



Agenda

USDA WIC Breastfeeding Training Level 4B & 4C: Skills Day

August 15th, 2024
45140 Thielman Lane, Suite 101
St. Cloud, MN

- 8:30 AM Registration**
- 8:45 AM Introductions**
- 9:00 AM Skills Station**
- 10:30 AM Break**
- 10:45 AM Chat Stations**
- 12:15 PM Lunch**
- 1:15 PM Skills Station**
- 2:45 PM Break**
- 3:00 PM Build Your Own Breastfeeding Case Study**
- 4:00 PM Case Study Presentations**
- 4:30 PM Reflections**
- 4:45 PM Confidence & Motivation Rulers**
- 5:00 PM Adjourn**

Skills Stations topics include- Positioning and Latch, Pumps, Bottle feeding, and Supplemental feeding options.