



2025 Minnesota Student Survey Tables

November 2025

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In Appreciation

The Minnesota Student Survey (MSS) Interagency Team is indebted to the students, parents, teachers, district assessment coordinators, school and district administrators, principals, and superintendents across the state that agreed to participate in and supported the MSS when it was administered in the first half of 2025. These data are made available as a result of their interest and time, and we are grateful for their efforts.

The planning and implementation of the 2025 Minnesota Student Survey administration resulted from an important collaborative effort among members of the MSS Interagency team, local educators and health professionals, researchers, and community members throughout the state of Minnesota – all of whom encouraged and supported school participation in the MSS.

Members of the MSS Interagency Team include Seyma Birinci, Tai Do, Holly Ponto, and Lana Peterson at the Department of Education; Bob Kuziej, Kat Panas, Molly Meyer, Mark Lee, and Dan Fernandez-Baca at the Department of Health; Phyllis Bengtson, Jeffrey Carpenter, Andrea Orengo, Michele Maruska, Marcos Perez, and Andrea Abel at the Department of Human Services; and Amy Dorman at the Department of Public Safety.

We also thank Allie Hawley March at the Department of Health, Maira Rosas-Lee (formerly with the Department of Education), and Jacquelyn Freund of EpiCog for their valuable contributions to the successful collection of 2025 MSS data.

2025 Minnesota Student Survey

Survey Participation

The 2025 Minnesota Student Survey (MSS) was administered in the first half of 2025 to students in grades 5, 8, 9, and 11 statewide. The survey was voluntary at all levels; districts, schools, parents, and students could all choose to opt out. Many traditional public school districts (61%) chose to participate. Across the state, approximately 50% of fifth graders, 50% of eighth graders, 46% of ninth graders, and 36% of eleventh graders participated in the 2025 MSS. Overall participation across the four grades was approximately 45% of total enrollment.

Results from regular public schools, charter schools, and online schools are included in these tables. Results from nonpublic schools, alternative learning centers, and juvenile correctional facilities are released separately.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating (Juvenile Correctional Facilities are exempt from this requirement).

Mode of Administration

In 2025, all levels of the MSS were administered online. Only Juvenile Correctional Facilities could choose to administer the MSS on paper.

Items on the Tables

The tables in this report include the responses for all survey items. Items are ordered within the tables by an overarching subject area; the order that items appear on the tables is not necessarily the order that they appeared on the survey.

The table of contents is provided on pages vi-vii. The grade five survey version was shorter than the grade eight survey version, which in turn was shorter than the grade nine and eleven version. The grade five and grade eight versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

Gender Breakdown in Reports

This report comes in two formats: by grade and grade-and-gender. Fifth grade surveys asked “are you a boy or girl” while all other grades were asked about their sex assigned at birth (as on original birth certificate). The grade-and-gender breakdowns are available when counts for sex assigned at birth are at least 25 male and 25 female respondents in each grade level cell.

New Questions and Year-to-Year Comparisons

While most MSS survey questions stayed the same as previous administrations, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, the student populations change between administrations of the survey.

Validity of Responses

Caution was taken to identify invalid responses and remove them from the survey results. Surveys were removed when responses were highly inconsistent, when there was a pattern of likely exaggeration, when the survey was completed outside of school hours (this did not apply to online students), or when the survey was clearly a test of the online system. In addition, surveys were removed when only the background section of the survey was answered. In total, approximately 3.5% of cases were removed from the 2025 survey data.

Online Access to MSS Data

Data from the Minnesota Student Survey (MSS) are available on the Minnesota Department of Education's [Data Reports and Analytics page](https://public.education.mn.gov/MDEAnalytics/DataTopic.jsp?TOPICID=242) (<https://public.education.mn.gov/MDEAnalytics/DataTopic.jsp?TOPICID=242>). This web report provides access to all state, county, and district level data and provides options for filtering the data in multiple ways.

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TABLE 1A
DEMOGRAPHIC DESCRIPTION
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th grade		9th grade		11th grade	
	N	%	N	%	N	%
Total number of surveys						
	542	100%	491	100%	400	100%
What was your sex assigned at birth (as on your original birth certificate)?^						
Male	259	48%	207	42%	169	42%
Female	280	52%	281	57%	226	56%
No answer	3	1%	3	1%	5	1%
Age^^						
10 years old	0	0%	0	0%	0	0%
11 years old	0	0%	0	0%	0	0%
12 years old	2	0%	0	0%	0	0%
13 years old	218	40%	0	0%	0	0%
14 years old	310	57%	189	38%	0	0%
15 years old	11	2%	269	55%	1	0%
16 years old	0	0%	24	5%	138	34%
17 years old	0	0%	8	2%	241	60%
18 years old	0	0%	0	0%	15	4%
19-20 years old	0	0%	0	0%	5	1%
How do you describe yourself? (Mark ALL that apply)						
American Indian or Alaskan Native only	13	2%	11	2%	8	2%
Asian, South Asian or Asian American only	59	11%	51	10%	47	12%
Black, African or African American only	65	12%	82	17%	42	10%
Hispanic or Latino/Latina only	88	16%	75	15%	70	18%
Middle Eastern or North African only	4	1%	5	1%	3	1%
Native Hawaiian or Other Pacific Islander only	4	1%	1	0%	2	0%
White only	241	44%	202	41%	177	44%
Multiple Races (checked more than one)	56	10%	54	11%	46	12%
No answer	12	2%	10	2%	5	1%

^ 5th grade survey asked "Are you a boy or girl" and included "Option not listed" as a response option

^^ Students who select "9 years old or younger" or "21 years old or older" were excluded from this report.

TABLE 1B
DEMOGRAPHIC DESCRIPTION
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th grade		9th grade		11th grade	
	N	%	N	%	N	%
If you are American Indian or Alaskan Native, which group best describes you? (Mark ALL that apply)						
Anishinaabe/ Ojibwe	13	2%	17	3%	9	2%
Dakota/Lakota	4	1%	8	2%	3	1%
Other tribal affiliation	13	2%	10	2%	7	2%
If you are Asian or Asian American, which group best describes you? (Mark ALL that apply)						
Bangladeshi	0	0%	2	0%	0	0%
Burmese	3	1%	0	0%	0	0%
Chinese	5	1%	7	1%	6	2%
Filipino	3	1%	6	1%	3	1%
Hmong	26	5%	17	3%	21	5%
Indian	10	2%	1	0%	2	0%
Karen	5	1%	5	1%	5	1%
Korean	3	1%	4	1%	2	0%
Lao	1	0%	8	2%	2	0%
Nepali	3	1%	0	0%	0	0%
Pakistani	3	1%	0	0%	2	0%
Vietnamese	6	1%	6	1%	7	2%
Other Asian	13	2%	15	3%	16	4%
If you are Black, African or African American, which group best describes you? (Mark ALL that apply)						
African American	55	10%	53	11%	44	11%
Ethiopian – Oromo	4	1%	5	1%	2	0%
Ethiopian – Other	6	1%	3	1%	3	1%
Liberian	4	1%	8	2%	3	1%
Nigerian	7	1%	3	1%	1	0%
Somali	29	5%	33	7%	7	2%
Other Black, African or African American	27	5%	23	5%	22	6%

TABLE 1B (CONT.)
DEMOGRAPHIC DESCRIPTION
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th grade		9th grade		11th grade	
	N	%	N	%	N	%
If you are Hispanic or Latino/Latina, which group best describes you? (Mark ALL that apply)						
Colombian	2	0%	5	1%	3	1%
Ecuadoran	30	6%	4	1%	5	1%
Guatemalan	4	1%	14	3%	11	3%
Mexican	52	10%	51	10%	46	12%
Puerto Rican	5	1%	5	1%	4	1%
Salvadoran	10	2%	7	1%	5	1%
Spanish/Spanish-American	15	3%	12	2%	5	1%
Other Hispanic or Latino/Latina	17	3%	16	3%	22	6%
If you are Middle Eastern or North African, which group best describes you? (Mark ALL that apply)						
Egyptian	2	0%	1	0%	0	0%
Iranian	0	0%	1	0%	2	0%
Iraqi	1	0%	1	0%	0	0%
Lebanese	0	0%	3	1%	0	0%
Palestinian	3	1%	1	0%	0	0%
Other Middle Eastern or North African	9	2%	4	1%	4	1%

TABLE 2
GENDER EXPRESSION; SEXUAL ORIENTATION; GENDER IDENTITY*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you?						
Very or mostly feminine	3%	36%	9%	41%	6%	38%
Somewhat feminine	13%	28%	6%	27%	7%	29%
Equally feminine and masculine	16%	23%	13%	22%	18%	26%
Somewhat masculine	23%	9%	27%	6%	19%	5%
Very or mostly masculine	44%	4%	45%	4%	50%	2%
How do you describe your sexual orientation?						
Straight (heterosexual)	0%	0%	0%	0%	0%	0%
Asexual	0%	0%	0%	0%	0%	0%
Bisexual	0%	0%	0%	0%	0%	0%
Gay or Lesbian	0%	0%	0%	0%	0%	0%
Questioning/Not sure	0%	0%	0%	0%	0%	0%
Pansexual	0%	0%	0%	0%	0%	0%
Queer	0%	0%	0%	0%	0%	0%
I don't describe myself in any of these ways	100%	100%	100%	100%	100%	100%
I am not sure what this question means	0%	0%	0%	0%	0%	0%
What is your gender identity? (Mark ALL that apply)						
Agender	6%	5%	8%	2%	8%	5%
Boy/man (cisgender, which means your gender identity matches your sex assigned at birth)	70%	2%	74%	4%	67%	0%
Boy/man (transgender, which means your gender identity does not match your sex assigned at birth)	8%	6%	3%	5%	3%	4%
Genderfluid, gender non-conforming, or genderqueer	2%	5%	2%	6%	5%	6%
Girl/woman (cisgender, which means your gender identity matches your sex assigned at birth)	1%	70%	0%	76%	1%	73%
Girl/woman (transgender, which means your gender identity does not match your sex assigned at birth)	3%	2%	2%	2%	3%	1%
Nonbinary	3%	4%	2%	1%	3%	6%
Two spirit	3%	1%	0%	1%	4%	1%
Questioning/ unsure	6%	7%	6%	5%	7%	5%
Identity not listed	12%	10%	7%	4%	14%	7%

* 5th grade surveys did not ask these questions.

TABLE 3
SCHOOL PLANS; ACADEMIC ADVISING; IEP; CHANGING SCHOOLS; ACADEMIC PERFORMANCE
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
What is the MAIN thing you plan to do RIGHT AFTER high school?*						
I don't plan to graduate from high school	2%	1%	2%	1%	4%	1%
Get my GED	3%	0%	0%	1%	2%	1%
Go to a two-year community or technical college	7%	3%	13%	6%	14%	13%
Go to a four-year college or university	34%	56%	31%	52%	37%	51%
Get a license or certificate in a career field	4%	8%	3%	3%	2%	3%
Attend an apprenticeship program	0%	1%	1%	0%	4%	2%
Join the military	5%	4%	5%	5%	6%	4%
Work at a job	19%	15%	22%	19%	18%	15%
Other	26%	12%	23%	13%	13%	10%
Has an adult in your school helped you think about education options for after high school (college or other training program)?**						
Yes			70%	73%	80%	83%
No			30%	27%	20%	17%
Has an adult in your school helped you find career-focused field experiences (job shadowing, work-based learning, service learning, career camps, apprenticeships)?**						
Yes			64%	57%	63%	55%
No			36%	43%	37%	45%
Do you receive special education services as part of an IEP (individualized education program)?						
Yes	25%	16%	28%	20%	29%	20%
No	42%	49%	41%	54%	50%	59%
Not sure	33%	35%	31%	26%	20%	21%
Since the beginning of this school year, have you changed schools?						
Yes	15%	7%	10%	11%	9%	1%
No	85%	93%	90%	89%	91%	99%
How would you describe your grades this school year?						
Mostly A's	32%	46%	39%	45%	35%	42%
Mostly B's	36%	31%	34%	34%	35%	35%
Mostly C's	23%	13%	16%	13%	16%	13%
Mostly D's	3%	3%	6%	4%	7%	5%
Mostly F's	1%	3%	1%	1%	2%	2%
Mostly Incompletes	4%	4%	1%	3%	2%	1%
None of these letter grades	2%	1%	2%	1%	3%	1%

* 5th grade surveys did not ask this question.

** 5th and 8th grade surveys did not ask this question.

TABLE 4
TRANSPORTATION TO AND FROM SCHOOL^**
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade	
	8th	
	Male	Female
	%	%
On a typical school day, how do you normally travel to and from school? (Mark ALL that apply)		
Walk	14%	8%
Bike	6%	1%
School bus	69%	72%
Family vehicle (riding with others from your family)	36%	42%
Carpools (riding with children from other families)	3%	1%
Transit (city bus, light rail, etc.)	2%	0%
Other (skateboard, scooter, inline skates, etc)	3%	1%

* 9th and 11th grade surveys did not ask this question.

^ Change in question wording from 2022.

