

Infant Food Packages

Intro

This HuBERT on-demand training module is provided by...

Intro1

...the MN Department of Health WIC Program. It provides an overview of infant food packages.

Issuance Basics

Basics

We are going to begin this module with a quick overview of some basic benefit issuance concepts and definitions since these will be needed to understand some of the information.

The issuance cycle refers to the first and last dates that the WIC Card can be used to purchase a set of food benefits issued to a household.

It's usually the same dates every month.

Issuance Cycle

For example, if the benefit set cycle is the 13th to the 12th, as shown here, the November benefits begin on November 13th and end on December 12th, the December benefits begin on December 13th and end on January 12th, and the January benefits begin on January 13th and end on February 12th.

PFDTU

The Printed First Date to Use, or PFDTU, is the first date of their cycle. Whatever month and year are represented by the PFDTU are the month and year the benefits were issued for.

PFDTU1

If the PFDTU is November 13th, 2018, the benefits were issued for November 2018.

Late Issuance

Late issuance means any benefits issued on any date after the PFDTU for that month.

If the cycle is the 13th to the 12th, and November benefits are issued on any date after November 13th up to December 12th, the benefits are considered late issuance for November.

The PFDTU remains unchanged. It is still November 13th regardless of the date the benefits were issued.

Fully Breastfeeding Infants

FBF Show Details

The Burr household has a benefit cycle that begins on the 13th and ends on the 12th each month.

<no audio> Click on **Tim Burr's** row to highlight it.

FBF Show Details1

No benefits have yet been issued to Tim who was certified on December 18th.

Go ahead and open his folder.

<no audio – no hints> Double-click on Tim Burr's row.

OR

<no audio – no hints> Click the **Open Participant Folder** icon.

FBF Demo

Tim Burr is a 4-and-1/2 month old infant born on November 28th.

<no audio> Click the **Health Information** tab.

FBF Health Info

And he's fully breastfed.

<no audio> Click the **Risk Factors** tab.

FBF RF

He was certified with three risk factors applicable to infants only.

<no audio> Click the **Food Prescription** tab.

FBF FP

<no audio> Click the **plus** next to 05/28/2019.

FBF FP1

Fully breastfed infants do not receive any formula from WIC.

Like all infants, they start receiving food benefits with infant foods on them once they are 6 months old and a cash-value benefit for fruits and vegetables once they are 9 months old.

So when Tim was certified, HuBERT auto-generated a food package that starts on his 6-month and 9-month birth date.

FBF FP2

Only FBF infants receive infant meats starting at 6 months.

They also receive double the amounts of infant fruits and vegetables compared to other infants.

FBF FP3

At 9 months, they begin to receive the cash value benefit, which is also double the amount of other infants, and replaces half the jars of infant fruits and vegetables.

FBF Issuance

One thing to note, the infant's 6-month birthday must be on or before the Printed First Date to Use to receive the first set of benefits with foods on them.

Since Tim's birthday is the 28th, and his cycle begins on the 13th, he will begin to receive benefits with foods on them in June.

Even if he picks up late, say, on June 3 (after his 6-month birthday) his May benefits will not have food on them because it's where his 6-month birthday falls relative to the Printed First Date to Use, not the date his benefits are issued.

FBF1 Demo

Billy Clubb is a 6 month old infant born on October 8th.

<no audio> Click the **Health Information** tab.

FBF1 Health Info

He is also fully breastfed infant.

<no audio> Click the **Risk Factors** tab.

FBF1 RF

Billy was certified with 3 risk factors also, but risk factor 142 is applicable for infants and **children up to 2** years old.

<no audio> Click the **Food Prescription** tab.

FBF1 FP

<no audio> Click the **plus** next to 07/08/2019.

FBF1 FP1

<no audio> Click the **plus** next to 04/08/2019.

FBF1 FP2

Billy has 3 food prescriptions, the last one a child's food package.

HuBERT will auto-suggest the child food package beginning on the infant's first birth date if a risk factor also applicable to children is assigned.

FBF1 Issuance

If Billy's benefit cycle is the 22nd to the 21st each month, which month will he start receiving benefits with foods on them? Click on the correct month.

FBF1 Issuance Answer

Since Billy's 6-month birth date, April 8, must fall on or before the Printed First Date to Use to receive foods for that month, he will receive infant foods beginning April 22nd.

FBF1 Issuance1

What if Billy picks up his benefits for March on April 10th? Then which month will he start receiving benefits with foods on them? Click on the correct month.

