	1%	59	1%
Salvadoran	111	1%	99	1%	63	1%
Spanish/Spanish-American	263	2%	195	1%	127	1%
Other Hispanic or Latino/Latina	277	2%	250	2%	199	2%
If you are Middle Eastern or North African, which group best describes you? (Mark ALL that apply)						
Egyptian	29	0%	25	0%	17	0%
Iranian	8	0%	10	0%	6	0%
Iraqi	26	0%	34	0%	12	0%
Lebanese	20	0%	16	0%	17	0%
Palestinian	12	0%	17	0%	15	0%
Other Middle Eastern or North African	104	1%	80	1%	33	0%

TABLE 2
GENDER EXPRESSION; SEXUAL ORIENTATION; GENDER IDENTITY*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you?			
Very or mostly feminine	60%	61%	59%
Somewhat feminine	25%	24%	27%
Equally feminine and masculine	12%	12%	11%
Somewhat masculine	2%	2%	2%
Very or mostly masculine	1%	1%	1%
How do you describe your sexual orientation?			
Straight (heterosexual)	83%	83%	78%
Asexual	1%	1%	1%
Bisexual	7%	8%	11%
Gay or Lesbian	2%	2%	3%
Questioning/Not sure	2%	2%	2%
Pansexual	1%	1%	2%
Queer	0%	0%	1%
I don't describe myself in any of these ways	1%	1%	1%
I am not sure what this question means	2%	1%	1%
What is your gender identity? (Mark ALL that apply)			
Agender	0%	0%	0%
Boy/man (cisgender, which means your gender identity matches your sex assigned at birth)	0%	0%	0%
Boy/man (transgender, which means your gender identity does not match your sex assigned at birth)	0%	0%	0%
Genderfluid, gender non-conforming, or genderqueer	0%	0%	0%
Girl/woman (cisgender, which means your gender identity matches your sex assigned at birth)	100%	100%	100%
Girl/woman (transgender, which means your gender identity does not match your sex assigned at birth)	0%	0%	0%
Nonbinary	0%	0%	0%
Two spirit	0%	0%	0%
Questioning/ unsure	0%	0%	0%
Identity not listed	0%	0%	0%

* 5th grade surveys did not ask these questions.

TABLE 3
SCHOOL PLANS; ACADEMIC ADVISING; IEP; CHANGING SCHOOLS; ACADEMIC PERFORMANCE
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
What is the MAIN thing you plan to do RIGHT AFTER high school?*			
I don't plan to graduate from high school	0%	0%	0%
Get my GED	1%	1%	1%
Go to a two-year community or technical college	4%	6%	13%
Go to a four-year college or university	72%	74%	70%
Get a license or certificate in a career field	6%	5%	4%
Attend an apprenticeship program	0%	0%	1%
Join the military	2%	2%	2%
Work at a job	8%	7%	6%
Other	6%	5%	3%
Has an adult in your school helped you think about education options for after high school (college or other training program)?**			
Yes		70%	86%
No		30%	14%
Has an adult in your school helped you find career-focused field experiences (job shadowing, work-based learning, service learning, career camps, apprenticeships)?**			
Yes		50%	61%
No		50%	39%
Do you receive special education services as part of an IEP (individualized education program)?			
Yes	8%	8%	10%
No	73%	74%	80%
Not sure	19%	18%	11%
Since the beginning of this school year, have you changed schools?			
Yes	4%	4%	3%
No	96%	96%	97%
How would you describe your grades this school year?			
Mostly A's	60%	60%	57%
Mostly B's	27%	26%	29%
Mostly C's	9%	10%	10%
Mostly D's	2%	2%	3%
Mostly F's	1%	1%	1%
Mostly Incompletes	1%	1%	0%
None of these letter grades	1%	0%	0%

* 5th grade surveys did not ask this question.

** 5th and 8th grade surveys did not ask this question.

TABLE 4
TRANSPORTATION TO AND FROM SCHOOL^**
CIS GIRL

	Grade
	8th grade
	%
On a typical school day, how do you normally travel to and from school? (Mark ALL that apply)	
Walk	9%
Bike	2%
School bus	63%
Family vehicle (riding with others from your family)	56%
Carpools (riding with children from other families)	6%
Transit (city bus, light rail, etc.)	1%
Other (skateboard, scooter, inline skates, etc)	0%

* 9th and 11th grade surveys did not ask this question.

^ Change in question wording from 2022.

TABLE 5
SCHOOL ATTENDANCE
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During the last 30 days, how many times did you miss a full day of school? (Do not include school-sponsored activities like field trips, sports, academic or music events)^			
None	33%	34%	33%
Once or twice	44%	43%	44%
3 to 5 times	17%	17%	18%
6 or more times	6%	6%	6%
During the last 30 days, how many times did you miss part of a day of school such as coming late, leaving early or missing class time during the day? (Do not include school-sponsored activities like field trips, sports, academic, or music events)			
None	32%	31%	28%
Once or twice	45%	43%	39%
3 to 5 times	16%	17%	20%
6 to 9 times	5%	5%	7%
10 or more times	3%	4%	5%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed a full or part of a day of school in the last 30 days? (Mark ALL that apply)			
Felt sick	63%	63%	63%
Medical, dental or other health-related appointment	51%	50%	47%
Felt very sad, hopeless, anxious, stressed or angry	12%	14%	18%
Didn't get enough sleep	14%	16%	22%
Didn't feel safe at school	2%	2%	1%
Had to work (for pay or to help with a family business or chores)	1%	1%	2%
Had to take care of or help someone else (child, sibling, relative, etc.)^	3%	3%	4%
Behind in schoolwork or not prepared for a test or class assignment	3%	6%	12%
Bored with or not interested in school	6%	7%	11%
Suspended from school	1%	1%	0%
Other reason	13%	11%	11%
Was in quarantine^^	1%	1%	1%
Did not want to go^^	13%	13%	19%
Did not feel like I belonged at school^^	3%	2%	3%
Hung out with friends instead^^	1%	1%	3%
Was out of town^^	18%	17%	17%
Had a religious holiday or cultural event^^	2%	2%	2%
Had issues with transportation^^	4%	6%	6%

^ Change in response option wording from 2022.

^^ New response option in 2025.

TABLE 6
DISCIPLINE; FEELINGS ABOUT SCHOOL
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During the last 30 days, how many times did you get sent out of the classroom for discipline?			
None	92%	96%	98%
Once or twice	7%	3%	1%
3 to 5 times	1%	0%	0%
6 to 9 times	0%	0%	0%
10 or more times	0%	0%	0%
How often do you care about doing well in school?			
All of the time	57%	63%	62%
Most of the time	34%	30%	31%
Some of the time	8%	6%	7%
None of the time	1%	0%	0%
How often do you go to class unprepared?			
All of the time	3%	3%	2%
Most of the time	6%	5%	5%
Some of the time	42%	44%	49%
None of the time	50%	48%	44%
How often do you pay attention in class?			
All of the time	26%	26%	26%
Most of the time	60%	62%	62%
Some of the time	13%	12%	12%
None of the time	1%	0%	0%

TABLE 7
FEELINGS ABOUT SCHOOL
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
How much do you agree or disagree with each of the following statements?	%	%	%
If something interests me, I try to learn more about it.			
Strongly agree	41%	45%	51%
Agree	57%	53%	48%
Disagree	2%	2%	1%
Strongly disagree	0%	0%	0%
I think things I learn at school are useful.			
Strongly agree	13%	12%	13%
Agree	66%	66%	66%
Disagree	18%	19%	19%
Strongly disagree	3%	3%	3%
Being a student is one of the most important parts of who I am.			
Strongly agree	12%	14%	16%
Agree	43%	42%	42%
Disagree	36%	36%	33%
Strongly disagree	9%	8%	9%
Overall, adults at my school treat students fairly.			
Strongly agree	19%	19%	19%
Agree	58%	63%	62%
Disagree	18%	16%	15%
Strongly disagree	4%	3%	3%
Adults at my school listen to the students.			
Strongly agree	15%	14%	16%
Agree	61%	65%	64%
Disagree	20%	18%	17%
Strongly disagree	4%	2%	3%
The school rules are fair			
Strongly agree	13%	15%	14%
Agree	58%	65%	63%
Disagree	24%	18%	20%
Strongly disagree	5%	3%	3%
At my school, teachers care about students.			
Strongly agree	24%	22%	24%
Agree	64%	67%	66%
Disagree	10%	9%	8%
Strongly disagree	2%	2%	2%
Most teachers at my school are interested in me as a person.			
Strongly agree	17%	15%	18%
Agree	56%	55%	56%
Disagree	23%	26%	23%
Strongly disagree	4%	4%	4%

TABLE 8A
PRESENCE OF A SCHOOL RESOURCE/POLICE OFFICER*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
Is there a police officer or School Resource Officer (SRO) at your school?			
Yes	61%	68%	74%
No	14%	8%	11%
I don't know	25%	24%	16%
IF POLICE OFFICER OR SRO AT SCHOOL: If I knew about something unsafe or illegal at my school, I would tell the SRO or police officer.			
Strongly agree	40%	34%	31%
Agree	46%	49%	49%
Disagree	12%	14%	17%
Strongly disagree	2%	2%	3%
IF POLICE OFFICER OR SRO AT SCHOOL: I would feel comfortable going to my school's police officer or SRO if I was having problems or needed help.			
Strongly agree	26%	25%	27%
Agree	46%	46%	45%
Disagree	23%	24%	24%
Strongly disagree	5%	4%	5%
IF POLICE OFFICER OR SRO AT SCHOOL: I think it is a good idea to have an SRO or police officer at our school.			
Strongly agree	64%	62%	57%
Agree	34%	36%	40%
Disagree	2%	2%	2%
Strongly disagree	1%	1%	1%

* 5th grade survey did not ask these questions.