TABLE 5
SCHOOL ATTENDANCE
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the last 30 days, how many times did you miss a full day of school? (Do not include school-sponsored activities like field trips, sports, academic or music events)^						
None	36%	30%	36%	33%	36%	34%
Once or twice	40%	40%	42%	40%	34%	45%
3 to 5 times	16%	22%	17%	18%	21%	17%
6 or more times	8%	7%	6%	9%	8%	5%
During the last 30 days, how many times did you miss part of a day of school such as coming late, leaving early or missing class time during the day? (Do not include school-sponsored activities like field trips, sports, academic, or music events)						
None	40%	36%	39%	35%	33%	36%
Once or twice	38%	38%	44%	38%	33%	36%
3 to 5 times	11%	18%	11%	19%	16%	17%
6 to 9 times	5%	6%	2%	4%	9%	6%
10 or more times	5%	3%	4%	3%	8%	6%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed a full or part of a day of school in the last 30 days? (Mark ALL that apply)						
Felt sick	56%	62%	53%	59%	56%	63%
Medical, dental or other health-related appointment	36%	38%	31%	38%	33%	33%
Felt very sad, hopeless, anxious, stressed or angry	4%	15%	2%	18%	14%	19%
Didn't get enough sleep	10%	15%	9%	13%	20%	18%
Didn't feel safe at school	4%	2%	3%	3%	2%	2%
Had to work (for pay or to help with a family business or chores)	1%	1%	1%	0%	3%	1%
Had to take care of or help someone else (child, sibling, relative, etc.)^	4%	4%	2%	5%	6%	5%
Behind in schoolwork or not prepared for a test or class assignment	2%	5%	1%	4%	5%	11%
Bored with or not interested in school	4%	7%	5%	4%	10%	10%
Suspended from school	2%	3%	1%	0%	0%	1%
Other reason	18%	16%	12%	17%	18%	17%
Was in quarantine^^	3%	1%	3%	1%	3%	0%
Did not want to go^^	5%	14%	9%	11%	10%	20%
Did not feel like I belonged at school^^	2%	2%	1%	4%	4%	4%
Hung out with friends instead^^	2%	0%	0%	0%	2%	3%
Was out of town^^	16%	14%	6%	10%	14%	10%
Had a religious holiday or cultural event^^	3%	2%	2%	2%	2%	1%
Had issues with transportation^^	5%	7%	3%	7%	3%	6%

^ Change in response option wording from 2022.

^^ New response option in 2025.

TABLE 6
DISCIPLINE; FEELINGS ABOUT SCHOOL
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the last 30 days, how many times did you get sent out of the classroom for discipline?						
None	77%	91%	80%	93%	86%	97%
Once or twice	19%	8%	13%	5%	6%	1%
3 to 5 times	2%	1%	4%	1%	4%	0%
6 to 9 times	0%	0%	2%	0%	0%	0%
10 or more times	2%	0%	2%	1%	4%	0%
How often do you care about doing well in school?						
All of the time	36%	47%	47%	52%	41%	50%
Most of the time	43%	38%	33%	35%	36%	38%
Some of the time	20%	14%	15%	12%	18%	9%
None of the time	1%	1%	5%	2%	4%	3%
How often do you go to class unprepared?						
All of the time	7%	4%	10%	6%	13%	3%
Most of the time	13%	10%	11%	6%	8%	11%
Some of the time	45%	48%	38%	47%	43%	55%
None of the time	35%	38%	41%	41%	36%	31%
How often do you pay attention in class?						
All of the time	24%	24%	28%	29%	28%	23%
Most of the time	54%	58%	55%	51%	51%	58%
Some of the time	20%	18%	14%	18%	16%	18%
None of the time	3%	0%	3%	2%	5%	1%

TABLE 7
FEELINGS ABOUT SCHOOL
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

How much do you agree or disagree with each of the following statements?	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
If something interests me, I try to learn more about it.						
Strongly agree	44%	44%	43%	49%	56%	45%
Agree	51%	52%	52%	47%	41%	52%
Disagree	5%	3%	4%	2%	1%	2%
Strongly disagree	0%	0%	2%	1%	1%	0%
I think things I learn at school are useful.						
Strongly agree	23%	18%	23%	22%	21%	18%
Agree	46%	60%	44%	58%	46%	62%
Disagree	23%	18%	25%	16%	23%	16%
Strongly disagree	8%	4%	9%	4%	9%	4%
Being a student is one of the most important parts of who I am.						
Strongly agree	22%	17%	23%	20%	23%	18%
Agree	35%	36%	39%	32%	35%	38%
Disagree	29%	36%	24%	35%	25%	30%
Strongly disagree	14%	12%	15%	14%	17%	14%
Overall, adults at my school treat students fairly.						
Strongly agree	28%	20%	34%	21%	23%	18%
Agree	50%	56%	49%	58%	56%	55%
Disagree	17%	20%	12%	15%	14%	24%
Strongly disagree	6%	5%	5%	7%	6%	3%
Adults at my school listen to the students.						
Strongly agree	25%	20%	30%	22%	28%	19%
Agree	53%	50%	52%	57%	50%	56%
Disagree	16%	25%	13%	18%	14%	20%
Strongly disagree	6%	4%	5%	4%	8%	5%
The school rules are fair						
Strongly agree	22%	12%	24%	19%	23%	13%
Agree	45%	56%	53%	62%	53%	59%
Disagree	25%	23%	17%	14%	17%	24%
Strongly disagree	9%	8%	6%	5%	8%	5%
At my school, teachers care about students.						
Strongly agree	36%	28%	39%	27%	34%	21%
Agree	53%	56%	48%	62%	53%	67%
Disagree	7%	15%	10%	9%	9%	8%
Strongly disagree	4%	1%	3%	3%	4%	3%
Most teachers at my school are interested in me as a person.						
Strongly agree	21%	20%	25%	18%	24%	17%
Agree	49%	45%	49%	44%	52%	48%
Disagree	21%	28%	18%	32%	15%	29%
Strongly disagree	8%	7%	7%	6%	9%	6%

TABLE 8A
PRESENCE OF A SCHOOL RESOURCE/POLICE OFFICER*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
Is there a police officer or School Resource Officer (SRO) at your school?						
Yes	52%	54%	56%	60%	64%	64%
No	16%	13%	5%	6%	11%	9%
I don't know	32%	33%	39%	34%	25%	27%
IF POLICE OFFICER OR SRO AT SCHOOL: If I knew about something unsafe or illegal at my school, I would tell the SRO or police officer.						
Strongly agree	46%	37%	37%	34%	44%	31%
Agree	38%	47%	39%	46%	32%	43%
Disagree	14%	11%	17%	17%	11%	20%
Strongly disagree	2%	5%	7%	3%	13%	5%
IF POLICE OFFICER OR SRO AT SCHOOL: I would feel comfortable going to my school's police officer or SRO if I was having problems or needed help.						
Strongly agree	39%	20%	35%	23%	35%	21%
Agree	41%	41%	39%	40%	31%	41%
Disagree	17%	29%	20%	35%	19%	28%
Strongly disagree	3%	9%	6%	3%	15%	10%
IF POLICE OFFICER OR SRO AT SCHOOL: I think it is a good idea to have an SRO or police officer at our school.						
Strongly agree	65%	52%	57%	52%	59%	49%
Agree	30%	41%	39%	43%	33%	42%
Disagree	3%	4%	2%	5%	4%	5%
Strongly disagree	2%	3%	2%	1%	4%	5%

* 5th grade survey did not ask these questions.

TABLE 8B
COMFORT GOING TO POLICE OFFICER*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade	
	8th	
	Male	Female
	%	%
I would feel comfortable going to the police if I was having problems or needed help.		
Strongly agree	28%	18%
Agree	49%	48%
Disagree	15%	28%
Strongly disagree	8%	6%

* 9th and 11th grade surveys did not ask this question.

TABLE 9
PERCEPTIONS OF SAFETY
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

How much do you agree or disagree with each of the following statements?	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
I feel safe going to and from school.						
Strongly agree	53%	33%	42%	34%	45%	30%
Agree	42%	56%	47%	56%	44%	58%
Disagree	3%	10%	7%	7%	7%	9%
Strongly disagree	3%	1%	3%	3%	3%	2%
I feel safe at school.						
Strongly agree	45%	28%	38%	31%	35%	18%
Agree	39%	49%	46%	52%	49%	63%
Disagree	12%	21%	12%	15%	12%	15%
Strongly disagree	4%	2%	4%	3%	4%	3%
I feel safe in my neighborhood.						
Strongly agree	58%	38%	53%	39%	50%	37%
Agree	36%	56%	37%	54%	41%	56%
Disagree	5%	6%	8%	5%	7%	6%
Strongly disagree	2%	1%	2%	1%	3%	0%
I feel safe at home.						
Strongly agree	73%	55%	67%	57%	68%	56%
Agree	24%	41%	31%	39%	25%	41%
Disagree	3%	4%	1%	3%	5%	2%
Strongly disagree	0%	0%	2%	1%	1%	0%

TABLE 10
AFTER SCHOOL SUPERVISION
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During a typical week, where do you go after school?^ (Mark ALL that apply)						
I stay at my school or go to another school	13%	18%	18%	21%	17%	19%
My home or another home such as a friend's, relative's or neighbor's	86%	90%	79%	88%	84%	91%
A rec, community or other youth center	6%	6%	7%	7%	10%	5%
A park or other outdoor space	17%	11%	11%	12%	16%	8%
A library	3%	4%	3%	7%	7%	4%
A church, synagogue, mosque, or other spiritual/religious place	4%	6%	7%	10%	9%	3%
During a typical week, how often are you home alone or somewhere unsupervised after school?*						
0 days	47%	39%				
1 day	23%	23%				
2 days	12%	14%				
3 days	8%	13%				
4 days	4%	5%				
5 days	6%	6%				

* 9th and 11th grade surveys did not ask this question.

^ Change in question wording and response options from 2022.

TABLE 11
BEING BULLIED FOR SPECIFIC REASONS
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the last 30 days, how often have other students harassed or bullied you?^						
Never	64%	59%	68%	77%	75%	83%
Once or twice	21%	30%	18%	16%	14%	12%
Three or more times	15%	11%	14%	7%	11%	4%
IF BULLIED DURING THE LAST 30 DAYS, for which of these reasons were you harassed or bullied?^^ (Mark ALL that apply)						
Your race, ethnicity or national origin	14%	12%	19%	11%	28%	15%
Your religion or religious beliefs, including a lack of religious beliefs (e.g., agnosticism or atheism)	7%	7%	5%	5%	10%	3%
Your sex or gender (being male, female, transgender, genderqueer, genderfluid.)^^^	10%	19%	7%	20%	10%	26%
Your gender expression (your style, dress, or the way you walk or talk)*	18%	35%	15%	32%	23%	26%
Because you are bisexual, gay, lesbian, asexual, pansexual, queer, or because someone thought you were*	10%	10%	8%	11%	10%	9%
A physical or mental disability	13%	13%	20%	14%	23%	21%
Your size or weight	24%	31%	22%	29%	21%	15%
Your physical appearance	25%	42%	24%	39%	18%	32%
Reason not listed^^^^	58%	42%	44%	54%	46%	59%

* 5th grade surveys did not ask this question.

^ New question in 2025.

^^ Change in question wording from 2022.

^^^ 5th grade survey item was worded "Your gender (being male or female)".

^^^^ New response option in 2025.

TABLE 12
BEING BULLIED OR HARRASSED AT SCHOOL
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
During the last 30 days, how often have other students at school...	%	%	%	%	%	%
...pushed, shoved, slapped, hit or kicked you when they weren't kidding around?						
Never	75%	81%	84%	88%	88%	89%
Once or twice	18%	16%	8%	9%	8%	9%
About once a week	3%	2%	4%	1%	0%	0%
Several times a week	2%	1%	1%	1%	3%	0%
Every day	1%	0%	3%	1%	1%	1%
...threatened to beat you up?						
Never	80%	81%	79%	89%	83%	95%
Once or twice	15%	14%	12%	8%	12%	5%
About once a week	2%	1%	2%	2%	2%	0%
Several times a week	2%	1%	3%	0%	2%	0%
Every day	1%	2%	4%	0%	1%	0%
...spread mean rumors or lies about you?						
Never	67%	58%	69%	73%	77%	75%
Once or twice	23%	29%	21%	22%	17%	19%
About once a week	6%	6%	3%	2%	3%	2%
Several times a week	2%	4%	4%	2%	0%	2%
Every day	2%	3%	3%	2%	2%	2%
...made sexual jokes, comments or gestures towards you?*						
Never	74%	72%	81%	77%	77%	78%
Once or twice	14%	20%	12%	18%	11%	16%
About once a week	4%	4%	2%	2%	3%	2%
Several times a week	5%	1%	3%	1%	3%	1%
Every day	3%	3%	2%	1%	5%	2%
...excluded you from friends, other students or activities?						
Never	75%	58%	78%	65%	80%	73%
Once or twice	14%	28%	12%	24%	9%	17%
About once a week	4%	6%	4%	6%	6%	5%
Several times a week	4%	4%	2%	4%	2%	2%
Every day	2%	4%	5%	2%	3%	3%
Bullied once or more in the last 30 days^						
No	45%	35%	51%	47%	62%	54%
Yes	55%	65%	49%	53%	38%	46%
Bullied weekly or more in last 30 days^						
No	76%	76%	79%	82%	80%	84%
Yes	24%	24%	21%	18%	20%	16%
Bullied daily in the last 30 days^						
No	92%	92%	92%	97%	93%	94%
Yes	8%	8%	8%	3%	7%	6%

* 5th grade surveys did not ask this question.