FBF1 Issuance1 Answer

Same rule applies: Billy's 6-month birth date must be on or before the Printed First Date to Use for that month. Even if issued benefits late for March on April 10th, after his 6-month birth date on April 8th, his PFDTU for March is March 22nd, which is **before** his 6-month birth date. So, he won't begin receiving food until his April benefits.

Breastfeeding & Formula Supplementation

BF & Formula

Women who are breastfeeding may also request formula from WIC.

Part of our job at WIC is to promote breastfeeding and to minimize formula use by our breastfeeding mothers whenever possible.

When a breastfeeding mom asks for formula, we should always take the time to assess why mom feels the need for formula and to address any underlying issues or concerns that may be making mom feel this way.

BF Amount

The Breastfeeding Amount is based on the mother-baby dyad and defines the quantity of formula issued to the infant, which is dependent on their age.

Fully breastfeeding, as we saw earlier, means WIC is not providing any formula.

Mostly-breastfeeding means mom is breastfeeding and her infant is receiving a relatively small amount of formula.

Some some-breastfeeding means mom is breastfeeding but her infant is also receiving more formula than mostly-breastfeeding infants and may be receiving the maximum numbers of can we are able to provide each month.

Non-breastfeeding means mom is not breastfeeding at all and her infant is receiving the maximum amount of formula WIC can provide.

With breastfeeding moms, we should take the time to assess and discuss mom's needs and determine the lowest amount of supplemental formula that meets her needs.

Contract Guide

The MN WIC Contract Formula Amounts Guide, available on the MDH WIC website, provides the minimum and maximum number of cans allowed per breastfeeding amount and age category.

<no audio> Click when ready to continue.

Mostly-Breastfeeding Infants

MBF CGS

Today is April 9th and we are certifying Olive Branch, who was born on March 27th and is 13 days old.

<no audio> Click on **Health Information**.

MBF Health Info

We've completed mom's Health Information to ensure a two-way link was created, and the information has auto-populated for Olive.

We discussed how breastfeeding was going and determined that mom would like 1-2 cans of formula each month so for now, we've selected Mostly-Breastfeeding.

Go ahead and click **OK**...

<no audio> Click the **OK** button.

MBF CGS1

...and we'll complete the rest of the CGS sections.

MBF CGS2

Now let's take a look at Food Prescription.

<no audio> Click on **Food Prescription**.

MBF Select Formula

The **Select Formula** screen will open for all infants, except fully-breastfed (of course!), since we need to indicate what kind of formula HuBERT should use when creating the default food packages.

Contract formulas, are formulas provided by a company that WIC contracts with and receives rebates from for providing their formulas.

The quantity displayed is the minimum allowed based on the breastfeeding amount we selected in Health Information and the infant's age category.

We typically provide powdered formula to breastfeeding infants, and Similac Advance is fine with mom, so our formula is already highlighted.

Let's click OK to save our selection.

<no audio> Click **OK** or press the Enter key on the keyboard.

MBF FP

HuBERT has auto-suggested 5 infant default food packages plus the child food package.

Let's expand the infant food packages

<no audio> Click the **plus** next to 12/27/2019.

<no audio> Click the **plus** next to 09/27/2019.

<no audio> Click the **plus** next to 07/27/2019.

<no audio> Click the **plus** next to 04/27/2019.

<no audio> Click the **plus** next to 04/09/2019.

MBF FP1

Each DFP correlates with an infant age category: 0 to 1 month, 1 through 3 months, 4 through 5, 6 through 8, and 9 through 11 months.

And each Effective Date correlates with the date Olive's age changes to that category.

Contract Guide1

If we refer to the contract formula guide, we can see that the maximum number of cans allowed for a Mostly-BF infant, 01 to 1 month, receiving powdered Similac Advance is 1 can.

As long as Olive is considered Mostly-BF, we can only provide 1 can for this month.

The next time she receives formula, she will be in the next age category: 1 to 3 months and can receive anywhere from 1 can up to a max of 4 cans.

MBF FP2

After discussing further with mom, she decides that one can should be enough for this month but she would still like two for next month.

MBF FP3

HuBERT auto-suggests the minimum amount allowed based on breastfeeding amount and age category.

Which means we will need to edit her 1 through 3 months food package. Go ahead and do that.

<no audio – failure hint> Click the 04/27/19 Effective Date to select it and enable the Edit button.

MBF Edit

<no audio – failure hint> Click the **Edit** button.