TABLE 8B
COMFORT GOING TO POLICE OFFICER*
CIS GIRL

	Grade
	8th grade
	%
I would feel comfortable going to the police if I was having problems or needed help.	
Strongly agree	24%
Agree	54%
Disagree	18%
Strongly disagree	4%

* 9th and 11th grade surveys did not ask this question.

TABLE 9
PERCEPTIONS OF SAFETY
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
How much do you agree or disagree with each of the following statements?	%	%	%
I feel safe going to and from school.			
Strongly agree	46%	43%	48%
Agree	49%	52%	48%
Disagree	4%	4%	3%
Strongly disagree	1%	1%	1%
I feel safe at school.			
Strongly agree	34%	32%	37%
Agree	54%	58%	54%
Disagree	10%	9%	8%
Strongly disagree	2%	1%	1%
I feel safe in my neighborhood.			
Strongly agree	57%	54%	58%
Agree	40%	43%	40%
Disagree	3%	2%	2%
Strongly disagree	0%	0%	0%
I feel safe at home.			
Strongly agree	73%	70%	72%
Agree	25%	28%	27%
Disagree	2%	1%	1%
Strongly disagree	0%	0%	0%

TABLE 10
AFTER SCHOOL SUPERVISION
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During a typical week, where do you go after school?^ (Mark ALL that apply)			
I stay at my school or go to another school	16%	23%	22%
My home or another home such as a friend's, relative's or neighbor's	93%	92%	93%
A rec, community or other youth center	8%	8%	7%
A park or other outdoor space	10%	10%	9%
A library	3%	4%	8%
A church, synagogue, mosque, or other spiritual/religious place	9%	10%	7%
During a typical week, how often are you home alone or somewhere unsupervised after school?*			
0 days	36%		
1 day	24%		
2 days	17%		
3 days	11%		
4 days	4%		
5 days	7%		

* 9th and 11th grade surveys did not ask this question.

^ Change in question wording and response options from 2022.

TABLE 11
BEING BULLIED FOR SPECIFIC REASONS
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During the last 30 days, how often have other students harassed or bullied you?^			
Never	70%	78%	83%
Once or twice	22%	17%	14%
Three or more times	8%	5%	3%
IF BULLIED DURING THE LAST 30 DAYS, for which of these reasons were you harassed or bullied?^^ (Mark ALL that apply)			
Your race, ethnicity or national origin	15%	12%	10%
Your religion or religious beliefs, including a lack of religious beliefs (e.g., agnosticism or atheism)	5%	6%	5%
Your sex or gender (being male, female, transgender, genderqueer, genderfluid.)^^^	7%	7%	9%
Your gender expression (your style, dress, or the way you walk or talk)*	23%	22%	20%
Because you are bisexual, gay, lesbian, asexual, pansexual, queer, or because someone thought you were*	7%	7%	8%
A physical or mental disability	9%	10%	9%
Your size or weight	35%	32%	29%
Your physical appearance	52%	49%	45%
Reason not listed^^^^	44%	45%	48%

* 5th grade surveys did not ask this question.

^ New question in 2025.

^^ Change in question wording from 2022.

^^^ 5th grade survey item was worded "Your gender (being male or female)".

^^^^ New response option in 2025.

TABLE 12
BEING BULLIED OR HARRASSED AT SCHOOL
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
During the last 30 days, how often have other students at school...	%	%	%
...pushed, shoved, slapped, hit or kicked you when they weren't kidding around?			
Never	84%	91%	95%
Once or twice	12%	7%	4%
About once a week	2%	1%	1%
Several times a week	1%	1%	0%
Every day	1%	0%	0%
...threatened to beat you up?			
Never	88%	91%	95%
Once or twice	9%	7%	4%
About once a week	1%	1%	0%
Several times a week	1%	0%	0%
Every day	1%	0%	0%
...spread mean rumors or lies about you?			
Never	65%	68%	73%
Once or twice	25%	24%	21%
About once a week	5%	4%	3%
Several times a week	3%	2%	2%
Every day	2%	1%	1%
...made sexual jokes, comments or gestures towards you?*			
Never	78%	78%	80%
Once or twice	15%	15%	14%
About once a week	3%	3%	3%
Several times a week	2%	2%	2%
Every day	2%	1%	1%
...excluded you from friends, other students or activities?			
Never	60%	65%	73%
Once or twice	26%	24%	19%
About once a week	6%	6%	4%
Several times a week	5%	4%	2%
Every day	3%	2%	2%
Bullied once or more in the last 30 days^			
No	41%	47%	55%
Yes	59%	53%	45%
Bullied weekly or more in last 30 days^			
No	77%	81%	85%
Yes	23%	19%	15%
Bullied daily in the last 30 days^			
No	95%	96%	97%
Yes	5%	4%	3%

* 5th grade surveys did not ask this question.

^ These are computed variables based on combinations of responses to the first five questions on this table.

TABLE 13
BEING CYBERBULLIED
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During the last 30 days, how often have you been cyberbullied? (Count being bullied through texting, Instagram, Snapchat, TikTok or other social media)^			
Never	86%	89%	92%
Once or twice	11%	9%	7%
Three or more times	3%	2%	2%

^ Change in response options from 2022.

TABLE 14A
AVAILABILITY OF COMMUNITY PROGRAMS
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?			
Yes	76%	80%	79%
No	4%	3%	4%
I don't know what programs are available in my community	20%	18%	17%

TABLE 14B
ENRICHMENT ACTIVITIES
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During a typical week, how often do you participate in activities outside of the regular school day?^			
0 days	17%	18%	20%
1 day	9%	9%	9%
2 days	15%	13%	14%
3 days	16%	15%	15%
4 days	13%	11%	11%
5 or more days	30%	34%	31%
During a typical week, do you participate in the following activities outside of the regular school day?^^ (Mark ALL that apply)			
Sports activities or physical activities^^^	72%	70%	65%
School sponsored activities or clubs that are not sports, such as drama, music, chess, or science club	15%	19%	25%
Tutoring, homework help, or academic programs	5%	6%	10%
Leadership activities such as student government, youth councils, or committees	6%	6%	15%
Artistic activities, such as music, dance, drawing, photography, or pottery	16%	18%	19%
Cultural heritage programs	2%	2%	3%
Other community clubs and programs such as 4-H, Scouts, Y-clubs, or Community Ed	4%	4%	5%
Religious activities such as religious services, education, or youth group	24%	23%	18%

^ New question in 2025.

^^ Response options changed from 2022.

^^^ New response option in 2025.

TABLE 15
REASONS FOR NOT PARTICIPATING IN ENRICHMENT ACTIVITIES*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
IF NO PARTICIPATION: What are the reasons you don't participate in any activities, programs or clubs outside of the regular school day? (Mark ALL that apply)			
I do not know what is available in my community.	23%	23%	22%
Activities are not available in my community.	2%	1%	2%
Activities cost too much.	12%	14%	13%
My parents (or guardians) won't let me.	9%	8%	5%
My friends are not there.	22%	23%	20%
I am not interested.	58%	56%	52%
I am too busy with other things, such as a job or homework.	26%	33%	52%
I don't have a way to get there or home.	15%	18%	16%
I have to take care of other family members.	8%	9%	7%
It is not a safe place.	1%	1%	1%
Other	15%	13%	10%

* 5th grade survey did not ask this question.

TABLE 16
QUALITY OF YOUTH ACTIVITIES[^]
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
When you do spend time doing activities outside of the regular school day, how often do you...	%	%	%
...feel safe?			
Rarely or never	2%	2%	2%
Sometimes	7%	7%	6%
Often	33%	34%	33%
Very often	59%	57%	59%
...learn skills like teamwork or leadership?			
Rarely or never	5%	5%	4%
Sometimes	23%	23%	20%
Often	39%	39%	39%
Very often	33%	33%	36%
...develop trusting relationships with peers your age?			
Rarely or never	6%	6%	6%
Sometimes	21%	21%	21%
Often	37%	38%	38%
Very often	35%	35%	36%
...develop trusting relationships with adults?			
Rarely or never	9%	8%	7%
Sometimes	26%	26%	25%
Often	37%	38%	39%
Very often	28%	28%	30%
...help make decisions?			
Rarely or never	5%	5%	4%
Sometimes	30%	29%	25%
Often	42%	42%	43%
Very often	23%	23%	28%
...do something that gives you joy and energy?			
Rarely or never	3%	3%	3%
Sometimes	13%	15%	16%
Often	34%	37%	39%
Very often	50%	45%	43%
...learn skills that you can use in a future job?			
Rarely or never	9%	9%	6%
Sometimes	31%	31%	27%
Often	33%	35%	36%
Very often	27%	26%	30%

[^] These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

TABLE 17
LIVING SITUATIONS
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
Have you ever been in foster care?^			
Yes	3%	3%	4%
No	97%	97%	96%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay?*(Mark ALL that apply)			
No	95%	96%	97%
Yes, I was with my parents or an adult family member	5%	4%	3%
Yes, I was on my own without any adult family member	0%	0%	1%
Has there been an adult in your household who makes sure your basic needs were met, such as looking after your safety and making sure you have clean clothes and enough to eat?***			
Never	1%	1%	1%
Rarely	1%	1%	1%
Sometimes	3%	3%	3%
Most of the time	11%	11%	10%
Always	84%	84%	85%
Have any of your parents or guardians ever been in jail or prison?***			
Yes	16%	17%	16%
No	84%	83%	84%
IF YOU HAVE OR HAVE HAD PARENT OR GUARDIAN IN JAIL OR PRISON: Did you live with a parent or guardian at the time they went to jail or prison?*			
No	52%	50%	49%
Yes	48%	50%	51%

* 5th grade surveys did not ask this question.