^ These are computed variables based on combinations of responses to the first five questions on this table.

TABLE 13
BEING CYBERBULLIED
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the last 30 days, how often have you been cyberbullied? (Count being bullied through texting, Instagram, Snapchat, TikTok or other social media)^						
Never	84%	80%	89%	83%	90%	89%
Once or twice	11%	17%	7%	13%	6%	6%
Three or more times	5%	3%	4%	4%	3%	4%

^ Change in response options from 2022.

TABLE 14A
AVAILABILITY OF COMMUNITY PROGRAMS
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?						
Yes	51%	63%	63%	63%	63%	67%
No	8%	7%	8%	2%	9%	5%
I don't know what programs are available in my community	41%	30%	28%	35%	28%	29%

TABLE 14B
ENRICHMENT ACTIVITIES
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During a typical week, how often do you participate in activities outside of the regular school day?^						
0 days	41%	29%	36%	30%	34%	37%
1 day	13%	17%	15%	13%	12%	11%
2 days	9%	14%	6%	14%	10%	14%
3 days	13%	14%	8%	13%	11%	10%
4 days	6%	9%	11%	8%	4%	7%
5 or more days	19%	16%	24%	21%	29%	20%
During a typical week, do you participate in the following activities outside of the regular school day?^^ (Mark ALL that apply)						
Sports activities or physical activities^^^	44%	53%	51%	48%	49%	42%
School sponsored activities or clubs that are not sports, such as drama, music, chess, or science club	12%	16%	12%	20%	17%	23%
Tutoring, homework help, or academic programs	8%	10%	5%	8%	9%	10%
Leadership activities such as student government, youth councils, or committees	3%	5%	3%	4%	6%	8%
Artistic activities, such as music, dance, drawing, photography, or pottery	6%	20%	6%	20%	8%	23%
Cultural heritage programs	1%	3%	3%	2%	1%	3%
Other community clubs and programs such as 4-H, Scouts, Y-clubs, or Community Ed	3%	4%	4%	4%	5%	3%
Religious activities such as religious services, education, or youth group	7%	12%	7%	10%	9%	12%

^ New question in 2025.

^^ Response options changed from 2022.

^^^ New response option in 2025.

TABLE 15
REASONS FOR NOT PARTICIPATING IN ENRICHMENT ACTIVITIES*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
IF NO PARTICIPATION: What are the reasons you don't participate in any activities, programs or clubs outside of the regular school day? (Mark ALL that apply)						
I do not know what is available in my community.	30%	34%	18%	40%	33%	29%
Activities are not available in my community.	4%	5%	5%	0%	4%	3%
Activities cost too much.	8%	16%	8%	12%	12%	19%
My parents (or guardians) won't let me.	2%	10%	6%	8%	6%	15%
My friends are not there.	11%	23%	9%	26%	8%	29%
I am not interested.	51%	51%	60%	53%	49%	57%
I am too busy with other things, such as a job or homework.	12%	21%	11%	27%	24%	39%
I don't have a way to get there or home.	4%	16%	8%	15%	6%	24%
I have to take care of other family members.	3%	5%	2%	8%	4%	12%
It is not a safe place.	5%	1%	2%	3%	6%	4%
Other	23%	12%	9%	8%	22%	8%

* 5th grade survey did not ask this question.

TABLE 16
QUALITY OF YOUTH ACTIVITIES^
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

When you do spend time doing activities outside of the regular school day, how often do you...	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
...feel safe?						
Rarely or never	10%	4%	6%	7%	7%	4%
Sometimes	19%	13%	14%	19%	14%	20%
Often	25%	38%	36%	35%	33%	37%
Very often	46%	44%	44%	38%	46%	39%
...learn skills like teamwork or leadership?						
Rarely or never	13%	10%	11%	14%	17%	11%
Sometimes	37%	33%	31%	29%	25%	28%
Often	29%	35%	30%	35%	32%	40%
Very often	21%	22%	27%	21%	26%	21%
...develop trusting relationships with peers your age?						
Rarely or never	16%	15%	14%	14%	19%	13%
Sometimes	29%	32%	27%	33%	21%	29%
Often	27%	30%	27%	32%	30%	37%
Very often	27%	23%	32%	21%	30%	20%
...develop trusting relationships with adults?						
Rarely or never	17%	20%	13%	21%	18%	14%
Sometimes	27%	32%	30%	27%	25%	34%
Often	28%	28%	32%	33%	30%	38%
Very often	28%	20%	25%	19%	28%	15%
...help make decisions?						
Rarely or never	15%	10%	12%	14%	12%	6%
Sometimes	35%	43%	29%	37%	27%	41%
Often	32%	32%	32%	37%	38%	35%
Very often	17%	15%	26%	13%	23%	17%
...do something that gives you joy and energy?						
Rarely or never	6%	4%	9%	8%	12%	11%
Sometimes	25%	24%	17%	24%	24%	25%
Often	35%	35%	30%	33%	28%	31%
Very often	35%	36%	44%	35%	35%	32%
...learn skills that you can use in a future job?						
Rarely or never	16%	12%	13%	12%	10%	12%
Sometimes	32%	38%	28%	33%	31%	30%
Often	23%	26%	32%	30%	29%	36%
Very often	29%	24%	27%	24%	31%	22%

^ These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

TABLE 17
LIVING SITUATIONS
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
Have you ever been in foster care?^						
Yes	10%	6%	9%	6%	8%	7%
No	90%	94%	91%	94%	92%	93%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay?* (Mark ALL that apply)						
No	83%	90%	85%	91%	91%	91%
Yes, I was with my parents or an adult family member	16%	9%	13%	9%	9%	8%
Yes, I was on my own without any adult family member	1%	0%	2%	0%	0%	1%
Has there been an adult in your household who makes sure your basic needs were met, such as looking after your safety and making sure you have clean clothes and enough to eat?***						
Never	7%	4%	4%	4%	7%	1%
Rarely	2%	2%	2%	4%	4%	1%
Sometimes	16%	9%	10%	5%	4%	7%
Most of the time	15%	21%	16%	18%	18%	18%
Always	60%	65%	68%	70%	68%	73%
Have any of your parents or guardians ever been in jail or prison?***						
Yes	20%	20%	19%	25%	17%	22%
No	80%	80%	81%	75%	83%	78%
IF YOU HAVE OR HAVE HAD PARENT OR GUARDIAN IN JAIL OR PRISON: Did you live with a parent or guardian at the time they went to jail or prison?*						
Yes	51%	50%	23%	52%	57%	47%
No	49%	50%	77%	48%	43%	53%

* 5th grade surveys did not ask this question.

^ Response options changed from 2022.

*** New question in 2025.

TABLE 18
COMMUNICATION WITH ADULTS
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
Which of these adults can you talk to about problems you are having? (Mark ALL that apply)						
Parent or guardian	80%	65%	82%	72%	75%	71%
Adult at school	26%	27%	27%	25%	36%	33%
Some other adult	15%	18%	12%	21%	26%	22%
I don't have any adults that I can talk to about problems I am having	11%	24%	12%	18%	17%	18%

TABLE 19
PERCEPTIONS OF FAMILY AND OTHERS CARING
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

How much do you feel...	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
...your parents care about you?						
Not at all	4%	2%	5%	2%	4%	2%
A little	2%	5%	2%	5%	3%	4%
Some	5%	11%	4%	10%	5%	14%
Quite a bit	14%	22%	17%	24%	17%	22%
Very much	74%	60%	72%	60%	70%	59%
...other adult relatives care about you?						
Not at all	4%	3%	4%	5%	6%	0%
A little	6%	14%	4%	11%	4%	10%
Some	13%	16%	14%	18%	10%	23%
Quite a bit	25%	24%	22%	26%	30%	31%
Very much	53%	44%	56%	39%	49%	36%
...friends care about you?						
Not at all	6%	5%	6%	6%	7%	2%
A little	11%	10%	4%	12%	9%	9%
Some	17%	13%	21%	21%	16%	23%
Quite a bit	27%	29%	33%	24%	32%	25%
Very much	39%	43%	37%	37%	36%	41%
...teachers at school care about you?						
Not at all	9%	8%	6%	9%	9%	5%
A little	11%	20%	10%	18%	19%	20%
Some	25%	29%	25%	29%	23%	39%
Quite a bit	28%	26%	24%	24%	22%	21%
Very much	26%	18%	34%	20%	26%	15%
...other adults at school care about you?						
Not at all	9%	15%	11%	17%	17%	17%
A little	14%	19%	14%	21%	16%	25%
Some	27%	28%	28%	29%	22%	34%
Quite a bit	26%	21%	18%	19%	21%	14%
Very much	26%	17%	29%	14%	24%	10%
...adults in your community care about you?						
Not at all	13%	19%	12%	21%	17%	20%
A little	12%	20%	10%	20%	16%	24%
Some	26%	24%	28%	23%	23%	26%
Quite a bit	23%	22%	23%	19%	22%	16%
Very much	26%	16%	27%	17%	22%	15%

TABLE 20
ADVERSE CHILDHOOD EXPERIENCES*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
Do you live with anyone who drinks too much alcohol?						
Yes	9%	12%	7%	9%	6%	12%
No	91%	88%	93%	91%	94%	88%
Do you live with anyone who uses illegal drugs or abuses prescription drugs?						
Yes	3%	3%	3%	4%	4%	6%
No	97%	97%	97%	96%	96%	94%
Do you live with anyone who is depressed or has any other mental health issues?						
Yes	18%	34%	15%	34%	27%	39%
No	82%	66%	85%	66%	73%	61%
Does a parent or other adult in your home regularly swear at you, insult you or put you down?						
Yes	19%	20%	9%	16%	14%	17%
No	81%	80%	91%	84%	86%	83%
Has a parent or other adult in your home ever hit, beat, kicked or physically hurt you in any way?						
Yes	13%	13%	10%	13%	12%	14%
No	87%	87%	90%	87%	88%	86%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?						
Yes	11%	10%	6%	9%	12%	10%
No	89%	90%	94%	91%	88%	90%
Has anyone who was not a relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you against your wishes?						
Yes	3%	10%	5%	10%	5%	13%
No	97%	90%	95%	90%	95%	87%
Has any relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you?						
Yes	3%	7%	6%	4%	2%	10%
No	97%	93%	94%	96%	98%	90%
Have you ever traded sex or sexual activity to receive money, food, drugs, alcohol, a place to stay, or anything else?*						
Yes			3%	0%	5%	2%
No			97%	100%	95%	98%
ACEs Score-short^						
None	54%	49%	62%	43%	51%	41%
One	20%	23%	19%	29%	27%	24%
Two	10%	12%	12%	11%	9%	16%
Three	11%	6%	2%	9%	10%	6%
Four or more	5%	11%	5%	9%	3%	13%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

^ An adverse childhood experience (ACE) describes a traumatic experience in a person's life occurring before age 18. The ACEs Score-short is a measure of cumulative exposure to adverse childhood conditions, and combines the responses to all but the last question in this table plus the responses to the first question about parental incarceration (See Table 17).

TABLE 21A
GUN VIOLENCE[^]
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
Have you ever experienced people using guns to threaten or hurt others in person?						
Yes	5%	7%	7%	5%	12%	10%
No	95%	93%	93%	95%	88%	90%

[^] New question in 2025.

