

Get to Know wichealth.org 2

OCTOBER 16, 2024

The Academy

The Academy is one of the many resources available on the wichealthsupport.org website. Wichealth Academy is a training tool designed to help WIC staff successfully implement and use wichealth.org and wichealthsupport.org in their organization.

Types of training courses on The Academy

- **Courses for learning about wichealth.org and wichealthsupport.org.** Nine training courses focus on different areas within wichealth and how staff can use the website to best serve participants. Some examples:
 - Theories and Models – The Science Behind wichealth.org
 - Nutrition Education – The Heart of wichealth.org
 - Let’s Take a Tour of wichealth.org.
- **Courses with on-demand pre-recorded videos** of wichealth trainings, webinars, and monthly coffee talks.
 - Wichealth – On Demand
- **Courses for WIC staff development.** One course is available, additional courses will be added in the future.
 - Promoting Healthy Weight: Guiding Obesity Conversations with Compassion

About the training courses

- **Available to all WIC staff.** See the October 9 [Get to know wichealth.org 1](#) memo for directions on how to access wichealthsupport.org.
- **On-demand.** Staff can complete courses of interest at any time, in any order.
- **Quick.** Courses describing wichealth.org and wichealthsupport.org are short, each one is about 5-25 minutes in length. Courses for staff development are longer and more detailed.
- **Certificate of completion.** Upon completion of each course, staff will receive a certificate. Courses are still available after completion and staff can return to a course for review.

Reminders

- The October 9 [Get to know wichealth.org 1](#) memo includes links to a pre-recorded wichealth webinar and MDH resources.

- Read future WIC Weekly Updates with in-depth information about each of the new features available on wichealth.org and wichealthsupport.org. Next week's memo will share ways staff can use wichealth.org and wichealthsupport.org for in-person and phone education.

Reference – Complete Listing of Hyperlinks

[Wichealth.org \(https://www.wichealth.org/\)](https://www.wichealth.org/)

[Wichealthsupport.org \(wichealthsupport.org\)](http://wichealthsupport.org)

[Get to Know wichealth.org 1](https://www.health.state.mn.us/docs/people/wic/localagency/nutrition/edchoice/gettoknow/wichealth.pdf)

[\(https://www.health.state.mn.us/docs/people/wic/localagency/nutrition/edchoice/gettoknow/wichealth.pdf\)](https://www.health.state.mn.us/docs/people/wic/localagency/nutrition/edchoice/gettoknow/wichealth.pdf)

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