^ Response options changed from 2022.

*** New question in 2025.

TABLE 18
COMMUNICATION WITH ADULTS
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
Which of these adults can you talk to about problems you are having? (Mark ALL that apply)			
Parent or guardian	83%	83%	84%
Adult at school	26%	23%	30%
Some other adult	25%	28%	33%
I don't have any adults that I can talk to about problems I am having	11%	11%	8%

TABLE 19
PERCEPTIONS OF FAMILY AND OTHERS CARING
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
How much do you feel...	%	%	%
...your parents care about you?			
Not at all	1%	1%	1%
A little	2%	2%	2%
Some	6%	6%	6%
Quite a bit	16%	17%	17%
Very much	76%	75%	74%
...other adult relatives care about you?			
Not at all	1%	1%	1%
A little	4%	4%	4%
Some	12%	12%	12%
Quite a bit	26%	28%	28%
Very much	57%	54%	54%
...friends care about you?			
Not at all	1%	1%	1%
A little	4%	4%	4%
Some	14%	14%	13%
Quite a bit	29%	29%	29%
Very much	52%	51%	52%
...teachers at school care about you?			
Not at all	5%	5%	4%
A little	15%	15%	14%
Some	32%	35%	35%
Quite a bit	31%	30%	31%
Very much	17%	15%	17%
...other adults at school care about you?			
Not at all	9%	10%	9%
A little	18%	20%	20%
Some	31%	33%	33%
Quite a bit	26%	24%	24%
Very much	15%	14%	15%
...adults in your community care about you?			
Not at all	9%	10%	11%
A little	17%	18%	18%
Some	28%	29%	30%
Quite a bit	28%	26%	24%
Very much	19%	17%	17%

TABLE 20
ADVERSE CHILDHOOD EXPERIENCES*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
Do you live with anyone who drinks too much alcohol?			
Yes	8%	9%	11%
No	92%	91%	89%
Do you live with anyone who uses illegal drugs or abuses prescription drugs?			
Yes	3%	3%	3%
No	97%	97%	97%
Do you live with anyone who is depressed or has any other mental health issues?			
Yes	22%	25%	30%
No	78%	75%	70%
Does a parent or other adult in your home regularly swear at you, insult you or put you down?			
Yes	15%	15%	13%
No	85%	85%	87%
Has a parent or other adult in your home ever hit, beat, kicked or physically hurt you in any way?			
Yes	8%	8%	8%
No	92%	92%	92%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?			
Yes	6%	6%	6%
No	94%	94%	94%
Has anyone who was not a relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you against your wishes?			
Yes	6%	7%	9%
No	94%	93%	91%
Has any relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you?			
Yes	4%	4%	5%
No	96%	96%	95%
Have you ever traded sex or sexual activity to receive money, food, drugs, alcohol, a place to stay, or anything else?***			
Yes		1%	1%
No		99%	99%
ACEs Score-short^			
None	59%	57%	53%
One	20%	21%	22%
Two	9%	10%	11%
Three	5%	6%	6%
Four or more	6%	7%	7%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

^ An adverse childhood experience (ACE) describes a traumatic experience in a person's life occurring before age 18. The ACEs Score-short is a measure of cumulative exposure to adverse childhood conditions, and combines the responses to all but the last question in this table plus the responses to the first question about parental incarceration (See Table 17).

TABLE 21A
GUN VIOLENCE[^]
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
Have you ever experienced people using guns to threaten or hurt others in person?			
Yes	6%	5%	6%
No	94%	95%	94%

[^] New question in 2025.

TABLE 21B
RELATIONSHIP VIOLENCE*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
Have you been in a casual or serious relationship where your partner ever physically hurt you on purpose (shoved, kicked, slapped, punched, pulled hair, strangled, injured you with an object or weapon, etc.)?			
Yes	3%	4%	6%
No	97%	96%	94%
Have you been in a casual or serious relationship where your partner ever verbally hurt or controlled you (called you names, told you what you could wear or eat, told you who you could see or talk to, threatened you, blamed you for their behavior, etc.)?			
Yes	10%	13%	18%
No	90%	87%	82%
Have you been in a casual or serious relationship where your partner ever pressured, tricked, or forced you to do something sexual, or did something sexual to you against your wishes?*			
Yes		9%	15%
No		91%	85%
Have YOU ever pressured, tricked, or forced someone to do something sexual, or have you done something sexual to someone against their wishes?*			
Yes		2%	2%
No		96%	96%
Not sure		2%	2%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

TABLE 22
PHYSICAL HEALTH
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
How would you describe your health in general?			
Excellent	26%	22%	20%
Very good	39%	38%	38%
Good	26%	29%	30%
Fair	8%	9%	10%
Poor	1%	1%	1%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.			
Yes	15%	16%	17%
No	85%	84%	83%
Has a doctor or nurse ever told you that you have diabetes?			
Yes	1%	1%	1%
No	99%	99%	99%
Has a doctor or nurse ever told you that you have pre-diabetes?			
Yes	1%	1%	2%
No	99%	99%	98%
Has a doctor or nurse ever told you that you have asthma?			
Yes	14%	14%	16%
No	86%	86%	84%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?			
Yes	4%	4%	5%
No	96%	96%	95%
Weight status according to Body Mass Index (BMI)*			
Normal	78%	78%	76%
Underweight	2%	2%	3%
Overweight	13%	13%	13%
Obese	7%	7%	8%

* 5th grade survey did not ask this question. Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey. Underweight: Less than the 5th percentile Not overweight or underweight: 5th to less than the 85th percentile Overweight: 85th to less than the 95th percentile Obese: Equal to or greater than the 95th percentile

TABLE 23
MENTAL HEALTH
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.*			
Yes	27%	30%	35%
No	73%	70%	65%
Have you ever been treated for a mental health, emotional or behavioral problem? (Mark ALL that apply)			
No	76%	72%	65%
Yes, during the last year	16%	18%	21%
Yes, more than a year ago	11%	14%	19%
Have you ever been treated for an alcohol or drug problem? (Mark ALL that apply)*			
No	99%	98%	98%
Yes, during the last year	1%	1%	1%
Yes, more than a year ago	0%	1%	1%
When you are feeling upset, stressed or having problems, how comfortable are you talking to a counselor or social worker at school?			
Very comfortable	11%	8%	10%
Somewhat comfortable	50%	48%	48%
Not at all comfortable	38%	43%	42%
There is no counselor or social worker at my school	0%	0%	0%

* 5th grade survey did not ask this question.

TABLE 24
ORAL HEALTH
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
When was the last time you saw a dentist for a check-up, exam, or teeth cleaning or other dental work?			
During the last year	88%	86%	82%
Between 1 and 2 years ago	7%	9%	11%
More than 2 years ago	4%	4%	6%
Never	1%	1%	1%
Have you had any dental problems during the past 12 months?^			
Yes	21%	20%	20%
No	79%	80%	80%
Have you had any of the following dental problems during the past 12 months? (Mark ALL that apply)			
Toothaches or pain	9%	9%	10%
Decayed teeth or cavities	10%	10%	12%
Swollen, painful or bleeding gums	3%	2%	4%
Could not eat certain foods because of a dental problem	3%	3%	3%
Missed one or more school days because of a dental problem	4%	4%	4%
IF ONE OR MORE DENTAL PROBLEMS: Have you had this dental problem treated by a dentist?			
Yes	80%	79%	74%
No, but I will see a dentist	16%	17%	21%
No, I am not able to get dental treatment	4%	4%	5%

^ New question in 2025.

TABLE 25A
PHYSICAL ACTIVITY AND SLEEP
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?			
0 days	7%	8%	11%
1 day	6%	7%	9%
2 days	12%	11%	14%
3 days	15%	14%	16%
4 days	15%	14%	14%
5 days	17%	19%	15%
6 days	11%	12%	10%
7 days	17%	16%	12%
During a typical school night, how many hours of sleep do you get?			
4 hours or less	5%	5%	5%
5 hours	8%	10%	11%
6 hours	15%	19%	24%
7 hours	26%	30%	33%
8 hours	31%	26%	21%
9 hours	12%	8%	4%
10 or more hours	3%	2%	1%

TABLE 25B
SOCIAL MEDIA USE[^]
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During an average week when you are in school, on how many school nights do you use technology between midnight and 5AM? (Count time spent playing games, watching videos, texting, or using social media on your devices.)			
0 school nights	50%	48%	44%
1 school night	13%	14%	16%
2 school nights	9%	10%	13%
3 school nights	7%	8%	8%
4 school nights	4%	4%	4%
5 school nights	18%	17%	15%
In a typical week, how often do you use social media?*			
I do not use social media	9%	6%	3%
Less than once a week	2%	1%	1%
A couple days a week	7%	5%	4%
About once a day	12%	9%	8%
Several times a day	53%	57%	60%
About once an hour or more	18%	21%	24%
IF USE SOCIAL MEDIA: Do you feel that you might have a problem with spending too much time on social media?*			
Yes	45%	47%	51%
No	55%	53%	49%
IF USE SOCIAL MEDIA: Do you skip important social or recreational activities like sports or being with friends or relatives to be on social media?*			
Yes	8%	9%	7%
No	92%	91%	93%
IF USE SOCIAL MEDIA: Do you have trouble getting your homework, chores, or other major responsibilities done because you were spending time on social media?*			
Yes	35%	39%	44%
No	65%	61%	56%

* 5th grade survey did not ask this question.