TABLE 21B
RELATIONSHIP VIOLENCE*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
Have you been in a casual or serious relationship where your partner ever physically hurt you on purpose (shoved, kicked, slapped, punched, pulled hair, strangled, injured you with an object or weapon, etc.)?						
Yes	10%	4%	8%	6%	11%	7%
No	90%	96%	92%	94%	89%	93%
Have you been in a casual or serious relationship where your partner ever verbally hurt or controlled you (called you names, told you what you could wear or eat, told you who you could see or talk to, threatened you, blamed you for their behavior, etc.)?						
Yes	16%	14%	14%	12%	11%	22%
No	84%	86%	86%	88%	89%	78%
Have you been in a casual or serious relationship where your partner ever pressured, tricked, or forced you to do something sexual, or did something sexual to you against your wishes?**						
Yes			9%	9%	9%	17%
No			91%	91%	91%	83%
Have YOU ever pressured, tricked, or forced someone to do something sexual, or have you done something sexual to someone against their wishes?**						
Yes			6%	3%	2%	5%
No			89%	93%	89%	89%
Not sure			5%	4%	8%	6%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

TABLE 22
PHYSICAL HEALTH
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
How would you describe your health in general?						
Excellent	25%	17%	28%	16%	25%	13%
Very good	34%	32%	35%	28%	32%	31%
Good	26%	32%	22%	33%	30%	38%
Fair	12%	17%	12%	20%	9%	15%
Poor	4%	2%	3%	2%	4%	3%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.						
Yes	16%	17%	14%	18%	8%	23%
No	84%	83%	86%	82%	92%	77%
Has a doctor or nurse ever told you that you have diabetes?						
Yes	5%	0%	6%	1%	5%	2%
No	95%	100%	94%	99%	95%	98%
Has a doctor or nurse ever told you that you have pre-diabetes?						
Yes	3%	0%	4%	1%	3%	3%
No	97%	100%	96%	99%	97%	97%
Has a doctor or nurse ever told you that you have asthma?						
Yes	19%	12%	12%	20%	12%	17%
No	81%	88%	88%	80%	88%	83%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?						
Yes	4%	4%	8%	5%	6%	6%
No	96%	96%	92%	95%	94%	94%
Weight status according to Body Mass Index (BMI)*						
Normal	55%	66%	59%	70%	62%	65%
Underweight	9%	5%	8%	2%	10%	7%
Overweight	16%	18%	17%	18%	11%	15%
Obese	19%	12%	16%	11%	16%	13%

* 5th grade survey did not ask this question. Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey. Underweight: Less than the 5th percentile Not overweight or underweight: 5th to less than the 85th percentile Overweight: 85th to less than the 95th percentile Obese: Equal to or greater than the 95th percentile

TABLE 23
MENTAL HEALTH
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.*						
Yes	20%	36%	26%	43%	34%	44%
No	80%	64%	74%	57%	66%	56%
Have you ever been treated for a mental health, emotional or behavioral problem? (Mark ALL that apply)						
No	73%	66%	70%	59%	70%	55%
Yes, during the last year	15%	22%	20%	23%	15%	32%
Yes, more than a year ago	13%	16%	11%	24%	17%	22%
Have you ever been treated for an alcohol or drug problem? (Mark ALL that apply)*						
No	95%	96%	93%	97%	96%	96%
Yes, during the last year	3%	3%	6%	2%	3%	1%
Yes, more than a year ago	1%	2%	2%	1%	1%	3%
When you are feeling upset, stressed or having problems, how comfortable are you talking to a counselor or social worker at school?						
Very comfortable	16%	13%	15%	11%	25%	12%
Somewhat comfortable	51%	48%	46%	42%	35%	42%
Not at all comfortable	31%	38%	34%	45%	37%	45%
There is no counselor or social worker at my school	2%	0%	5%	2%	3%	1%

* 5th grade survey did not ask this question.

TABLE 24
ORAL HEALTH
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
When was the last time you saw a dentist for a check-up, exam, or teeth cleaning or other dental work?						
During the last year	67%	77%	67%	75%	68%	70%
Between 1 and 2 years ago	15%	13%	17%	17%	17%	15%
More than 2 years ago	7%	5%	8%	5%	3%	10%
Never	10%	5%	8%	3%	12%	4%
Have you had any dental problems during the past 12 months?^						
Yes	24%	23%	22%	26%	25%	26%
No	76%	77%	78%	74%	75%	74%
Have you had any of the following dental problems during the past 12 months? (Mark ALL that apply)						
Toothaches or pain	8%	9%	7%	13%	10%	13%
Decayed teeth or cavities	8%	10%	8%	7%	14%	14%
Swollen, painful or bleeding gums	4%	6%	3%	5%	3%	6%
Could not eat certain foods because of a dental problem	2%	4%	3%	4%	2%	4%
Missed one or more school days because of a dental problem	5%	3%	5%	5%	8%	6%
IF ONE OR MORE DENTAL PROBLEMS: Have you had this dental problem treated by a dentist?						
Yes	69%	70%	69%	67%	70%	60%
No, but I will see a dentist	20%	26%	26%	16%	19%	27%
No, I am not able to get dental treatment	11%	4%	6%	18%	11%	12%

^ New question in 2025.

TABLE 25A
PHYSICAL ACTIVITY AND SLEEP
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?						
0 days	22%	9%	18%	18%	24%	22%
1 day	9%	13%	12%	9%	10%	10%
2 days	12%	17%	9%	14%	8%	12%
3 days	11%	16%	7%	16%	12%	14%
4 days	13%	10%	10%	13%	6%	10%
5 days	9%	14%	19%	11%	10%	12%
6 days	5%	8%	7%	4%	8%	8%
7 days	19%	12%	19%	15%	21%	12%
During a typical school night, how many hours of sleep do you get?						
4 hours or less	10%	9%	4%	6%	10%	7%
5 hours	8%	9%	9%	13%	12%	17%
6 hours	11%	18%	13%	21%	20%	19%
7 hours	19%	26%	21%	28%	21%	29%
8 hours	27%	22%	31%	19%	27%	19%
9 hours	17%	9%	15%	8%	5%	4%
10 or more hours	9%	5%	7%	4%	5%	3%

TABLE 25B
SOCIAL MEDIA USE[^]
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During an average week when you are in school, on how many school nights do you use technology between midnight and 5AM? (Count time spent playing games, watching videos, texting, or using social media on your devices.)						
0 school nights	42%	44%	46%	43%	35%	38%
1 school night	10%	11%	13%	11%	13%	15%
2 school nights	10%	10%	6%	11%	13%	12%
3 school nights	7%	9%	7%	10%	11%	5%
4 school nights	3%	6%	2%	6%	8%	6%
5 school nights	29%	21%	25%	19%	20%	25%
In a typical week, how often do you use social media?*						
I do not use social media	24%	14%	22%	12%	17%	7%
Less than once a week	4%	5%	7%	4%	5%	2%
A couple days a week	13%	11%	7%	8%	13%	7%
About once a day	11%	15%	11%	11%	11%	9%
Several times a day	34%	40%	34%	52%	36%	54%
About once an hour or more	14%	14%	20%	13%	18%	21%
IF USE SOCIAL MEDIA: Do you feel that you might have a problem with spending too much time on social media?*						
Yes	35%	38%	32%	41%	35%	46%
No	65%	62%	68%	59%	65%	54%
IF USE SOCIAL MEDIA: Do you skip important social or recreational activities like sports or being with friends or relatives to be on social media?*						
Yes	21%	14%	17%	18%	13%	13%
No	79%	86%	83%	82%	87%	87%
IF USE SOCIAL MEDIA: Do you have trouble getting your homework, chores, or other major responsibilities done because you were spending time on social media?*						
Yes	32%	34%	27%	42%	29%	41%
No	68%	66%	73%	58%	71%	59%

* 5th grade survey did not ask this question.

[^] New questions in 2025.

TABLE 26A
EATING LUNCH[^]
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

During a typical school week, where do you usually get your lunch? (Mark the number of days for each)	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
I don't eat lunch^{^^}						
0 days	66%	56%	61%	50%	66%	49%
1 day	10%	15%	5%	8%	4%	10%
2 days	6%	8%	9%	13%	6%	13%
3 days	6%	6%	4%	8%	4%	6%
4 days	1%	4%	4%	4%	1%	4%
5 days	12%	11%	17%	16%	19%	19%
Regular school lunch from the cafeteria						
0 days	15%	17%	20%	23%	24%	23%
1 day	5%	7%	4%	4%	5%	4%
2 days	5%	9%	4%	9%	6%	10%
3 days	7%	4%	7%	13%	8%	12%
4 days	9%	10%	4%	6%	7%	8%
5 days	60%	52%	60%	45%	49%	43%
The a la carte line (buy individual items)						
0 days	70%	70%	60%	71%	70%	72%
1 day	7%	9%	14%	8%	7%	10%
2 days	6%	7%	9%	10%	5%	7%
3 days	9%	6%	7%	4%	5%	2%
4 days	3%	4%	3%	3%	3%	2%
5 days	6%	5%	7%	3%	10%	7%
School store or vending machine						
0 days	77%	84%	75%	64%	73%	71%
1 day	9%	8%	9%	18%	10%	14%
2 days	5%	5%	8%	10%	6%	5%
3 days	4%	1%	3%	5%	3%	3%
4 days	1%	1%	3%	2%	1%	1%
5 days	5%	1%	3%	1%	6%	6%
Fast food restaurant, gas station or somewhere else outside of school						
0 days	55%	69%	58%	69%	56%	56%
1 day	21%	14%	18%	15%	17%	18%
2 days	13%	10%	12%	6%	13%	13%
3 days	6%	4%	5%	8%	4%	6%
4 days	2%	1%	3%	0%	2%	1%
5 days	5%	2%	5%	3%	6%	7%
I bring lunch from home						
0 days	71%	70%	75%	73%	70%	68%
1 day	6%	10%	5%	4%	5%	8%
2 days	8%	2%	4%	3%	4%	6%
3 days	4%	3%	4%	2%	2%	1%
4 days	1%	4%	1%	1%	2%	1%
5 days	10%	11%	11%	16%	16%	16%

[^] Response options have changed from 2022.

^{^^} Change in question wording from 2022.

TABLE 26B
EATING BREAKFAST; SKIPPING MEALS
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During a typical school week, where do you usually get your breakfast? (Mark the number of days for each)						
I don't eat breakfast^						
0 days	60%	46%	56%	45%	53%	47%
1 day	8%	9%	5%	10%	5%	9%
2 days	9%	10%	8%	7%	4%	10%
3 days	4%	5%	6%	7%	5%	7%
4 days	3%	9%	3%	9%	5%	5%
5 days	17%	21%	22%	21%	27%	22%
Regular school breakfast from the cafeteria^						
0 days	47%	53%	46%	54%	58%	52%
1 day	10%	8%	9%	10%	6%	10%
2 days	9%	10%	4%	9%	7%	9%
3 days	5%	7%	8%	6%	10%	8%
4 days	7%	4%	6%	7%	1%	5%
5 days	22%	18%	28%	15%	18%	16%
The a la carte line (buy individual items)^						
0 days	84%	93%	81%	91%	82%	88%
1 day	2%	1%	6%	4%	2%	4%
2 days	4%	1%	4%	2%	5%	1%
3 days	4%	1%	1%	1%	2%	1%
4 days	1%	0%	1%	2%	2%	0%
5 days	4%	2%	7%	1%	7%	6%
School store or vending machine^						
0 days	85%	96%	82%	89%	82%	87%
1 day	5%	3%	6%	4%	5%	5%
2 days	4%	0%	5%	4%	4%	2%
3 days	3%	0%	4%	2%	2%	1%
4 days	0%	0%	1%	1%	2%	1%
5 days	3%	0%	2%	1%	5%	3%
Fast food restaurant, gas station or somewhere else outside of school^						
0 days	74%	87%	74%	80%	74%	78%
1 day	11%	6%	9%	10%	8%	9%
2 days	5%	2%	10%	6%	7%	5%
3 days	5%	3%	5%	3%	3%	4%
4 days	1%	0%	1%	1%	1%	1%
5 days	4%	1%	2%	1%	8%	4%
I eat breakfast from home^						
0 days	34%	33%	36%	37%	38%	43%
1 day	6%	15%	12%	8%	8%	10%
2 days	7%	8%	4%	10%	10%	11%
3 days	7%	7%	7%	8%	6%	5%
4 days	3%	6%	5%	6%	3%	7%
5 days	44%	30%	36%	30%	34%	25%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?						
Yes	8%	4%	12%	5%	7%	5%
No	92%	96%	88%	95%	93%	95%

^ New questions in 2025.

TABLE 26C
FRUIT AND VEGETABLE CONSUMPTION*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
During the last 7 days, how many times did you...?	%	%	%	%	%	%
...drink 100% fruit juices such as orange, apple or grape juice? (Do not count punch, Kool-Aid, sports drinks or other fruit-flavored drinks)						
I did NOT eat or drink this	26%	29%	31%	34%	33%	31%
1 to 3 times in the last 7 days	32%	35%	22%	35%	26%	41%
4 to 6 times in the last 7 days	15%	15%	15%	11%	11%	10%
1 time per day	7%	9%	11%	6%	9%	5%
2 times per day	8%	7%	7%	6%	4%	5%
3 times per day	3%	2%	5%	5%	6%	3%
4 or more times per day	7%	4%	10%	4%	11%	5%
...eat fruit? (Do not count fruit juice)						
I did NOT eat or drink this	15%	6%	14%	11%	13%	9%
1 to 3 times in the last 7 days	22%	21%	17%	18%	24%	22%
4 to 6 times in the last 7 days	16%	19%	19%	25%	16%	21%
1 time per day	12%	14%	14%	11%	13%	17%
2 times per day	11%	17%	14%	19%	13%	15%
3 times per day	5%	10%	7%	8%	13%	10%
4 or more times per day	18%	13%	14%	8%	9%	7%
...eat green salad, potatoes, carrots or other vegetables? (Do not count French fries, fried potatoes, or potato chips)						
I did NOT eat or drink this	21%	9%	19%	14%	15%	10%
1 to 3 times in the last 7 days	24%	27%	22%	24%	25%	27%
4 to 6 times in the last 7 days	20%	18%	16%	22%	14%	13%
1 time per day	10%	18%	14%	15%	16%	22%
2 times per day	12%	10%	14%	13%	12%	13%
3 times per day	6%	8%	5%	7%	9%	8%
4 or more times per day	8%	11%	10%	5%	9%	7%
...eat from a fast food restaurant, including carry-out or delivery?						
I did NOT eat or drink this	34%	31%	31%	30%	24%	25%
1 to 3 times in the last 7 days	41%	53%	41%	51%	47%	52%
4 to 6 times in the last 7 days	13%	7%	6%	7%	6%	10%
1 time per day	3%	4%	9%	6%	9%	8%
2 times per day	4%	2%	3%	2%	1%	2%
3 times per day	2%	1%	3%	2%	4%	2%
4 or more times per day	4%	2%	6%	1%	8%	2%
Servings of fruits, fruit juice and vegetables per day during the last 7 days^						
Less than five	72%	74%	73%	79%	76%	82%
Five or more	28%	26%	27%	21%	24%	18%

* 5th grade survey did not ask these questions.

