

# MN WIC Formula Amounts Guide

## Maximum Amounts by Federal Regulations (09/01/2010)

UPDATED FEBRUARY 2012

**Mostly-Breastfed and Some-Breastfed are based on breastfeeding assessment.**

- Food Package (FP)
- \*Powder and Concentrate Formulas listed are “Reconstituted Ounces”

### Infants Mostly-Breastfed

Form	FP 1 & 3 0-1 mo.	FP 1 & 3 1-3 mo.	FP 1 & 3 4-5 mo.	FP 2 6-11 mo.	FP 3 6-11 mo. with Infant Foods	FP 3 6-11 mo. NO Infant Foods
Powder*	104	435	522	384	384	522
Concentrate*	104	364	442	312	312	442
Ready-to-Feed (RTF)	104	384	448	320	320	448

### Infants Some-Breastfed & Fully Formula Fed, Children & Women

Form	FP 1 & 3 0-3 mo.	FP 1 & 3 4-5 mo.	FP 2 6-11 mo.	FP 3 6-11 mo. with Infant Foods	FP 3 6-11 mo. NO Infant Foods	FP 3 Children	FP 3 Women
Powder*	870	960	696	696	960	910	910
Concentrate*	806	884	624	624	884	910	910
Ready-to-Feed (RTF)	832	896	640	640	896	910	910

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