[^] New questions in 2025.

TABLE 26A
EATING LUNCH
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
During a typical school week, where do you usually get your lunch? (Mark the number of days for each)	%	%	%
I don't eat lunch^^			
0 days	62%	57%	57%
1 day	13%	13%	11%
2 days	8%	9%	10%
3 days	5%	6%	6%
4 days	3%	3%	4%
5 days	9%	11%	12%
Regular school lunch from the cafeteria			
0 days	19%	22%	28%
1 day	7%	6%	7%
2 days	8%	8%	8%
3 days	9%	10%	10%
4 days	10%	10%	9%
5 days	48%	43%	38%
The a la carte line (buy individual items)			
0 days	68%	61%	69%
1 day	12%	14%	11%
2 days	8%	10%	8%
3 days	5%	6%	5%
4 days	3%	3%	2%
5 days	5%	5%	4%
School store or vending machine			
0 days	86%	70%	79%
1 day	7%	14%	10%
2 days	3%	8%	6%
3 days	2%	4%	2%
4 days	1%	1%	1%
5 days	1%	3%	2%
Fast food restaurant, gas station or somewhere else outside of school			
0 days	67%	67%	57%
1 day	16%	16%	18%
2 days	10%	10%	14%
3 days	4%	4%	6%
4 days	1%	1%	2%
5 days	2%	2%	3%
I bring lunch from home			
0 days	60%	63%	60%
1 day	9%	8%	8%
2 days	5%	5%	5%
3 days	4%	3%	4%
4 days	4%	3%	4%
5 days	18%	18%	19%

^ Response options have changed from 2022.

^^ Change in question wording from 2022.

TABLE 26B
EATING BREAKFAST; SKIPPING MEALS
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
During a typical school week, where do you usually get your breakfast? (Mark the number of days for each)	%	%	%
I don't eat breakfast^			
0 days	45%	45%	43%
1 day	8%	7%	7%
2 days	10%	10%	10%
3 days	8%	9%	9%
4 days	8%	7%	7%
5 days	21%	21%	24%
Regular school breakfast from the cafeteria^			
0 days	65%	62%	65%
1 day	10%	9%	8%
2 days	7%	8%	7%
3 days	6%	6%	6%
4 days	3%	4%	4%
5 days	9%	11%	11%
The a la carte line (buy individual items)^			
0 days	95%	93%	94%
1 day	2%	3%	2%
2 days	1%	2%	2%
3 days	1%	1%	1%
4 days	0%	0%	0%
5 days	1%	1%	1%
School store or vending machine^			
0 days	96%	92%	94%
1 day	2%	4%	3%
2 days	1%	2%	2%
3 days	0%	1%	1%
4 days	0%	0%	0%
5 days	1%	1%	1%
Fast food restaurant, gas station or somewhere else outside of school^			
0 days	85%	85%	83%
1 day	8%	8%	8%
2 days	4%	4%	5%
3 days	1%	2%	2%
4 days	0%	1%	1%
5 days	1%	1%	1%
I eat breakfast from home^			
0 days	29%	32%	36%
1 day	11%	11%	10%
2 days	9%	9%	10%
3 days	7%	8%	7%
4 days	6%	6%	6%
5 days	37%	34%	31%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?			
Yes	3%	3%	4%
No	97%	97%	96%

^ New questions in 2025.

TABLE 26C
FRUIT AND VEGETABLE CONSUMPTION*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
During the last 7 days, how many times did you...?	%	%	%
...drink 100% fruit juices such as orange, apple or grape juice? (Do not count punch, Kool-Aid, sports drinks or other fruit-flavored drinks)			
I did NOT eat or drink this	30%	32%	35%
1 to 3 times in the last 7 days	42%	41%	41%
4 to 6 times in the last 7 days	12%	11%	11%
1 time per day	8%	8%	7%
2 times per day	4%	4%	3%
3 times per day	2%	2%	1%
4 or more times per day	3%	3%	2%
...eat fruit? (Do not count fruit juice)			
I did NOT eat or drink this	4%	4%	5%
1 to 3 times in the last 7 days	19%	20%	23%
4 to 6 times in the last 7 days	21%	22%	22%
1 time per day	16%	16%	17%
2 times per day	20%	19%	18%
3 times per day	10%	9%	8%
4 or more times per day	11%	9%	7%
...eat green salad, potatoes, carrots or other vegetables? (Do not count French fries, fried potatoes, or potato chips)			
I did NOT eat or drink this	7%	7%	6%
1 to 3 times in the last 7 days	21%	22%	22%
4 to 6 times in the last 7 days	20%	21%	23%
1 time per day	20%	20%	20%
2 times per day	16%	16%	16%
3 times per day	8%	7%	6%
4 or more times per day	8%	7%	5%
...eat from a fast food restaurant, including carry-out or delivery?			
I did NOT eat or drink this	25%	25%	19%
1 to 3 times in the last 7 days	60%	60%	64%
4 to 6 times in the last 7 days	7%	7%	10%
1 time per day	5%	4%	4%
2 times per day	2%	2%	2%
3 times per day	1%	1%	1%
4 or more times per day	1%	1%	1%
Servings of fruits, fruit juice and vegetables per day during the last 7 days^			
Less than five	77%	79%	83%
Five or more	23%	21%	17%

* 5th grade survey did not ask these questions.

^ This is a computed variable based on combinations of responses to the first three questions on this table.

TABLE 26D
MILK AND WATER CONSUMPTION*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
During the last 7 days, how many times did you drink...?	%	%	%
... a glass of milk? (Count the milk you drank in a cup, from a carton, or with cereal)			
I did NOT eat or drink this	31%	34%	41%
1 to 3 times in the last 7 days	28%	27%	26%
4 to 6 times in the last 7 days	13%	12%	11%
1 time per day	13%	13%	11%
2 times per day	8%	7%	6%
3 times per day	3%	3%	2%
4 or more times per day	3%	3%	2%
... a glass or drink of tap water from a drinking fountain, faucet or sink?			
I did NOT eat or drink this	18%	17%	17%
1 to 3 times in the last 7 days	13%	12%	11%
4 to 6 times in the last 7 days	10%	11%	9%
1 time per day	9%	9%	9%
2 times per day	11%	12%	11%
3 times per day	12%	12%	12%
4 or more times per day	28%	27%	29%
... a bottle of water (plain water that is not flavored or carbonated)?			
I did NOT eat or drink this	13%	14%	17%
1 to 3 times in the last 7 days	14%	14%	14%
4 to 6 times in the last 7 days	12%	12%	12%
1 time per day	10%	11%	11%
2 times per day	11%	12%	11%
3 times per day	11%	11%	11%
4 or more times per day	29%	26%	24%

* 5th grade survey did not ask these questions.

TABLE 26E
SUGAR-SWEETENED BEVERAGE CONSUMPTION*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
During the last 7 days, how many times did you drink...?	%	%	%
... a can, bottle or glass of pop or soda, such as Coke, Pepsi or Sprite (Do not count diet pop or diet soda)?			
I did NOT eat or drink this	29%	32%	33%
1 to 3 times in the last 7 days	48%	46%	46%
4 to 6 times in the last 7 days	11%	11%	11%
1 time per day	7%	7%	7%
2 times per day	3%	3%	2%
3 times per day	1%	1%	1%
4 or more times per day	1%	1%	1%
... a can, bottle or glass of a sports drink, such as Gatorade or Powerade? (Do not count low-calorie sports drinks such as Propel or G2)			
I did NOT eat or drink this	49%	51%	58%
1 to 3 times in the last 7 days	32%	30%	28%
4 to 6 times in the last 7 days	9%	9%	8%
1 time per day	6%	6%	4%
2 times per day	2%	2%	1%
3 times per day	1%	1%	0%
4 or more times per day	1%	1%	1%
... a can, bottle or glass of an energy drink, such as Rockstar, Red Bull, Monster or Full Throttle?			
I did NOT eat or drink this	61%	57%	53%
1 to 3 times in the last 7 days	21%	21%	24%
4 to 6 times in the last 7 days	8%	10%	10%
1 time per day	6%	9%	9%
2 times per day	2%	2%	2%
3 times per day	1%	1%	1%
4 or more times per day	1%	1%	1%
... a can, bottle or glass of coffee or tea that had sugar, syrups or honey added to it? (Count coffee/ tea you added a sweetener to/ already had sweetener, e.g. Arizona Iced Tea/Frappuccinos. Don't count artificial sweeteners e.g. Splenda/diet drinks)			
I did NOT eat or drink this	56%	52%	47%
1 to 3 times in the last 7 days	31%	33%	35%
4 to 6 times in the last 7 days	6%	7%	8%
1 time per day	5%	5%	6%
2 times per day	1%	1%	2%
3 times per day	1%	0%	0%
4 or more times per day	1%	1%	0%
... a can, bottle or glass of a sweetened fruit drink, such as Kool-Aid, Capri Sun or lemonade? (Do not include 100% fruit juice, such as 100% pure orange juice)			
I did NOT eat or drink this	49%	53%	59%
1 to 3 times in the last 7 days	36%	34%	30%
4 to 6 times in the last 7 days	7%	6%	6%
1 time per day	4%	4%	3%
2 times per day	2%	1%	1%
3 times per day	1%	1%	0%
4 or more times per day	1%	1%	0%

* 5th grade survey did not ask these questions.