^ This is a computed variable based on combinations of responses to the first three questions on this table.

TABLE 26D
MILK AND WATER CONSUMPTION*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
During the last 7 days, how many times did you drink...?	%	%	%	%	%	%
... a glass of milk? (Count the milk you drank in a cup, from a carton, or with cereal)						
I did NOT eat or drink this	17%	31%	24%	29%	25%	39%
1 to 3 times in the last 7 days	27%	30%	19%	30%	18%	27%
4 to 6 times in the last 7 days	15%	13%	17%	13%	12%	6%
1 time per day	15%	10%	12%	11%	17%	16%
2 times per day	10%	7%	12%	8%	8%	5%
3 times per day	6%	4%	8%	4%	5%	3%
4 or more times per day	11%	6%	8%	5%	15%	4%
... a glass or drink of tap water from a drinking fountain, faucet or sink?						
I did NOT eat or drink this	29%	24%	24%	29%	25%	23%
1 to 3 times in the last 7 days	15%	13%	19%	14%	12%	12%
4 to 6 times in the last 7 days	10%	15%	9%	8%	8%	5%
1 time per day	9%	7%	11%	11%	20%	11%
2 times per day	8%	8%	8%	4%	7%	14%
3 times per day	5%	7%	5%	12%	9%	9%
4 or more times per day	24%	25%	23%	22%	19%	26%
... a bottle of water (plain water that is not flavored or carbonated)?						
I did NOT eat or drink this	20%	14%	20%	16%	20%	22%
1 to 3 times in the last 7 days	19%	15%	14%	16%	17%	13%
4 to 6 times in the last 7 days	12%	15%	8%	12%	16%	9%
1 time per day	8%	9%	11%	10%	11%	12%
2 times per day	5%	7%	12%	9%	10%	8%
3 times per day	12%	9%	8%	10%	5%	11%
4 or more times per day	24%	33%	28%	27%	22%	25%

* 5th grade survey did not ask these questions.

TABLE 26E
SUGAR-SWEETENED BEVERAGE CONSUMPTION*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

During the last 7 days, how many times did you drink...?	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
... a can, bottle or glass of pop or soda, such as Coke, Pepsi or Sprite (Do not count diet pop or diet soda)?						
I did NOT eat or drink this	26%	33%	30%	33%	26%	30%
1 to 3 times in the last 7 days	44%	43%	35%	38%	31%	44%
4 to 6 times in the last 7 days	10%	9%	8%	14%	17%	9%
1 time per day	8%	10%	13%	9%	13%	11%
2 times per day	2%	3%	5%	3%	4%	4%
3 times per day	5%	0%	2%	1%	3%	1%
4 or more times per day	5%	2%	7%	2%	6%	2%
... a can, bottle or glass of a sports drink, such as Gatorade or Powerade? (Do not count low-calorie sports drinks such as Propel or G2)						
I did NOT eat or drink this	43%	56%	43%	60%	47%	65%
1 to 3 times in the last 7 days	29%	25%	26%	24%	21%	20%
4 to 6 times in the last 7 days	10%	8%	13%	6%	12%	6%
1 time per day	8%	6%	10%	7%	11%	6%
2 times per day	3%	2%	3%	1%	3%	2%
3 times per day	4%	1%	1%	1%	3%	0%
4 or more times per day	3%	1%	3%	1%	2%	2%
... a can, bottle or glass of an energy drink, such as Rockstar, Red Bull, Monster or Full Throttle?						
I did NOT eat or drink this	72%	68%	69%	66%	62%	62%
1 to 3 times in the last 7 days	14%	21%	13%	17%	14%	19%
4 to 6 times in the last 7 days	5%	4%	5%	7%	6%	3%
1 time per day	2%	3%	8%	6%	9%	9%
2 times per day	2%	3%	1%	2%	5%	3%
3 times per day	3%	0%	2%	0%	0%	1%
4 or more times per day	3%	1%	3%	1%	5%	2%
... a can, bottle or glass of coffee or tea that had sugar, syrups or honey added to it? (Count coffee/ tea you added a sweetener to/ already had sweetener, e.g. Arizona Iced Tea/Frappuccinos. Don't count artificial sweeteners e.g. Splenda/diet drinks)						
I did NOT eat or drink this	53%	55%	68%	49%	50%	45%
1 to 3 times in the last 7 days	20%	27%	19%	33%	26%	31%
4 to 6 times in the last 7 days	12%	4%	3%	9%	9%	7%
1 time per day	7%	8%	8%	7%	9%	9%
2 times per day	4%	3%	1%	1%	2%	5%
3 times per day	2%	2%	1%	0%	1%	1%
4 or more times per day	3%	1%	1%	0%	3%	2%
... a can, bottle or glass of a sweetened fruit drink, such as Kool-Aid, Capri Sun or lemonade? (Do not include 100% fruit juice, such as 100% pure orange juice)						
I did NOT eat or drink this	46%	49%	47%	52%	50%	54%
1 to 3 times in the last 7 days	32%	34%	27%	31%	22%	30%
4 to 6 times in the last 7 days	7%	6%	11%	7%	14%	8%
1 time per day	8%	6%	9%	6%	6%	7%
2 times per day	3%	2%	1%	1%	3%	1%
3 times per day	2%	2%	2%	1%	2%	1%
4 or more times per day	2%	0%	2%	1%	2%	1%

* 5th grade survey did not ask these questions.

TABLE 27
VEHICLE SAFETY
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
When driving a car, truck or SUV, how often do you handle your phone to do things like send or read text messages, take pictures, use social media, stream videos, or videochat?* [^]						
I don't drive a car, truck or SUV			66%	75%	29%	44%
Never			23%	20%	43%	37%
Sometimes			9%	4%	21%	16%
Always			2%	1%	6%	3%
How often do you wear a seat belt when you are driving or riding in a car, truck, or SUV? [^] ^{^^}						
Never	4%	4%	6%	5%	6%	2%
Sometimes	21%	18%	16%	14%	9%	9%
Always	75%	78%	78%	80%	85%	89%

* 5th and 8th grade surveys did not ask this question.

[^] Response options changed from 2022.

^{^^} On the 5th grade survey, this question was worded 'How often do you wear a seat belt when you are riding in a car, truck or SUV?'

TABLE 28A
SELF DESCRIPTION[^]
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
In general, how does each of the following statements describe you?	%	%	%	%	%	%
I feel in control of my life and future.^{^^}						
Not at all or rarely	11%	12%	11%	18%	14%	10%
Somewhat or sometimes	32%	35%	22%	36%	28%	44%
Very or often	33%	35%	35%	25%	33%	33%
Extremely or almost always	24%	19%	32%	21%	25%	13%
I feel good about myself.						
Not at all or rarely	11%	19%	12%	18%	11%	13%
Somewhat or sometimes	19%	38%	22%	39%	35%	39%
Very or often	40%	25%	31%	29%	32%	29%
Extremely or almost always	30%	17%	35%	14%	23%	20%
I feel good about my future.						
Not at all or rarely	13%	16%	10%	17%	17%	13%
Somewhat or sometimes	23%	31%	21%	34%	30%	47%
Very or often	33%	30%	29%	29%	30%	27%
Extremely or almost always	32%	23%	40%	20%	22%	13%
I deal with disappointment without getting too upset.						
Not at all or rarely	18%	19%	14%	17%	10%	13%
Somewhat or sometimes	30%	45%	30%	44%	36%	43%
Very or often	39%	22%	39%	28%	34%	34%
Extremely or almost always	13%	13%	17%	11%	20%	10%
I find good ways to deal with things that are hard in my life.						
Not at all or rarely	11%	14%	12%	15%	9%	13%
Somewhat or sometimes	28%	43%	30%	44%	33%	40%
Very or often	39%	30%	37%	27%	37%	37%
Extremely or almost always	22%	13%	21%	13%	21%	9%
I am thinking about what my purpose is in life.^{^^^}						
Not at all or rarely	16%	9%	17%	10%	11%	4%
Somewhat or sometimes	25%	32%	17%	29%	23%	24%
Very or often	25%	29%	34%	31%	30%	41%
Extremely or almost always	34%	30%	32%	30%	37%	32%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

^{^^} On the 5th grade survey, this item was worded 'I can shape and influence what happens in my life and future.'

^{^^^} On the 5th grade survey, this item was worded 'I think about what I want to do in my life when I grow up.'

TABLE 28B
SELF DESCRIPTION[^]
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
In general, how does each of the following statements describe you?	%	%	%	%	%	%
I say no to things that are dangerous or unhealthy.						
Not at all or rarely	11%	8%	6%	10%	12%	6%
Somewhat or sometimes	21%	22%	20%	22%	22%	25%
Very or often	29%	26%	30%	21%	32%	31%
Extremely or almost always	39%	45%	44%	47%	35%	38%
I build friendships with other people.						
Not at all or rarely	10%	9%	14%	15%	15%	13%
Somewhat or sometimes	21%	36%	23%	37%	27%	34%
Very or often	41%	30%	31%	29%	30%	37%
Extremely or almost always	27%	26%	32%	19%	28%	17%
I express my feelings in proper ways.						
Not at all or rarely	16%	17%	14%	21%	19%	9%
Somewhat or sometimes	29%	43%	27%	37%	26%	43%
Very or often	36%	24%	35%	28%	36%	34%
Extremely or almost always	19%	17%	23%	14%	19%	14%
I plan ahead and make good choices.						
Not at all or rarely	9%	12%	8%	8%	10%	4%
Somewhat or sometimes	27%	31%	24%	38%	31%	31%
Very or often	41%	34%	36%	34%	35%	48%
Extremely or almost always	23%	23%	32%	20%	23%	17%
I stay away from bad influences.						
Not at all or rarely	8%	7%	6%	9%	6%	7%
Somewhat or sometimes	19%	21%	17%	22%	17%	22%
Very or often	37%	34%	29%	33%	36%	35%
Extremely or almost always	36%	38%	48%	36%	40%	36%
I resolve conflicts without anyone getting hurt.						
Not at all or rarely	10%	8%	10%	9%	3%	9%
Somewhat or sometimes	25%	29%	23%	29%	25%	26%
Very or often	42%	36%	39%	32%	37%	42%
Extremely or almost always	24%	26%	28%	30%	35%	22%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

TABLE 28C
SELF DESCRIPTION^
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
In general, how does each of the following statements describe you?	%	%	%	%	%	%
I accept people who are different from me.						
Not at all or rarely	8%	1%	6%	3%	6%	2%
Somewhat or sometimes	15%	10%	17%	13%	17%	12%
Very or often	32%	31%	34%	33%	33%	35%
Extremely or almost always	44%	57%	43%	51%	43%	51%
I am sensitive to the needs and feelings of others.						
Not at all or rarely	14%	8%	13%	9%	11%	8%
Somewhat or sometimes	25%	25%	28%	29%	27%	21%
Very or often	34%	32%	33%	28%	35%	38%
Extremely or almost always	28%	35%	27%	34%	27%	33%
I feel valued and appreciated by others.						
Not at all or rarely	7%	17%	11%	14%	12%	13%
Somewhat or sometimes	27%	38%	23%	35%	33%	33%
Very or often	37%	29%	38%	32%	33%	35%
Extremely or almost always	29%	16%	28%	18%	22%	19%
I am included in family tasks and decisions.						
Not at all or rarely	7%	7%	6%	10%	10%	9%
Somewhat or sometimes	22%	33%	17%	24%	27%	29%
Very or often	39%	35%	42%	40%	38%	39%
Extremely or almost always	33%	25%	35%	26%	26%	23%
I am given useful roles and responsibilities.						
Not at all or rarely	9%	9%	7%	8%	7%	5%
Somewhat or sometimes	21%	27%	21%	29%	22%	21%
Very or often	40%	33%	36%	40%	43%	51%
Extremely or almost always	30%	32%	35%	23%	28%	22%

^ These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

TABLE 29A
EMOTIONAL WELL-BEING AND DISTRESS*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
Over the last two weeks, how often have you been bothered by...?	%	%	%	%	%	%
...little interest or pleasure in doing things?						
Not at all	44%	39%	55%	35%	41%	31%
Several days	29%	35%	24%	35%	35%	42%
More than half the days	17%	13%	11%	20%	11%	14%
Nearly every day	9%	14%	9%	9%	13%	13%
...feeling down, depressed or hopeless?						
Not at all	59%	42%	68%	43%	57%	41%
Several days	27%	29%	16%	31%	24%	36%
More than half the days	6%	18%	9%	17%	14%	13%
Nearly every day	8%	11%	7%	9%	6%	10%
...feeling nervous, anxious or on edge?						
Not at all	50%	29%	51%	30%	44%	26%
Several days	28%	31%	27%	33%	31%	35%
More than half the days	14%	22%	14%	17%	13%	22%
Nearly every day	8%	18%	8%	20%	13%	17%
...not being able to stop or control worrying?						
Not at all	58%	39%	62%	41%	56%	37%
Several days	23%	29%	22%	23%	22%	34%
More than half the days	10%	19%	8%	21%	11%	17%
Nearly every day	10%	13%	8%	15%	11%	12%

* 5th grade survey did not ask these questions.

