Supporting New Parents with Infant Feeding in the First Week

Enhance your breastfeeding knowledge and skills through this interactive 2-hour course.

Topics to include:

The Golden Hour

Infant Latch

Milk Transfer

Normal Newborn Feeding Issues

Normal Infant Behavior

Promoting Self-Efficacy in Breastfeeding



Date: September 16, 2024

Three sessions to choose from

9-11am, 1-3pm, or 4-6pm

This event is free of charge and is open to breastfeeding educators, hospital, and medical clinic staff. Nursing contact hours to be provided. LCERPs have been applied for.

Presenter - Joanne Wesley, BA, IBCLC. Experienced in lactation support in both the in-patient and out-patient setting and past Minnesota Breastfeeding Coalition presenter.

Location: Mercy Hospital Auditorium 4050 Coon Rapids Blvd Coon Rapids, MN 55433

To register contact: <u>Lisa.White@anokacountymn.gov</u>

Sponsored by Coffective and Anoka County WIC in partnership with Mercy

Please select one session to attend. The same content will be offered at each session.