TABLE 27
VEHICLE SAFETY
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
When driving a car, truck or SUV, how often do you handle your phone to do things like send or read text messages, take pictures, use social media, stream videos, or videochat?* [^]			
I don't drive a car, truck or SUV		71%	22%
Never		24%	38%
Sometimes		4%	36%
Always		0%	3%
How often do you wear a seat belt when you are driving or riding in a car, truck, or SUV? [^] ^{^^}			
Never	1%	1%	1%
Sometimes	13%	13%	7%
Always	87%	86%	92%

* 5th and 8th grade surveys did not ask this question.

[^] Response options changed from 2022.

^{^^} On the 5th grade survey, this question was worded 'How often do you wear a seat belt when you are riding in a car, truck or SUV?'

TABLE 28A
SELF DESCRIPTION[^]
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
In general, how does each of the following statements describe you?	%	%	%
I feel in control of my life and future.^{^^}			
Not at all or rarely	5%	5%	5%
Somewhat or sometimes	23%	27%	29%
Very or often	40%	41%	41%
Extremely or almost always	32%	27%	25%
I feel good about myself.			
Not at all or rarely	10%	9%	8%
Somewhat or sometimes	31%	34%	35%
Very or often	36%	37%	38%
Extremely or almost always	23%	20%	19%
I feel good about my future.			
Not at all or rarely	6%	6%	6%
Somewhat or sometimes	23%	27%	30%
Very or often	38%	40%	40%
Extremely or almost always	34%	28%	24%
I deal with disappointment without getting too upset.			
Not at all or rarely	11%	11%	10%
Somewhat or sometimes	39%	42%	42%
Very or often	36%	34%	36%
Extremely or almost always	14%	13%	12%
I find good ways to deal with things that are hard in my life.			
Not at all or rarely	9%	8%	7%
Somewhat or sometimes	34%	37%	37%
Very or often	39%	38%	40%
Extremely or almost always	18%	17%	16%
I am thinking about what my purpose is in life.^{^^^}			
Not at all or rarely	9%	7%	6%
Somewhat or sometimes	25%	24%	21%
Very or often	34%	37%	38%
Extremely or almost always	32%	32%	36%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

^{^^} On the 5th grade survey, this item was worded 'I can shape and influence what happens in my life and future.'

^{^^^} On the 5th grade survey, this item was worded 'I think about what I want to do in my life when I grow up.'

TABLE 28B
SELF DESCRIPTION[^]
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
In general, how does each of the following statements describe you?	%	%	%
I say no to things that are dangerous or unhealthy.			
Not at all or rarely	5%	4%	4%
Somewhat or sometimes	14%	15%	17%
Very or often	27%	29%	32%
Extremely or almost always	55%	51%	47%
I build friendships with other people.			
Not at all or rarely	5%	5%	5%
Somewhat or sometimes	22%	23%	24%
Very or often	39%	38%	39%
Extremely or almost always	35%	33%	32%
I express my feelings in proper ways.			
Not at all or rarely	12%	10%	8%
Somewhat or sometimes	30%	33%	32%
Very or often	36%	37%	40%
Extremely or almost always	22%	20%	20%
I plan ahead and make good choices.			
Not at all or rarely	5%	5%	3%
Somewhat or sometimes	24%	25%	25%
Very or often	42%	44%	46%
Extremely or almost always	28%	26%	25%
I stay away from bad influences.			
Not at all or rarely	5%	5%	4%
Somewhat or sometimes	17%	17%	18%
Very or often	32%	32%	36%
Extremely or almost always	46%	46%	43%
I resolve conflicts without anyone getting hurt.			
Not at all or rarely	4%	3%	3%
Somewhat or sometimes	20%	20%	18%
Very or often	40%	42%	44%
Extremely or almost always	36%	35%	35%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

TABLE 28C
SELF DESCRIPTION[^]
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
In general, how does each of the following statements describe you?	%	%	%
I accept people who are different from me.			
Not at all or rarely	1%	1%	1%
Somewhat or sometimes	8%	8%	8%
Very or often	33%	35%	35%
Extremely or almost always	57%	56%	57%
I am sensitive to the needs and feelings of others.			
Not at all or rarely	5%	4%	3%
Somewhat or sometimes	20%	19%	15%
Very or often	35%	36%	38%
Extremely or almost always	40%	41%	45%
I feel valued and appreciated by others.			
Not at all or rarely	7%	6%	5%
Somewhat or sometimes	27%	28%	28%
Very or often	37%	40%	42%
Extremely or almost always	29%	25%	25%
I am included in family tasks and decisions.			
Not at all or rarely	4%	4%	4%
Somewhat or sometimes	19%	20%	20%
Very or often	39%	40%	40%
Extremely or almost always	38%	36%	36%
I am given useful roles and responsibilities.			
Not at all or rarely	3%	2%	2%
Somewhat or sometimes	18%	19%	17%
Very or often	42%	44%	45%
Extremely or almost always	38%	35%	37%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

TABLE 29A
EMOTIONAL WELL-BEING AND DISTRESS*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
Over the last two weeks, how often have you been bothered by...?	%	%	%
...little interest or pleasure in doing things?			
Not at all	49%	45%	44%
Several days	32%	35%	36%
More than half the days	12%	13%	13%
Nearly every day	7%	7%	8%
...feeling down, depressed or hopeless?			
Not at all	59%	56%	55%
Several days	23%	26%	28%
More than half the days	10%	10%	10%
Nearly every day	8%	7%	7%
...feeling nervous, anxious or on edge?			
Not at all	36%	33%	30%
Several days	36%	37%	38%
More than half the days	16%	16%	18%
Nearly every day	13%	14%	14%
...not being able to stop or control worrying?			
Not at all	50%	47%	44%
Several days	26%	28%	30%
More than half the days	13%	13%	14%
Nearly every day	11%	12%	11%

* 5th grade survey did not ask these questions.

TABLE 29B
EMOTIONAL WELL-BEING AND DISTRESS*
CIS GIRL

No data in this table.

* Only the 5th grade survey asked these questions.

TABLE 30
SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, scratching or bruising yourself on purpose?			
0 times	78%	80%	84%
1 or 2 times	10%	9%	8%
3 to 5 times	4%	4%	4%
6 to 9 times	3%	2%	2%
10 to 19 times	2%	2%	1%
20 or more times	3%	2%	2%
Have you ever seriously considered attempting suicide? (Mark ALL that apply)			
No	80%	79%	77%
Yes, during the last year	13%	11%	8%
Yes, more than a year ago	10%	13%	17%
Have you ever actually attempted suicide? (Mark ALL that apply)			
No	92%	92%	90%
Yes, during the last year	4%	3%	2%
Yes, more than a year ago	4%	6%	8%

* 5th grade survey did not ask these questions.

TABLE 31
PROBLEMATIC AND ANTISOCIAL BEHAVIOR*[^]
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
During the last 12 months, how often have you...	%	%	%
...run away from home?			
Never	96%	96%	97%
Once or twice	4%	3%	3%
More than 3 times	1%	1%	1%
...damaged or destroyed property?			
Never	91%	93%	95%
Once or twice	8%	6%	4%
More than 3 times	1%	1%	1%
...hit or beat up another person?			
Never	91%	94%	96%
Once or twice	7%	5%	4%
More than 3 times	2%	1%	1%
...taken something from a store without paying for it?			
Never	93%	92%	91%
Once or twice	5%	5%	6%
More than 3 times	2%	2%	3%

* 5th grade survey did not ask these questions.

[^] Response options have changed from 2022.

TABLE 32A
GAMBLING BEHAVIOR*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During the last 12 months, how often have you gambled, made bets, bought lottery tickets or scratch offs, or made purchases in online games?^			
Not at all	89%	91%	92%
Less than once a month	8%	7%	6%
About once a month	2%	2%	2%
About once a week	1%	1%	0%
2 to 6 times a week	0%	0%	0%
Daily	0%	0%	0%
INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES DURING THE LAST 12 MONTHS: Which of the following activities did you do? (Mark ALL that apply)			
...Bet on informal games of personal skill such as playing cards, video games, pool, golf, etc.^	39%	42%	44%
...Bet on formal sports/events or games including esports^^	22%	19%	19%
...Bought lottery tickets or scratch offs^^	27%	27%	29%
...Gambled in a casino^^	2%	1%	4%
...Purchased mystery or random paid items (weapons/tools, power ups, new graphics, etc.) in online games without previewing the content first^^	15%	15%	15%

* 5th grade survey did not ask these questions.