TABLE 29B
EMOTIONAL WELL-BEING AND DISTRESS*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

No data in this table.

* Only the 5th grade survey asked these questions.

TABLE 30
SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, scratching or bruising yourself on purpose?						
0 times	75%	65%	79%	70%	73%	75%
1 or 2 times	13%	15%	8%	13%	15%	9%
3 to 5 times	4%	6%	5%	8%	5%	6%
6 to 9 times	2%	5%	4%	3%	2%	4%
10 to 19 times	1%	3%	2%	1%	1%	1%
20 or more times	5%	5%	3%	5%	4%	4%
Have you ever seriously considered attempting suicide? (Mark ALL that apply)						
No	82%	70%	87%	70%	83%	62%
Yes, during the last year	8%	21%	7%	19%	8%	12%
Yes, more than a year ago	11%	17%	6%	15%	11%	31%
Have you ever actually attempted suicide? (Mark ALL that apply)						
No	93%	85%	92%	82%	92%	77%
Yes, during the last year	2%	11%	4%	4%	2%	5%
Yes, more than a year ago	5%	8%	5%	14%	8%	19%

* 5th grade survey did not ask these questions.

TABLE 31
PROBLEMATIC AND ANTISOCIAL BEHAVIOR*^
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
During the last 12 months, how often have you...	%	%	%	%	%	%
...run away from home?						
Never	93%	95%	94%	92%	96%	95%
Once or twice	5%	4%	5%	7%	3%	4%
More than 3 times	3%	1%	1%	1%	1%	1%
...damaged or destroyed property?						
Never	81%	89%	87%	85%	88%	89%
Once or twice	16%	9%	11%	11%	11%	10%
More than 3 times	3%	2%	2%	4%	2%	2%
...hit or beat up another person?						
Never	82%	88%	85%	91%	90%	92%
Once or twice	15%	11%	11%	7%	9%	6%
More than 3 times	3%	1%	4%	2%	1%	2%
...taken something from a store without paying for it?						
Never	95%	90%	94%	92%	91%	87%
Once or twice	3%	8%	5%	6%	7%	7%
More than 3 times	2%	1%	1%	2%	2%	6%

* 5th grade survey did not ask these questions.

^ Response options have changed from 2022.

TABLE 32A
GAMBLING BEHAVIOR*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the last 12 months, how often have you gambled, made bets, bought lottery tickets or scratch offs, or made purchases in online games?^						
Not at all	79%	89%	73%	92%	74%	88%
Less than once a month	13%	6%	11%	5%	13%	9%
About once a month	2%	3%	7%	2%	3%	2%
About once a week	3%	1%	1%	0%	2%	1%
2 to 6 times a week	2%	1%	2%	1%	2%	0%
Daily	3%	0%	5%	0%	6%	1%
INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES DURING THE LAST 12 MONTHS: Which of the following activities did you do? (Mark ALL that apply)						
...Bet on informal games of personal skill such as playing cards, video games, pool, golf, etc.^ ^	41%	32%	45%	41%	42%	29%
...Bet on formal sports/events or games including esports^ ^	31%	12%	28%	12%	30%	5%
...Bought lottery tickets or scratch offs^ ^	15%	8%	8%	29%	21%	33%
...Gambled in a casino^ ^	8%	0%	12%	6%	9%	0%
...Purchased mystery or random paid items (weapons/tools, power ups, new graphics, etc.) in online games without previewing the content first^ ^	33%	16%	22%	29%	36%	33%

* 5th grade survey did not ask these questions.

^ New question in 2025.

^^ Change in response options from 2022.

TABLE 32B
GAMBLING BEHAVIOR*^
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

During the last 12 months, how often have you done the following gambling/betting activities? Includes all respondents, not just those who have gambled in the last 12 months.	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
Bet on informal games of personal skill such as playing cards, video games, pool, golf, etc.						
Not at all	93%	95%	89%	96%	87%	97%
Once or twice	3%	3%	7%	2%	6%	2%
Once or twice a month	2%	0%	2%	2%	2%	2%
Once a week	1%	1%	1%	0%	3%	0%
Daily	1%	0%	1%	0%	1%	0%
Bet on formal sports events or games including esports						
Not at all	93%	98%	93%	98%	91%	98%
Once or twice	3%	1%	4%	0%	4%	1%
Once or twice a month	2%	0%	1%	1%	2%	1%
Once a week	2%	0%	1%	0%	2%	1%
Daily	1%	0%	0%	0%	1%	0%
Bought lottery tickets or scratch offs						
Not at all	97%	99%	99%	98%	95%	96%
Once or twice	2%	1%	1%	1%	3%	3%
Once or twice a month	1%	0%	1%	0%	2%	1%
Once a week	1%	0%	0%	1%	0%	0%
Daily	0%	0%	0%	0%	0%	0%
Gambled in a casino						
Not at all	99%	100%	99%	99%	95%	99%
Once or twice	1%	0%	1%	0%	3%	1%
Once or twice a month	1%	0%	0%	0%	0%	0%
Once a week	0%	0%	0%	0%	2%	0%
Daily	0%	0%	0%	0%	0%	0%
Gambled for money online including loot boxes						
Not at all	94%	99%	96%	98%	91%	99%
Once or twice	3%	1%	2%	0%	4%	0%
Once or twice a month	1%	0%	1%	1%	2%	1%
Once a week	1%	0%	0%	0%	2%	1%
Daily	1%	0%	0%	0%	2%	0%

* 5th grade survey did not ask these questions.

^ Change in response options from 2022.

TABLE 32C
GAMBLING BEHAVIOR*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES DURING THE LAST 12 MONTHS: During the last 12 months, how often have you...	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
...hidden your gambling/betting from your parents, other family members or teachers?						
Never	82%	83%	94%	64%	90%	76%
Sometimes	6%	9%	3%	21%	0%	10%
Many times	0%	4%	0%	7%	0%	10%
All of the time	12%	4%	3%	7%	10%	5%
...felt that you might have a problem with gambling/betting?						
Never	88%	91%	78%	79%	83%	85%
Sometimes	3%	5%	12%	14%	7%	10%
Many times	0%	0%	3%	0%	3%	5%
All of the time	9%	5%	6%	7%	7%	0%
...skipped hanging out with friends who do not gamble/bet to hang out with friends who do gamble/bet?						
Never	89%	100%	88%	86%	90%	95%
Sometimes	3%	0%	3%	0%	0%	5%
Many times	0%	0%	3%	7%	3%	0%
All of the time	9%	0%	6%	7%	7%	0%

* 5th grade survey did not ask these questions.

TABLE 33
SUMMARY OF SUBSTANCE USE*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
Have you EVER used the following?^ (Mark ALL that apply)						
...Nicotine/tobacco	3%	7%	4%	11%	12%	16%
...Alcoholic beverages to drink	3%	9%	8%	10%	18%	23%
...Marijuana (pot, weed) or hashish (hash, hash oil) (Do NOT count medical marijuana prescribed for you by a doctor)	4%	3%	3%	10%	15%	17%
...I have never used any of the above	93%	87%	88%	84%	76%	73%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during the past 30 days^^						
No	99%	99%	99%	98%	95%	95%
Yes	1%	1%	1%	2%	5%	5%
Use of any tobacco products, including e-cigarettes and hookah, during the past 30 days^^						
No	98%	97%	98%	95%	93%	91%
Yes	2%	3%	2%	5%	7%	9%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)^^						
No	100%	100%	100%	99%	99%	99%
Yes	0%	0%	0%	1%	1%	1%
Any alcohol and/or other drug use during the past year (excluding tobacco)^^						
No alcohol or marijuana or other drug use in the past year	86%	84%	79%	82%	73%	74%
Used only alcohol in the past year	1%	4%	4%	3%	8%	7%
Used alcohol and marijuana in past year, but not other drugs	1%	0%	0%	3%	5%	7%
Used marijuana or other drugs but not alcohol in the past year	13%	10%	18%	11%	13%	11%
Used alcohol and marijuana or other drugs in the past year	0%	1%	0%	1%	2%	2%

* 5th grade survey did not ask these questions.

^ New question in 2025.

^^ This is a computed variable based on combinations of responses to two or more survey items.

TABLE 34
SUBSTANCE ABUSE*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

No data in this table.

* Only the 5th grade survey asked these questions.

TABLE 35A
TOBACCO USE*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the past 12 months, have you used the following?^						
...Nicotine/tobacco	2%	5%	1%	7%	8%	11%
During the last 30 days, on how many days did you smoke a cigarette?^^						
0 days	100%	99%	99%	98%	96%	97%
1 to 19 days	0%	1%	1%	2%	2%	2%
20 or more days	0%	0%	0%	0%	2%	1%
During the last 30 days, on how many days did you smoke cigars, cigarillos or little cigars?^^						
0 days	99%	100%	99%	99%	97%	98%
1 to 19 days	1%	0%	1%	1%	2%	1%
20 or more days	0%	0%	0%	0%	1%	1%
During the last 30 days, on how many days did you use chewing tobacco, snuff or dip?^^						
0 days	100%	100%	99%	99%	98%	99%
1 to 19 days	0%	0%	1%	1%	2%	1%
20 or more days	0%	0%	0%	0%	1%	0%
During the last 30 days, on how many days did you vape or use an e-cigarette that contains nicotine, such as JUUL, VUSE, NJOY, Puff Bar, Blu, or Bidi Stick?^^						
0 days	98%	97%	99%	95%	96%	92%
1 to 19 days	1%	2%	1%	4%	2%	4%
20 or more days	1%	1%	0%	2%	2%	5%
During the last 30 days, on how many days did you use a hookah or a waterpipe to smoke tobacco?^^						
0 days	99%	100%	100%	100%	100%	98%
1 to 19 days	1%	0%	0%	0%	0%	0%
20 or more days	0%	0%	0%	0%	0%	2%

* 5th grade survey did not ask these questions.

^ New question in 2025.

^^ Change in response options from 2022.

TABLE 35B
FLAVORED TOBACCO USE*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
IF VAPED IN PAST 30 DAYS: Which flavors of cigarettes (or e-juice) have you used in the past 30 days? (Mark ALL that apply)						
Tobacco-flavored	0%	17%	0%	20%	20%	0%
Menthol or mint	33%	33%	100%	20%	20%	29%
Clove or spice	0%	0%	0%	0%	0%	0%
Fruit	100%	67%	0%	50%	80%	79%
Chocolate	0%	0%	0%	0%	0%	7%
An alcoholic drink	0%	17%	0%	10%	0%	14%
A non-alcoholic drink	0%	17%	0%	10%	0%	14%
Candy, desserts, or other sweets	67%	33%	0%	20%	20%	50%
Some other flavor	0%	33%	0%	40%	40%	29%
No flavor (unflavored)	0%	0%	0%	0%	0%	14%
IF VAPED IN PAST 30 DAYS: Student used a flavored e-cigarette in the past 30 days^						
No	0%	14%	50%	10%	0%	7%
Yes	100%	86%	50%	90%	100%	93%
IF SMOKED CIGARETTE IN PAST 30 DAYS: Student smoked a flavored (i.e., menthol) cigarette in the past 30 days						
No	0%	50%	100%	33%	40%	40%
Yes	0%	50%	0%	67%	60%	60%
IF SMOKED CIGAR IN PAST 30 DAYS: Student smoked a flavored cigar in the past 30 days						
No	100%	100%	0%	100%	75%	67%
Yes	0%	0%	100%	0%	25%	33%
IF USED SMOKELESS TOBACCO IN PAST 30 DAYS: Student used flavored smokeless tobacco in the past 30 days						
No	0%	0%	100%	100%	100%	100%
Yes	0%	100%	0%	0%	0%	0%
IF USED HOOKAH IN PAST 30 DAYS: Student used flavored hookah in the past 30 days						
No	100%	100%	0%	0%	0%	67%
Yes	0%	0%	0%	0%	0%	33%
IF PAST 30 DAYS TOBACCO USE: Student used a flavored tobacco product in the past 30 days^^						
No	25%	14%	33%	10%	33%	13%
Yes	75%	86%	67%	90%	67%	87%

* 5th grade survey did not ask these questions.

^ Tobacco-flavor is excluded from the definition of flavored e-cigarettes.

^^ This is a computed variable based on combinations of responses to two or more survey items.