MBF Edit1

<no audio – failure hint> Click the **Edit Food Item** button.

MBF Edit2

<no audio> use the spin arrows

<no audio – failure hint> Click the up spin arrow to increase the quantity.

<no audio – failure hint> Click OK or press the Enter key to save the new quantity.

MBF Edit3

<no audio – failure hint> Click the OK button.

MBF Edit 4

Let's verify our edit.

<no audio> Click the plus next to 04/27/2019.

Yep. 2 cans.

Let's expand the July food package.

<no audio> Click the plus next to 07/27/2019.

Notice that HuBERT does not update future food prescriptions with changes in quantity.

This provides us with the flexibility to adjust Olive's food package based on her actual supplementation needs.

We should open a dialogue every time we issue benefits to ensure we are issuing the appropriate amount of formula based on mom's needs and adjust the food package accordingly.

Some-Breastfeeding & Non-Breastfeeding Infants

SBF/NBF DFPs

The food packages for some and non-breastfeeding infants can be the same.

In the Contract Formula Guide, where Fully Formula Fed is the same as Non-Breastfeeding, the number of cans are found in the same columns.

Some breastfeeding has a range of minimum and maximum cans while non-breastfeeding is always the maximum number of cans.

As long as mom is breastfeeding at all, even if just once every 24 hours, the infant (and mom) should be considered some-breastfeeding.

SBF CGS

Today is April 9th and we are certifying Ginger Ale, who was born on March 25th and is 15 days old.

<no audio> Click on **Health Information**.

SBF Health Info

We discussed how breastfeeding was going and mom told us she only breastfed once or twice at night to get some extra bonding time since she was already back to work. We talked about what she thought she would need and mom indicated she would like as much formula as we can provide.

So, we selected Some-Breastfeeding for her Breastfeeding Amount

Go ahead and click **OK**...

<no audio> Click the **OK** button.

SBF CGS1

...and we'll complete the rest of the CGS sections.

SBF CGS2

Now let's take a look at Food Prescription.

<no audio> Click on **Food Prescription**.

SBF Select Formula

Powdered Similac Advance is fine with mom.

<no audio> Click the **OK** button or press the Enter key.

SBF FP

<no audio> Click the **plus** next to 09/25/2019.

SBF FP1

<no audio> Click the **plus** next to 07/25/2019.

SBF FP

<no audio> Click the **plus** next to 04/25/2019.

SBF FP

<no audio> Click the **plus** next to 04/09/2019.

SBF FP4

HuBERT has auto-suggested 5 infant default food packages, one for each age category, but no child food package (since there wasn't a risk factor applicable to a child).

SBF Contract Guide

Take a look at the Formula Contract Guide for Some-Breastfed Infants. Comparing the auto-suggested quantities, we can see that the minimum number of cans is suggested but unlike Mostly-Breastfeeding where the minimum quantity is always one for each age category, the minimum and maximum quantities for Some-Breastfeeding increases with each category until 6 through 11 months when it decreases.

SBF Minimum

Just like with Mostly-Breastfed infants, it may be necessary to increase the quantity suggested based on our discussion with mom before issuing benefits.

And in this instance, we would want to edit both the 4/9 and 4/25 food packages to the maximum of 9 cans per mom's request.

Go ahead and do that, starting with the 4/9 food package.

<no audio – failure hint> Click on 04/09/2019 to select/highlight and enable the Edit button.

<no audio – failure hint> Click the **Edit** button.

SBF Edit

<no audio – failure hint> Click the **Edit Food Item** button.

SBF Edit1

<no audio> Type 9 into the Quantity of Item field and click the OK button.

SBF Edit2

<no audio> Click the OK button.

SBF Edit3

<no audio – failure hint> Click on 04/25/2019 to select/highlight and enable the Edit button.

SBF Edit4

<no audio – failure hint> Click the **Edit** button.

SBF Edit5

<no audio – failure hint> Click the **Edit Food Item** button.

SBF Edit6

<no audio> Type 9 into the Quantity of Item field and click the OK button.

SBF Edit7

<no audio> Click the OK button.

SBF Edit8

And let's verify our edits.

<no audio> Click the **plus** next to 04/25/2019.

SBF Edit9

<no audio> Click the **plus** next to 04/09/2019.

SBF Future

Remember, best practice is to leave the future food packages as-is to ensure the amount of formula is tailored based on mom's breastfeeding needs when those food packages are issued.

End

Thank you for reviewing this HuBERT on-demand training module presented by the MN Department of Health WIC Program.