^ New question in 2025.

^^ Change in response options from 2022.

TABLE 32B
GAMBLING BEHAVIOR*^
CIS GIRL

During the last 12 months, how often have you done the following gambling/betting activities? Includes all respondents, not just those who have gambled in the last 12 months.	Grade		
	8th grade	9th grade	11th grade
	%	%	%
Bet on informal games of personal skill such as playing cards, video games, pool, golf, etc.			
Not at all	95%	96%	96%
Once or twice	3%	3%	3%
Once or twice a month	1%	1%	1%
Once a week	0%	0%	0%
Daily	0%	0%	0%
Bet on formal sports events or games including esports			
Not at all	97%	98%	98%
Once or twice	2%	2%	1%
Once or twice a month	1%	0%	0%
Once a week	0%	0%	0%
Daily	0%	0%	0%
Bought lottery tickets or scratch offs			
Not at all	96%	97%	97%
Once or twice	3%	2%	2%
Once or twice a month	1%	1%	0%
Once a week	0%	0%	0%
Daily	0%	0%	0%
Gambled in a casino			
Not at all	100%	100%	100%
Once or twice	0%	0%	0%
Once or twice a month	0%	0%	0%
Once a week	0%	0%	0%
Daily	0%	0%	0%
Gambled for money online including loot boxes			
Not at all	99%	99%	99%
Once or twice	1%	1%	0%
Once or twice a month	0%	0%	0%
Once a week	0%	0%	0%
Daily	0%	0%	0%

* 5th grade survey did not ask these questions.

^ Change in response options from 2022.

TABLE 32C
GAMBLING BEHAVIOR*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES DURING THE LAST 12 MONTHS: During the last 12 months, how often have you...	%	%	%
...hidden your gambling/betting from your parents, other family members or teachers?			
Never	94%	94%	92%
Sometimes	4%	4%	4%
Many times	1%	1%	2%
All of the time	1%	1%	1%
...felt that you might have a problem with gambling/betting?			
Never	95%	95%	93%
Sometimes	4%	4%	4%
Many times	1%	1%	1%
All of the time	1%	1%	1%
...skipped hanging out with friends who do not gamble/bet to hang out with friends who do gamble/bet?			
Never	98%	98%	97%
Sometimes	1%	2%	1%
Many times	1%	0%	1%
All of the time	0%	0%	1%

* 5th grade survey did not ask these questions.

TABLE 33
SUMMARY OF SUBSTANCE USE*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
Have you EVER used the following?^ (Mark ALL that apply)			
...Nicotine/tobacco	7%	9%	17%
...Alcoholic beverages to drink	8%	12%	25%
...Marijuana (pot, weed) or hashish (hash, hash oil) (Do NOT count medical marijuana prescribed for you by a doctor)	4%	7%	16%
...I have never used any of the above	89%	85%	72%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during the past 30 days^^			
No	99%	99%	98%
Yes	1%	1%	2%
Use of any tobacco products, including e-cigarettes and hookah, during the past 30 days^^			
No	96%	95%	91%
Yes	4%	5%	9%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)^^			
No	100%	100%	99%
Yes	0%	0%	1%
Any alcohol and/or other drug use during the past year (excluding tobacco)^^			
No alcohol or marijuana or other drug use in the past year	90%	87%	77%
Used only alcohol in the past year	3%	4%	9%
Used alcohol and marijuana in past year, but not other drugs	1%	2%	7%
Used marijuana or other drugs but not alcohol in the past year	5%	5%	5%
Used alcohol and marijuana or other drugs in the past year	1%	1%	2%

* 5th grade survey did not ask these questions.

^ New question in 2025.

^^ This is a computed variable based on combinations of responses to two or more survey items.

TABLE 34
SUBSTANCE ABUSE*
CIS GIRL

No data in this table.

* Only the 5th grade survey asked these questions.

TABLE 35A
TOBACCO USE*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During the past 12 months, have you used the following?^			
...Nicotine/tobacco	4%	6%	11%
During the last 30 days, on how many days did you smoke a cigarette?^^			
0 days	99%	99%	98%
1 to 19 days	1%	1%	2%
20 or more days	0%	0%	0%
During the last 30 days, on how many days did you smoke cigars, cigarillos or little cigars?^^			
0 days	100%	100%	100%
1 to 19 days	0%	0%	0%
20 or more days	0%	0%	0%
During the last 30 days, on how many days did you use chewing tobacco, snuff or dip?^^			
0 days	100%	100%	100%
1 to 19 days	0%	0%	0%
20 or more days	0%	0%	0%
During the last 30 days, on how many days did you vape or use an e-cigarette that contains nicotine, such as JUUL, VUSE, NJOY, Puff Bar, Blu, or Bidi Stick?^^			
0 days	97%	95%	91%
1 to 19 days	2%	3%	5%
20 or more days	1%	2%	4%
During the last 30 days, on how many days did you use a hookah or a waterpipe to smoke tobacco?^^			
0 days	100%	100%	99%
1 to 19 days	0%	0%	0%
20 or more days	0%	0%	0%

* 5th grade survey did not ask these questions.

^ New question in 2025.

^^ Change in response options from 2022.

TABLE 35B
FLAVORED TOBACCO USE*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
IF VAPED IN PAST 30 DAYS: Which flavors of ecigarettes (or e-juice) have you used in the past 30 days? (Mark ALL that apply)			
Tobacco-flavored	12%	8%	4%
Menthol or mint	30%	31%	41%
Clove or spice	2%	0%	1%
Fruit	74%	74%	74%
Chocolate	3%	2%	1%
An alcoholic drink	16%	12%	10%
A non-alcoholic drink	11%	10%	7%
Candy, desserts, or other sweets	36%	35%	34%
Some other flavor	28%	23%	18%
No flavor (unflavored)	4%	5%	4%
IF VAPED IN PAST 30 DAYS: Student used a flavored e-cigarette in the past 30 days[^]			
No	11%	11%	10%
Yes	89%	89%	90%
IF SMOKED CIGARETTE IN PAST 30 DAYS: Student smoked a flavored (i.e., menthol) cigarette in the past 30 days			
No	58%	53%	60%
Yes	42%	47%	40%
IF SMOKED CIGAR IN PAST 30 DAYS: Student smoked a flavored cigar in the past 30 days			
No	73%	91%	78%
Yes	27%	9%	22%
IF USED SMOKELESS TOBACCO IN PAST 30 DAYS: Student used flavored smokeless tobacco in the past 30 days			
No	70%	70%	77%
Yes	30%	30%	23%
IF USED HOOKAH IN PAST 30 DAYS: Student used flavored hookah in the past 30 days			
No	66%	78%	83%
Yes	34%	22%	17%
IF PAST 30 DAYS TOBACCO USE: Student used a flavored tobacco product in the past 30 days^{^^}			
No	13%	11%	11%
Yes	87%	89%	89%

* 5th grade survey did not ask these questions.

[^] Tobacco-flavor is excluded from the definition of flavored e-cigarettes.

^{^^} This is a computed variable based on combinations of responses to two or more survey items.

TABLE 36
ACCESS TO E-CIGARETTES*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
IF VAPED IN PAST 30 DAYS: When you vaped or used an e-cigarette during the last 30 days, how did you get it? (Mark ALL that apply)			
I bought it at stores other than vape/tobacco shops (e.g., gas stations, convenience stores, grocery stores, discount stores, drug stores)^	3%	6%	8%
I bought it on the internet	4%	4%	3%
I bought it at vape shops or other stores that sell only e-cigarettes	3%	6%	12%
I got it from friends	68%	64%	56%
I got it from my parents or other family members^	16%	14%	10%
I got it by getting someone else to buy it for me	17%	25%	27%
I took it from my home or a friend's home^	12%	8%	3%
I got it some other way	26%	27%	20%
I got it at parties^	8%	7%	11%

* 5th grade survey did not ask this question.

^ New response option in 2025.

TABLE 37
EXPOSURE TO SECONDHAND SMOKE AND SECONDHAND AEROSOL*
CIS GIRL

No data in this table.

* Only the 5th grade survey asked these questions.

TABLE 38
ALCOHOL USE FREQUENCY AND QUANTITY*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During the past 12 months, have you used the following?^			
..Alcoholic beverages to drink	5%	8%	18%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?^^			
0 days	97%	96%	90%
1-19 days	3%	4%	10%
20 or more days	0%	0%	0%
During the last 12 months, on how many occasions have you had alcoholic beverages to drink?^^			
0	94%	91%	80%
1-2	4%	5%	9%
3-9	2%	3%	7%
10 or more	1%	1%	3%
If you drink beer/wine/wine coolers/liquor, generally how much do you drink at one time?			
No alcohol use	94%	92%	80%
1 glass/can/drink	3%	4%	8%
2 glasses/cans/drinks	1%	2%	4%
3 glasses/cans/drinks	1%	1%	3%
4 glasses/cans/drinks	0%	0%	2%
5 or more glasses/cans/drinks	0%	1%	3%
Binge drinking (4 or more drinks in a row (females) or 5 or more drinks in a row (males) within a couple of hours)^^^			
0 days	99%	99%	96%
1 to 19 days	1%	1%	4%
20 or more days	0%	0%	0%

* 5th grade survey did not ask these questions.

^ New question in 2025.

^^ Change in response options from 2022.

^^^ This is a computed variable based on combinations of responses to two or more survey items.