TABLE 36
ACCESS TO E-CIGARETTES*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
IF VAPED IN PAST 30 DAYS: When you vaped or used an e-cigarette during the last 30 days, how did you get it? (Mark ALL that apply)						
I bought it at stores other than vape/tobacco shops (e.g., gas stations, convenience stores, grocery stores, discount stores, drug stores)^	0%	0%	50%	0%	0%	14%
I bought it on the internet	0%	0%	0%	0%	0%	0%
I bought it at vape shops or other stores that sell only e-cigarettes	0%	14%	0%	0%	20%	14%
I got it from friends	33%	57%	50%	40%	40%	57%
I got it from my parents or other family members^	0%	14%	0%	20%	0%	29%
I got it by getting someone else to buy it for me	0%	29%	0%	30%	20%	36%
I took it from my home or a friend's home^	0%	0%	0%	0%	0%	29%
I got it some other way	33%	29%	0%	40%	40%	29%
I got it at parties^	33%	0%	0%	0%	20%	36%

* 5th grade survey did not ask this question.

^ New response option in 2025.

TABLE 37
EXPOSURE TO SECONDHAND SMOKE AND SECONDHAND AEROSOL*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

No data in this table.

* Only the 5th grade survey asked these questions.

TABLE 38
ALCOHOL USE FREQUENCY AND QUANTITY*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the past 12 months, have you used the following?^						
...Alcoholic beverages to drink	1%	6%	4%	7%	14%	16%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?^^						
0 days	99%	98%	98%	96%	91%	88%
1-19 days	1%	2%	2%	4%	9%	11%
20 or more days	0%	0%	0%	0%	0%	1%
During the last 12 months, on how many occasions have you had alcoholic beverages to drink?^^						
0	98%	94%	96%	92%	85%	80%
1-2	2%	4%	4%	3%	8%	10%
3-9	1%	2%	1%	4%	3%	4%
10 or more	0%	0%	0%	2%	3%	6%
If you drink beer/wine/wine coolers/liquor, generally how much do you drink at one time?						
No alcohol use	98%	95%	96%	92%	85%	81%
1 glass/can/drink	2%	4%	2%	3%	7%	7%
2 glasses/cans/drinks	0%	0%	2%	3%	2%	5%
3 glasses/cans/drinks	0%	1%	0%	1%	2%	2%
4 glasses/cans/drinks	0%	0%	0%	0%	1%	2%
5 or more glasses/cans/drinks	0%	0%	0%	1%	4%	2%
Binge drinking (4 or more drinks in a row (females) or 5 or more drinks in a row (males) within a couple of hours)^^^						
0 days	100%	99%	99%	98%	96%	95%
1 to 19 days	0%	1%	0%	2%	3%	5%
20 or more days	0%	0%	1%	0%	1%	1%

* 5th grade survey did not ask these questions.

^ New question in 2025.

^^ Change in response options from 2022.

^^^ This is a computed variable based on combinations of responses to two or more survey items.

TABLE 39
ACCESS TO ALCOHOL*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS						
When you used alcohol during the last 30 days, how did you get it? (Mark ALL that apply)						
I bought it at bars or restaurants or stores other than liquor stores (e.g., gas stations, convenience stores, grocery stores, discount stores, drug stores)^	0%	0%	0%	0%	0%	0%
I bought it at liquor stores or other stores that sell only alcohol	0%	0%	0%	0%	0%	0%
I bought alcohol on the internet	0%	0%	0%	0%	9%	10%
I got alcohol from friends	0%	25%	50%	0%	18%	57%
I got alcohol from my parents or other family members^	0%	75%	0%	12%	9%	38%
I got alcohol by getting someone else to buy it for me	0%	0%	0%	0%	9%	19%
I got alcohol at parties	0%	0%	0%	0%	27%	24%
I took alcohol from my home or a friend's home^	50%	25%	0%	12%	9%	24%
I got alcohol some other way	50%	25%	50%	75%	27%	33%

* 5th grade survey did not ask these questions.

^ New response option in 2025.

TABLE 40
USE OF MARIJUANA*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the past 12 months, have you used the following?^						
...Marijuana (pot, weed) or hashish (hash, hash oil) (Do NOT count medical marijuana prescribed for you by a doctor)	2%	2%	1%	6%	7%	13%
During the last 30 days, on how many days did you use marijuana?^^						
0 days	99%	98%	99%	95%	90%	89%
1-19 days	1%	2%	1%	4%	6%	7%
20 or more days	1%	0%	1%	1%	4%	5%
IF EVER USED MARIJUANA, how old were you when you tried marijuana for the first time?^						
8 years old or younger	14%	0%	25%	5%	12%	4%
9 or 10 years old	14%	17%	0%	11%	6%	4%
11 or 12 years old	29%	50%	25%	26%	6%	7%
13 or 14 years old	29%	33%	25%	53%	18%	26%
15 or 16 years old	0%	0%	0%	5%	47%	56%
17 years old or older	14%	0%	25%	0%	12%	4%
IF USED MARIJUANA IN THE PAST 30 DAYS, in which ways did you use marijuana or other THC-containing products (e.g., edibles, beverages)? (Mark ALL that apply)^						
Smoke it (for example, in a joint, bong, pipe, or blunt)	50%	60%	50%	89%	64%	72%
Eat it (for example, in gummies, brownies, cakes, cookies, or candy)	50%	0%	50%	44%	36%	28%
Drink it (for example, in seltzers, tea, cola, or alcohol)	0%	0%	100%	11%	27%	6%
Vape it (for example, in an e-cigarette-like vaporizer or another vaporizing)	50%	60%	0%	67%	36%	50%
Dab it (for example, using a dabbing rig, knife, or dab pen)	0%	0%	0%	0%	9%	17%
Use it some other way	0%	0%	0%	0%	36%	11%

* 5th grade survey did not ask these questions.

^ New question in 2025.

^^ Change in response options from 2022.

TABLE 41
ACCESS TO MARIJUANA**
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

INCLUDES ONLY THOSE WHO USED MARIJUANA IN THE LAST 30 DAYS	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
When you used marijuana or other THC-containing products (e.g., edibles, beverages) during the last 30 days, how did you get it? (Mark ALL that apply)						
I bought it at dispensaries or other stores that sells only marijuana and other THC-containing products	0%	0%	0%	0%	9%	0%
I bought it at bars or restaurants or stores other than dispensaries (e.g., gas stations, convenience stores, grocery stores, discount stores, drug stores)	50%	0%	0%	11%	18%	0%
I bought it on the internet	0%	0%	0%	11%	0%	6%
I got it from friends	0%	67%	50%	44%	27%	72%
I got it from my parents or other family members	0%	33%	50%	33%	9%	11%
I got it by getting someone else to buy it for me	0%	0%	0%	22%	0%	33%
I got it at parties	0%	0%	0%	0%	0%	11%
I took it from my home or a friend's home	0%	33%	0%	11%	9%	6%
I got it some other way	50%	33%	0%	44%	55%	33%

* 5th grade survey did not ask these questions.

^ New question in 2025.

TABLE 42
PRESCRIPTION AND OVER-THE-COUNTER DRUG USE*[^]
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the past 12 months, have you used the following?^						
...Over-the-counter drugs such as cough syrup, cold medicine, or diet pills that you took only to get high	2%	2%	3%	1%	1%	1%
...Prescription stimulants such as Amphetamines or diet pills, without a doctor's prescription or differently than how a doctor told you to use it	1%	0%	1%	0%	1%	1%
...Prescription ADHD or ADD drugs (Ritalin, Adderall, hyper pills), without a doctor's prescription or differently than how a doctor told you to use it	3%	1%	3%	2%	2%	1%
...Prescription pain relievers (OxyContin, Percocet, Vicodin, or others), without a doctor's prescription or differently than how a doctor told you to use it	3%	2%	3%	2%	3%	1%
...Prescription tranquilizers (Valium, Xanax, Klonopin, Ativan, anxiety pills, sedatives, or benzos (downers)), without a doctor's prescription or differently tha	4%	3%	5%	4%	2%	3%

* 5th grade survey did not ask these questions.

^ Change in response options from 2022.

TABLE 43
OTHER DRUG AND INHALANT USE*^
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the past 12 months, have you used the following?^						
...Sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high	3%	2%	7%	2%	2%	1%
...LSD (acid), PCP (wet sticks or dipped joints) or other psychedelics (mushrooms, angel dust)	1%	0%	1%	0%	2%	2%
...MDMA (E, X, ecstasy, Molly), GHB (G, Liquid E, Liquid X, roofies), or Ketamine (Special K)	2%	0%	2%	0%	2%	1%
...Crack, coke, or cocaine in any form	3%	1%	2%	1%	1%	2%
...Heroin (smack, junk, China White)	1%	0%	2%	0%	1%	1%
...Methamphetamine (meth, glass, crank, crystal meth, ice)	2%	0%	1%	0%	0%	1%
...Synthetic marijuana (K2, Gold) that you took only to get high	1%	0%	2%	0%	0%	1%
...Any other synthetic drugs such as bath salts (Ivory Wave, White Lightning) that you took only to get high	1%	0%	1%	0%	2%	0%

* 5th grade survey did not ask these questions.

^ Change in response options from 2022.

TABLE 44
PERCEIVED RISK OF HARM FROM SUBSTANCE USE*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

How much do you think people risk harming themselves physically or in other ways if they...	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
...smoke one or more packs of cigarettes per day?						
No risk	33%	18%	29%	20%	30%	20%
Slight risk	9%	10%	11%	10%	9%	9%
Moderate risk	16%	23%	18%	18%	14%	25%
Great risk	42%	49%	42%	51%	46%	46%
...have five or more drinks of an alcoholic beverage once or twice per week?						
No risk	31%	17%	29%	20%	29%	20%
Slight risk	11%	11%	8%	10%	10%	11%
Moderate risk	20%	27%	19%	27%	25%	29%
Great risk	38%	44%	43%	43%	35%	41%
...use marijuana once or twice per week?						
No risk	38%	23%	34%	27%	38%	30%
Slight risk	15%	16%	16%	25%	20%	27%
Moderate risk	20%	23%	17%	19%	18%	23%
Great risk	28%	39%	33%	28%	23%	20%
...use prescription drugs not prescribed for them?						
No risk	34%	18%	32%	18%	30%	19%
Slight risk	8%	4%	6%	9%	9%	7%
Moderate risk	15%	26%	17%	30%	13%	27%
Great risk	43%	53%	45%	43%	49%	47%
...vape or use e-cigarettes?						
No risk	32%	18%	31%	20%	28%	19%
Slight risk	9%	13%	15%	17%	11%	12%
Moderate risk	20%	33%	18%	29%	25%	35%
Great risk	40%	36%	36%	34%	36%	33%

* 5th grade survey did not ask these questions.

TABLE 45A
PERCEPTIONS OF PARENTS' DISAPPROVAL OF SUBSTANCE USE*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
How wrong do your PARENTS feel it would be for you to...	%	%	%	%	%	%
...smoke cigarettes?						
Not at all wrong	12%	5%	12%	6%	15%	6%
A little bit wrong	2%	5%	4%	3%	4%	8%
Wrong	9%	14%	10%	14%	16%	23%
Very wrong	76%	76%	74%	76%	66%	63%
...have one or more drinks of an alcoholic beverage nearly every day?						
Not at all wrong	12%	6%	14%	5%	14%	8%
A little bit wrong	3%	7%	5%	9%	7%	4%
Wrong	12%	14%	9%	16%	16%	24%
Very wrong	73%	74%	73%	70%	63%	64%
...use marijuana?						
Not at all wrong	13%	6%	11%	8%	18%	11%
A little bit wrong	5%	5%	5%	4%	9%	12%
Wrong	7%	12%	7%	17%	17%	22%
Very wrong	75%	77%	77%	70%	56%	54%
...use prescription drugs not prescribed for you?						
Not at all wrong	12%	5%	14%	5%	15%	6%
A little bit wrong	4%	2%	3%	3%	4%	3%
Wrong	9%	14%	4%	13%	12%	13%
Very wrong	74%	79%	79%	79%	69%	77%
...vape or use e-cigarettes?						
Not at all wrong	13%	5%	12%	7%	14%	8%
A little bit wrong	5%	6%	3%	3%	6%	6%
Wrong	9%	15%	6%	14%	17%	18%
Very wrong	73%	75%	79%	76%	63%	68%

* 5th grade survey did not ask these questions.

TABLE 45B
PERCEPTIONS OF FRIENDS' DISAPPROVAL OF SUBSTANCE USE*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
How wrong do your FRIENDS feel it would be for you to...	%	%	%	%	%	%
...smoke cigarettes?						
Not at all wrong	16%	7%	17%	8%	14%	14%
A little bit wrong	2%	5%	5%	11%	15%	11%
Wrong	20%	29%	19%	23%	21%	25%
Very wrong	63%	59%	59%	58%	50%	50%
...have one or more drinks of alcoholic beverage nearly every day?						
Not at all wrong	15%	9%	17%	8%	16%	11%
A little bit wrong	4%	4%	8%	10%	15%	12%
Wrong	21%	26%	16%	23%	24%	26%
Very wrong	61%	61%	59%	60%	45%	51%
...use marijuana?						
Not at all wrong	16%	9%	18%	9%	22%	20%
A little bit wrong	6%	5%	6%	13%	19%	20%
Wrong	17%	24%	15%	16%	18%	18%
Very wrong	61%	62%	61%	61%	42%	42%
...use prescription drugs not prescribed for you?						
Not at all wrong	15%	7%	17%	8%	12%	7%
A little bit wrong	4%	5%	5%	5%	6%	5%
Wrong	18%	21%	14%	19%	25%	24%
Very wrong	63%	67%	63%	68%	57%	64%
...vape or use e-cigarettes?						
Not at all wrong	16%	8%	17%	10%	17%	19%
A little bit wrong	4%	7%	6%	12%	17%	13%
Wrong	18%	26%	20%	22%	22%	21%
Very wrong	62%	59%	57%	56%	44%	48%

* 5th grade survey did not ask these questions.

