

# Some- or Non-Breastfeeding: Food Package 6

\* Green highlight indicates a change

Food item	New Default Food Package	Options	Previous Default Amount
Cereal	36 oz	---	no change
Cheese	1 lb	<b>OR:</b> 3 qt milk if no cheese	no change
Eggs*	1 doz	<b>OR:</b> 1 Peanut Butter/Beans option if no eggs	no change
Milk Fat Free or 1%	12 qt	<b>OR:</b> 1 lb. tofu for each 1 qt milk <b>Choose at the store:</b> Cow's milk Lactose free milk Soy beverage Goat milk Powdered milk Evaporated milk Evaporated goat milk	no change
Fruits & Vegetables	\$48	<b>Choose at the store:</b> Fresh / Frozen / Canned	no change
Tuna / Salmon*	10 oz	<b>Choose at the store:</b> cans or pouches	no tuna/salmon
Whole Grains	48 oz	<b>Choose at the store:</b> Bread                      Pasta Gluten free bread      Brown rice Pasta                        Wild rice Corn and Wheat Tortillas	no whole grains
Juice*	1 (64 oz) juice	\$3 CVB	2 (12 oz) frozen juice
Peanut Butter/ Sun Butter or Canned Beans or Dry Beans	1 Peanut Butter/Beans option	<b>Choose option at the store:</b> 16-18 oz jar or 64 oz (4 cans) beans or 1 lb dry beans	no change
Yogurt*	1 qt	1 qt additional milk if no yogurt or 2 qt yogurt replacing 2 qt milk	1 qt

## Transition Tips

During the transition through June, some new food items may not display correctly. Always double check the food package before issuing benefits.

- **Eggs** – check that the correct quantity is shown.
- **Juice** – check that the correct quantity is shown.
- **\$3 CVB in place of Juice** - Remove the juice. Then edit the CVB by typing in “5100 cents”.

Frozen Juice:

- Not available in June.
- Starting in July, participants with the (1) 64 oz juice item on their benefit will be able to purchase (1) 11.5-12 oz frozen juice at the store. (makes 48 oz)

Refer to the Winnie [Update Document - Phase 3 Food Package Changes](#) for more information.