TABLE 39
ACCESS TO ALCOHOL*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS	%	%	%
When you used alcohol during the last 30 days, how did you get it? (Mark ALL that apply)			
I bought it at bars or restaurants or stores other than liquor stores (e.g., gas stations, convenience stores, grocery stores, discount stores, drug stores)^	3%	1%	2%
I bought it at liquor stores or other stores that sell only alcohol	2%	1%	5%
I bought alcohol on the internet	1%	0%	1%
I got alcohol from friends	31%	35%	53%
I got alcohol from my parents or other family members^	42%	35%	27%
I got alcohol by getting someone else to buy it for me	10%	11%	20%
I got alcohol at parties	10%	19%	30%
I took alcohol from my home or a friend's home^	30%	27%	14%
I got alcohol some other way	21%	19%	15%

* 5th grade survey did not ask these questions.

^ New response option in 2025.

TABLE 40
USE OF MARIJUANA*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During the past 12 months, have you used the following?^			
...Marijuana (pot, weed) or hashish (hash, hash oil) (Do NOT count medical marijuana prescribed for you by a doctor)	3%	5%	11%
During the last 30 days, on how many days did you use marijuana?^^			
0 days	98%	97%	92%
1-19 days	2%	2%	5%
20 or more days	1%	1%	2%
IF EVER USED MARIJUANA, how old were you when you tried marijuana for the first time?^			
8 years old or younger	5%	2%	1%
9 or 10 years old	12%	8%	2%
11 or 12 years old	47%	34%	13%
13 or 14 years old	35%	49%	40%
15 or 16 years old	0%	6%	40%
17 years old or older	0%	0%	4%
IF USED MARIJUANA IN THE PAST 30 DAYS, in which ways did you use marijuana or other THC-containing products (e.g., edibles, beverages)? (Mark ALL that apply)^			
Smoke it (for example, in a joint, bong, pipe, or blunt)	69%	71%	66%
Eat it (for example, in gummies, brownies, cakes, cookies, or candy)	37%	34%	35%
Drink it (for example, in seltzers, tea, cola, or alcohol)	12%	11%	11%
Vape it (for example, in an e-cigarette-like vaporizer or another vaporizing)	76%	73%	67%
Dab it (for example, using a dabbing rig, knife, or dab pen)	15%	9%	13%
Use it some other way	3%	4%	3%

* 5th grade survey did not ask these questions.

^ New question in 2025.

^^ Change in response options from 2022.

TABLE 41
ACCESS TO MARIJUANA**
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
INCLUDES ONLY THOSE WHO USED MARIJUANA IN THE LAST 30 DAYS	%	%	%
When you used marijuana or other THC-containing products (e.g., edibles, beverages) during the last 30 days, how did you get it? (Mark ALL that apply)			
I bought it at dispensaries or other stores that sells only marijuana and other THC-containing products	4%	4%	7%
I bought it at bars or restaurants or stores other than dispensaries (e.g., gas stations, convenience stores, grocery stores, discount stores, drug stores)	1%	1%	1%
I bought it on the internet	6%	8%	4%
I got it from friends	64%	62%	62%
I got it from my parents or other family members	22%	20%	14%
I got it by getting someone else to buy it for me	17%	23%	20%
I got it at parties	7%	9%	12%
I took it from my home or a friend's home	14%	11%	6%
I got it some other way	25%	29%	24%

* 5th grade survey did not ask these questions.

^ New question in 2025.

TABLE 42
PRESCRIPTION AND OVER-THE-COUNTER DRUG USE*[^]
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During the past 12 months, have you used the following?^			
...Over-the-counter drugs such as cough syrup, cold medicine, or diet pills that you took only to get high	1%	1%	2%
...Prescription stimulants such as Amphetamines or diet pills, without a doctor's prescription or differently than how a doctor told you to use it	0%	0%	0%
...Prescription ADHD or ADD drugs (Ritalin, Adderall, hyper pills), without a doctor's prescription or differently than how a doctor told you to use it	1%	1%	1%
...Prescription pain relievers (OxyContin, Percocet, Vicodin, or others), without a doctor's prescription or differently than how a doctor told you to use it	1%	1%	1%
...Prescription tranquilizers (Valium, Xanax, Klonopin, Ativan, anxiety pills, sedatives, or benzos (downers)), without a doctor's prescription or differently tha	1%	1%	1%

* 5th grade survey did not ask these questions.

^ Change in response options from 2022.

TABLE 43
OTHER DRUG AND INHALANT USE*^
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
During the past 12 months, have you used the following?^			
...Sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high	1%	1%	1%
...LSD (acid), PCP (wet sticks or dipped joints) or other psychedelics (mushrooms, angel dust)	0%	0%	1%
...MDMA (E, X, ecstasy, Molly), GHB (G, Liquid E, Liquid X, roofies), or Ketamine (Special K)	0%	0%	0%
...Crack, coke, or cocaine in any form	0%	0%	0%
...Heroin (smack, junk, China White)	0%	0%	0%
...Methamphetamine (meth, glass, crank, crystal meth, ice)	0%	0%	0%
...Synthetic marijuana (K2, Gold) that you took only to get high	0%	0%	0%
...Any other synthetic drugs such as bath salts (Ivory Wave, White Lightning) that you took only to get high	0%	0%	0%

* 5th grade survey did not ask these questions.

^ Change in response options from 2022.

TABLE 44
PERCEIVED RISK OF HARM FROM SUBSTANCE USE*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
How much do you think people risk harming themselves physically or in other ways if they...	%	%	%
...smoke one or more packs of cigarettes per day?			
No risk	13%	12%	11%
Slight risk	10%	10%	8%
Moderate risk	22%	21%	19%
Great risk	55%	57%	62%
...have five or more drinks of an alcoholic beverage once or twice per week?			
No risk	13%	12%	11%
Slight risk	13%	12%	11%
Moderate risk	30%	30%	30%
Great risk	45%	47%	48%
...use marijuana once or twice per week?			
No risk	16%	15%	18%
Slight risk	16%	20%	26%
Moderate risk	28%	27%	25%
Great risk	40%	38%	31%
...use prescription drugs not prescribed for them?			
No risk	13%	12%	10%
Slight risk	7%	7%	5%
Moderate risk	23%	24%	22%
Great risk	56%	57%	62%
...vape or use e-cigarettes?			
No risk	13%	12%	11%
Slight risk	13%	15%	14%
Moderate risk	30%	29%	30%
Great risk	44%	45%	45%

* 5th grade survey did not ask these questions.

TABLE 45A
PERCEPTIONS OF PARENTS' DISAPPROVAL OF SUBSTANCE USE*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
How wrong do your PARENTS feel it would be for you to...	%	%	%
...smoke cigarettes?			
Not at all wrong	2%	2%	2%
A little bit wrong	2%	2%	3%
Wrong	11%	13%	14%
Very wrong	85%	83%	81%
...have one or more drinks of an alcoholic beverage nearly every day?			
Not at all wrong	2%	2%	3%
A little bit wrong	3%	3%	4%
Wrong	11%	12%	15%
Very wrong	84%	82%	78%
...use marijuana?			
Not at all wrong	3%	3%	4%
A little bit wrong	2%	4%	8%
Wrong	8%	10%	14%
Very wrong	87%	83%	74%
...use prescription drugs not prescribed for you?			
Not at all wrong	2%	2%	2%
A little bit wrong	1%	2%	1%
Wrong	8%	8%	9%
Very wrong	89%	88%	88%
...vape or use e-cigarettes?			
Not at all wrong	2%	2%	3%
A little bit wrong	2%	3%	4%
Wrong	10%	11%	14%
Very wrong	86%	84%	79%

* 5th grade survey did not ask these questions.

TABLE 45B
PERCEPTIONS OF FRIENDS' DISAPPROVAL OF SUBSTANCE USE*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
How wrong do your FRIENDS feel it would be for you to...	%	%	%
...smoke cigarettes?			
Not at all wrong	3%	3%	5%
A little bit wrong	5%	7%	10%
Wrong	19%	21%	24%
Very wrong	74%	69%	60%
...have one or more drinks of alcoholic beverage nearly every day?			
Not at all wrong	3%	4%	5%
A little bit wrong	5%	7%	11%
Wrong	18%	20%	24%
Very wrong	73%	68%	59%
...use marijuana?			
Not at all wrong	4%	6%	12%
A little bit wrong	5%	8%	14%
Wrong	15%	17%	20%
Very wrong	76%	69%	54%
...use prescription drugs not prescribed for you?			
Not at all wrong	3%	3%	3%
A little bit wrong	3%	4%	5%
Wrong	16%	18%	20%
Very wrong	77%	75%	72%
...vape or use e-cigarettes?			
Not at all wrong	5%	7%	11%
A little bit wrong	7%	10%	14%
Wrong	17%	19%	22%
Very wrong	71%	65%	53%

* 5th grade survey did not ask these questions.