TABLE 46
PERCEPTIONS ABOUT ALCOHOL USE*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
How do you feel about each of the following statements? - Parents and other adults should clearly communicate with their children about the importance of not using alcohol.						
Strongly agree	65%	56%	58%	58%	57%	53%
Agree	18%	25%	21%	26%	26%	35%
Neither agree nor disagree	5%	10%	6%	10%	8%	7%
Disagree	3%	2%	3%	3%	2%	2%
Strongly disagree	9%	5%	12%	3%	6%	2%
How do you feel about each of the following statements? - Drinking alcohol is never a good thing for anyone my age to do.						
Strongly agree	68%	60%	67%	59%	47%	51%
Agree	11%	23%	11%	21%	29%	27%
Neither agree nor disagree	8%	8%	9%	13%	13%	15%
Disagree	2%	2%	2%	3%	4%	2%
Strongly disagree	11%	6%	12%	4%	7%	5%
In your opinion, how do you think MOST STUDENTS in your school feel about each of the following statements? - Parents and other adults should clearly communicate with their children about the importance of not using alcohol.						
Strongly agree	46%	29%	44%	30%	34%	25%
Agree	28%	42%	25%	35%	40%	37%
Neither agree nor disagree	16%	19%	17%	28%	16%	29%
Disagree	3%	6%	6%	4%	4%	6%
Strongly disagree	6%	5%	6%	3%	6%	3%
In your opinion, how do you think MOST STUDENTS in your school feel about each of the following statements? - Drinking alcohol is never a good thing for anyone my age to do.						
Strongly agree	45%	30%	44%	28%	28%	21%
Agree	22%	35%	24%	29%	35%	29%
Neither agree nor disagree	21%	21%	19%	28%	21%	33%
Disagree	4%	9%	4%	10%	10%	12%
Strongly disagree	8%	5%	9%	6%	7%	5%

* 5th grade survey did not ask these questions.

TABLE 47A
USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

How often do you use each of the following?	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
Tobacco (cigarettes, chew) ^						
Never	97%	97%	94%	92%	92%	90%
Tried once or twice	1%	2%	2%	6%	4%	6%
Once or twice a month	1%	1%	1%	0%	2%	3%
Once a week	1%	0%	2%	1%	0%	1%
Daily	1%	1%	2%	1%	2%	1%
Alcohol (beer, wine, liquor) ^						
Never	95%	87%	87%	85%	81%	71%
Tried once or twice	3%	11%	9%	9%	10%	18%
Once or twice a month	1%	2%	1%	5%	8%	7%
Once a week	0%	1%	2%	1%	1%	3%
Daily	1%	0%	2%	1%	1%	1%
Marijuana (pot, hash, hash oil) ^						
Never	96%	97%	93%	92%	88%	84%
Tried once or twice	2%	1%	3%	3%	4%	8%
Once or twice a month	0%	0%	1%	0%	4%	2%
Once a week	1%	1%	2%	3%	0%	0%
Daily	1%	1%	2%	1%	5%	6%
Vaping device or e-cigarette with nicotine ^						
Never	96%	93%	91%	86%	90%	85%
Tried once or twice	3%	5%	5%	7%	5%	7%
Once or twice a month	0%	1%	2%	3%	2%	2%
Once a week	1%	1%	1%	0%	0%	1%
Daily	1%	1%	2%	3%	3%	5%
Vaping device or e-cigarette with marijuana, THC or hash oil, or THC wax ^						
Never	97%	96%	94%	91%	88%	88%
Tried once or twice	1%	2%	2%	5%	4%	4%
Once or twice a month	1%	1%	1%	1%	3%	3%
Once a week	0%	0%	2%	2%	1%	1%
Daily	1%	2%	2%	1%	4%	4%
IF USED ALCOHOL AND MARIJUANA: In the last year, how often did you use alcohol and marijuana or other THC-containing products (e.g., edibles, beverages) at the same time? ^ ^						
Usually	0%	0%	0%	0%	25%	38%
Sometimes	0%	100%	0%	71%	38%	31%
Never	100%	0%	0%	29%	38%	31%

* 5th grade survey did not ask these questions.

^ Change in response options from 2022.

^^ New question in 2025.

TABLE 47B
PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

In your opinion, how often do you think MOST STUDENTS in your school use each of the following?	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
Tobacco (cigarettes, chew) ^						
Never	75%	53%	61%	45%	54%	43%
Tried once or twice	20%	31%	22%	30%	20%	28%
Once or twice a month	3%	7%	10%	13%	10%	12%
Once a week	1%	5%	5%	6%	9%	7%
Daily	2%	3%	2%	6%	8%	10%
Alcohol (beer, wine, liquor) ^						
Never	76%	46%	59%	38%	44%	25%
Tried once or twice	16%	39%	22%	26%	18%	28%
Once or twice a month	3%	8%	10%	22%	18%	27%
Once a week	3%	5%	7%	6%	14%	16%
Daily	2%	2%	2%	8%	6%	5%
Marijuana (pot, hash, hash oil) ^						
Never	79%	57%	65%	46%	43%	27%
Tried once or twice	13%	25%	18%	18%	18%	24%
Once or twice a month	3%	7%	7%	13%	10%	14%
Once a week	2%	3%	5%	8%	15%	17%
Daily	3%	8%	6%	13%	13%	19%
Vaping device or e-cigarette with nicotine ^						
Never	59%	28%	47%	30%	36%	21%
Tried once or twice	21%	34%	20%	19%	15%	20%
Once or twice a month	10%	10%	8%	12%	9%	13%
Once a week	5%	12%	9%	8%	17%	12%
Daily	6%	17%	16%	32%	24%	35%
Vaping device or e-cigarette with marijuana, THC or hash oil, or THC wax ^						
Never	71%	45%	57%	40%	41%	25%
Tried once or twice	15%	25%	20%	17%	15%	21%
Once or twice a month	7%	12%	10%	13%	9%	11%
Once a week	3%	7%	6%	8%	17%	15%
Daily	4%	12%	7%	22%	18%	28%

* 5th grade survey did not ask these questions.

^ Change in response options from 2022.

TABLE 48A
CONSEQUENCES OF SUBSTANCE USE*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
During the last 12 months ...	%	%	%	%	%	%
IF USED: Have you found that you had to use a lot more alcohol or drugs than before to get the same effect?						
Yes	20%	10%	19%	20%	17%	19%
No	80%	90%	81%	80%	83%	81%
IF USED: Have you tried to cut down on your use of alcohol or drugs but couldn't?						
Yes	8%	7%	13%	8%	11%	14%
No	92%	93%	87%	92%	89%	86%
IF USED: Have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?						
Yes	17%	13%	13%	18%	14%	15%
No	83%	87%	87%	82%	86%	85%
IF USED: Were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't resist or could not think of anything else?						
Yes	12%	21%	19%	28%	19%	23%
No	88%	79%	81%	72%	81%	77%
IF USED: How many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?						
0 times	76%	85%	81%	74%	76%	83%
1 time	8%	6%	6%	8%	15%	4%
2 times	0%	3%	3%	5%	3%	4%
3 or more times	16%	6%	10%	13%	6%	9%
IF USED: How many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?						
0 times	88%	94%	86%	74%	85%	83%
1 time	0%	6%	3%	18%	6%	2%
2 times	0%	0%	3%	3%	6%	9%
3 or more times	12%	0%	7%	5%	3%	7%
IF USED: How many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?						
0 times	75%	94%	89%	85%	91%	87%
1 time	0%	3%	0%	8%	9%	4%
2 times	8%	3%	7%	3%	0%	2%
3 or more times	17%	0%	4%	5%	0%	7%

* 5th grade survey did not ask these questions.

TABLE 48B
CONSEQUENCES OF SUBSTANCE USE*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
During the last 12 months ...						
IF USED: How many times have you driven a motor vehicle after using alcohol or drugs?**						
0 times			86%	92%	91%	82%
1 time			3%	3%	9%	7%
2 times			0%	0%	0%	2%
3 or more times			10%	5%	0%	9%
IF USED: How many times have you hit someone or become violent while using alcohol or drugs?						
0 times	88%	97%	83%	90%	97%	93%
1 time	0%	0%	3%	5%	3%	4%
2 times	0%	3%	7%	0%	0%	2%
3 or more times	12%	0%	7%	5%	0%	0%
IF USED: How many times have you used so much alcohol or drugs that the next day you could not remember what you had said or done?						
0 times	87%	87%	79%	76%	85%	76%
1 time	4%	7%	7%	11%	6%	4%
2 times	0%	7%	7%	3%	6%	7%
3 or more times	9%	0%	7%	11%	3%	13%
IF USED: How many times have you used more alcohol or drugs than you intended to?						
0 times	83%	90%	86%	74%	82%	82%
1 time	0%	7%	7%	16%	6%	2%
2 times	0%	3%	3%	5%	6%	2%
3 or more times	17%	0%	3%	5%	6%	13%
IF USED: How many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?						
0 times	92%	82%	84%	67%	69%	79%
1 time	4%	3%	9%	13%	17%	4%
2 times	0%	12%	0%	8%	3%	2%
3 or more times	4%	3%	6%	13%	11%	15%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

TABLE 49
SEXUAL BEHAVIOR*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade			
	9th		11th	
	Male	Female	Male	Female
	%	%	%	%
Have you ever had sex?				
Yes	6%	8%	22%	25%
No	94%	92%	78%	75%
IF EVER HAD SEX: During the last 12 months, how many different partners have you had sex with?^				
None	97%	93%	79%	81%
1 person	2%	4%	12%	13%
2 persons	0%	3%	3%	4%
3 persons	0%	1%	1%	3%
4 or more persons	1%	0%	5%	0%
IF EVER HAD SEX: Did you drink alcohol or use drugs before you had sex the LAST time?				
Yes	25%	13%	19%	28%
No	75%	87%	81%	72%

* 5th and 8th grade surveys did not ask these questions.

^ Change in response option from 2022.

TABLE 50
PREVENTION OF PREGNANCY AND INFECTION*
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade			
	9th		11th	
	Male	Female	Male	Female
	%	%	%	%
INCLUDES ONLY THOSE WHO HAVE EVER HAD SEX				
Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?				
Never	71%	7%	24%	28%
Not with every partner	14%	7%	8%	14%
At least once with every partner	14%	73%	56%	47%
Does not apply to me^	0%	13%	12%	11%
Have you talked with your partner(s) about preventing pregnancy?				
Never	75%	13%	13%	14%
Not with every partner	0%	13%	9%	3%
At least once with every partner	25%	60%	52%	71%
Does not apply to me^	0%	13%	26%	11%
The LAST time you had sex, what method or methods did you or your partner use to prevent pregnancy? (Mark ALL that apply)				
No method was used to prevent pregnancy	14%	7%	9%	12%
Birth control pills	0%	29%	23%	15%
Condoms	0%	50%	50%	41%
Birth control shot, ring, or patch^^	0%	0%	5%	15%
Implant or IUD^^	0%	0%	5%	15%
Withdrawal	29%	7%	18%	21%
Not sure	29%	7%	13%	11%
Not applicable	29%	7%	17%	14%
The LAST time you had sex, did you or your partner use a condom or dental dam (barrier)?^^^				
Yes	50%	60%	62%	43%
No	50%	40%	38%	57%

* 5th and 8th grade surveys did not ask these questions.

^ New response option in 2025.

^^ Change in response option wording from 2022.

^^^ Change in question wording from 2022.

TABLE 51
RESOURCES IN THE HOME (PROXY FOR SES)^
I DON'T DESCRIBE MYSELF IN ANY OF THESE WAYS

	Grade					
	8th		9th		11th	
	Male	Female	Male	Female	Male	Female
	%	%	%	%	%	%
About how many books are there in your home?						
Few (0-10)	27%	27%	27%	24%	27%	28%
Enough to fill one shelf (11-25)	23%	21%	26%	25%	23%	21%
Enough to fill one bookcase (26-100)	27%	30%	25%	27%	28%	28%
Enough to fill several bookcases (more than 100)	22%	23%	21%	24%	22%	23%
Do you have any of the following in your home?						
...Access to the internet	96%	96%	96%	95%	98%	97%
...Your own bedroom	81%	80%	83%	84%	89%	87%
...A desktop or laptop computer (including Chromebooks) that you can use	73%	77%	81%	83%	88%	86%
...A tablet (for example, Surface Pro, iPad, Kindle Fire) that you can use	54%	65%	58%	66%	59%	58%
...A smartphone (for example, iPhone, Samsung Galaxy, HTC One) that you can use	88%	91%	89%	94%	94%	99%

^ Source: National Assessment of Educational Progress (NAEP)
 (https://nces.ed.gov/nationsreportcard/pdf/researchcenter/socioeconomic_factors.pdf).