TABLE 46
PERCEPTIONS ABOUT ALCOHOL USE*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
How do you feel about each of the following statements? - Parents and other adults should clearly communicate with their children about the importance of not using alcohol.			
Strongly agree	67%	66%	60%
Agree	24%	26%	30%
Neither agree nor disagree	5%	5%	7%
Disagree	1%	1%	1%
Strongly disagree	4%	4%	3%
How do you feel about each of the following statements? - Drinking alcohol is never a good thing for anyone my age to do.			
Strongly agree	71%	65%	52%
Agree	18%	22%	26%
Neither agree nor disagree	6%	8%	15%
Disagree	1%	2%	4%
Strongly disagree	4%	4%	3%
In your opinion, how do you think MOST STUDENTS in your school feel about each of the following statements? - Parents and other adults should clearly communicate with their children about the importance of not using alcohol.			
Strongly agree	32%	26%	24%
Agree	45%	44%	43%
Neither agree nor disagree	18%	24%	25%
Disagree	3%	4%	5%
Strongly disagree	2%	2%	2%
In your opinion, how do you think MOST STUDENTS in your school feel about each of the following statements? - Drinking alcohol is never a good thing for anyone my age to do.			
Strongly agree	33%	23%	18%
Agree	38%	35%	28%
Neither agree nor disagree	21%	29%	33%
Disagree	5%	10%	16%
Strongly disagree	3%	4%	5%

* 5th grade survey did not ask these questions.

TABLE 47A
USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES*
CIS GIRL

How often do you use each of the following?	Grade		
	8th grade	9th grade	11th grade
	%	%	%
Tobacco (cigarettes, chew)^			
Never	98%	97%	95%
Tried once or twice	1%	2%	4%
Once or twice a month	0%	0%	1%
Once a week	0%	0%	0%
Daily	0%	0%	0%
Alcohol (beer, wine, liquor)^			
Never	88%	84%	71%
Tried once or twice	11%	13%	20%
Once or twice a month	1%	3%	7%
Once a week	0%	0%	1%
Daily	0%	0%	0%
Marijuana (pot, hash, hash oil)^			
Never	97%	94%	87%
Tried once or twice	2%	3%	8%
Once or twice a month	1%	1%	3%
Once a week	0%	1%	1%
Daily	0%	1%	1%
Vaping device or e-cigarette with nicotine^			
Never	93%	90%	84%
Tried once or twice	5%	6%	9%
Once or twice a month	1%	2%	2%
Once a week	1%	1%	1%
Daily	1%	2%	4%
Vaping device or e-cigarette with marijuana, THC or hash oil, or THC wax^			
Never	96%	95%	90%
Tried once or twice	2%	3%	5%
Once or twice a month	1%	1%	2%
Once a week	0%	1%	1%
Daily	1%	1%	2%
IF USED ALCOHOL AND MARIJUANA: In the last year, how often did you use alcohol and marijuana or other THC-containing products (e.g., edibles, beverages) at the same time?^^			
Usually	29%	20%	15%
Sometimes	48%	50%	50%
Never	23%	30%	35%

* 5th grade survey did not ask these questions.

^ Change in response options from 2022.

^^ New question in 2025.

TABLE 47B
PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES*
CIS GIRL

In your opinion, how often do you think MOST STUDENTS in your school use each of the following?	Grade		
	8th grade	9th grade	11th grade
	%	%	%
Tobacco (cigarettes, chew) ^			
Never	56%	36%	33%
Tried once or twice	28%	35%	34%
Once or twice a month	8%	13%	15%
Once a week	4%	8%	9%
Daily	4%	8%	9%
Alcohol (beer, wine, liquor) ^			
Never	41%	21%	15%
Tried once or twice	38%	33%	22%
Once or twice a month	12%	23%	30%
Once a week	6%	16%	24%
Daily	3%	7%	9%
Marijuana (pot, hash, hash oil) ^			
Never	58%	32%	22%
Tried once or twice	23%	28%	24%
Once or twice a month	8%	15%	19%
Once a week	5%	12%	16%
Daily	5%	13%	18%
Vaping device or e-cigarette with nicotine ^			
Never	29%	16%	13%
Tried once or twice	30%	23%	16%
Once or twice a month	12%	13%	13%
Once a week	10%	14%	14%
Daily	18%	34%	43%
Vaping device or e-cigarette with marijuana, THC or hash oil, or THC wax ^			
Never	45%	24%	20%
Tried once or twice	25%	24%	20%
Once or twice a month	10%	14%	14%
Once a week	8%	13%	14%
Daily	13%	25%	32%

* 5th grade survey did not ask these questions.

^ Change in response options from 2022.

TABLE 48A
CONSEQUENCES OF SUBSTANCE USE*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
During the last 12 months ...	%	%	%
IF USED: Have you found that you had to use a lot more alcohol or drugs than before to get the same effect?			
Yes	12%	12%	13%
No	88%	88%	87%
IF USED: Have you tried to cut down on your use of alcohol or drugs but couldn't?			
Yes	12%	12%	9%
No	88%	88%	91%
IF USED: Have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?			
Yes	14%	14%	9%
No	86%	86%	91%
IF USED: Were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't resist or could not think of anything else?			
Yes	23%	21%	15%
No	77%	79%	85%
IF USED: How many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?			
0 times	82%	83%	84%
1 time	8%	7%	6%
2 times	4%	3%	4%
3 or more times	6%	7%	6%
IF USED: How many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?			
0 times	91%	90%	93%
1 time	5%	5%	3%
2 times	2%	2%	2%
3 or more times	3%	3%	2%
IF USED: How many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?			
0 times	92%	91%	94%
1 time	4%	4%	3%
2 times	2%	2%	2%
3 or more times	2%	3%	2%

* 5th grade survey did not ask these questions.

TABLE 48B
CONSEQUENCES OF SUBSTANCE USE*
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
During the last 12 months ...	%	%	%
IF USED: How many times have you driven a motor vehicle after using alcohol or drugs?***			
0 times		97%	90%
1 time		1%	5%
2 times		0%	2%
3 or more times		1%	3%
IF USED: How many times have you hit someone or become violent while using alcohol or drugs?			
0 times	95%	96%	98%
1 time	3%	2%	1%
2 times	1%	1%	1%
3 or more times	1%	1%	0%
IF USED: How many times have you used so much alcohol or drugs that the next day you could not remember what you had said or done?			
0 times	84%	82%	82%
1 time	8%	8%	9%
2 times	5%	5%	4%
3 or more times	4%	6%	5%
IF USED: How many times have you used more alcohol or drugs than you intended to?			
0 times	82%	80%	82%
1 time	9%	10%	9%
2 times	5%	4%	4%
3 or more times	4%	5%	6%
IF USED: How many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?			
0 times	77%	75%	78%
1 time	9%	11%	9%
2 times	7%	6%	5%
3 or more times	7%	8%	7%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

TABLE 49
SEXUAL BEHAVIOR*
CIS GIRL

	Grade	
	9th grade	11th grade
	%	%
Have you ever had sex?		
Yes	6%	25%
No	94%	75%
IF EVER HAD SEX: During the last 12 months, how many different partners have you had sex with?^		
None	95%	78%
1 person	4%	17%
2 persons	1%	3%
3 persons	0%	1%
4 or more persons	0%	1%
IF EVER HAD SEX: Did you drink alcohol or use drugs before you had sex the LAST time?		
Yes	11%	9%
No	89%	91%

* 5th and 8th grade surveys did not ask these questions.

^ Change in response option from 2022.

TABLE 50
PREVENTION OF PREGNANCY AND INFECTION*
CIS GIRL

	Grade	
	9th grade	11th grade
INCLUDES ONLY THOSE WHO HAVE EVER HAD SEX	%	%
Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?		
Never	23%	15%
Not with every partner	9%	8%
At least once with every partner	59%	68%
Does not apply to me [^]	8%	9%
Have you talked with your partner(s) about preventing pregnancy?		
Never	17%	10%
Not with every partner	8%	7%
At least once with every partner	66%	75%
Does not apply to me [^]	9%	8%
The LAST time you had sex, what method or methods did you or your partner use to prevent pregnancy? (Mark ALL that apply)		
No method was used to prevent pregnancy	15%	7%
Birth control pills	23%	32%
Condoms	53%	55%
Birth control shot, ring, or patch ^{^^}	7%	7%
Implant or IUD ^{^^}	7%	17%
Withdrawal	16%	17%
Not sure	3%	1%
Not applicable	7%	5%
The LAST time you had sex, did you or your partner use a condom or dental dam (barrier)?^{^^^}		
Yes	56%	59%
No	44%	41%

* 5th and 8th grade surveys did not ask these questions.

[^] New response option in 2025.

^{^^} Change in response option wording from 2022.

^{^^^} Change in question wording from 2022.

TABLE 51
RESOURCES IN THE HOME (PROXY FOR SES)^
CIS GIRL

	Grade		
	8th grade	9th grade	11th grade
	%	%	%
About how many books are there in your home?			
Few (0-10)	12%	14%	13%
Enough to fill one shelf (11-25)	20%	20%	20%
Enough to fill one bookcase (26-100)	36%	34%	34%
Enough to fill several bookcases (more than 100)	32%	32%	33%
Do you have any of the following in your home?			
...Access to the internet	99%	99%	99%
...Your own bedroom	89%	91%	93%
...A desktop or laptop computer (including Chromebooks) that you can use	88%	91%	93%
...A tablet (for example, Surface Pro, iPad, Kindle Fire) that you can use	77%	75%	70%
...A smartphone (for example, iPhone, Samsung Galaxy, HTC One) that you can use	97%	98%	99%

^ Source: National Assessment of Educational Progress (NAEP)
(https://nces.ed.gov/nationsreportcard/pdf/researchcenter/socioeconomic_factors.pdf).