

WIC Hemoglobin schedule

AUGUST 14, 2024

Sharing measurements with WIC

Did you know that health care providers (HCP) can provide height, weight, and hemoglobin measurements to WIC clinics? If an HCP provides measurements to WIC, a family can usually be served remotely rather than in-person making it easy for families to participate. You can send a participant's measurements to their WIC clinic through the [Minnesota WIC Referral Form](#).

The hemoglobin screening schedules for WIC and Child and Teen Checkups (C&TC) have some differences in timing and frequency. The following describes opportunities to adjust schedules to meet requirements for both programs.

WIC Height/length, Weight, and Hemoglobin schedule:

- Height/length and weight are required for all WIC certifications.
- WIC performs hemoglobin testing at the ages of 9 months and 18 months and then annually after that to screen for risk of anemia. This schedule follows the CDC [Recommendations to Prevent and Control Iron Deficiency in the United States](#).
 - If a hemoglobin value is below normal levels, the next screening is conducted earlier.
 - Participants with a hemoglobin below 10mg/dl are referred to the health care provider for additional evaluation.
- A hemoglobin value from a health care provider can be used for a WIC certification if the timing of the test falls within the WIC screening schedule timelines. In general, WIC can use hemoglobin results that are less than 90 days old.

Child and Teen Checkups (C&TC) Hemoglobin screening

- [The Minnesota Child and Teen Checkups \(C&TC\) Schedule of Age-Related Screening Standards](#).
 - Hemoglobin or Hematocrit screening is required at one C&TC visit between 9 and 15 months of age and once between 11 and 20 years of age for all menstruating youth.

Reimbursement for C&TC hemoglobin screening outside the 9–15-month age range

- A hemoglobin at other times can be done and billed for as medically necessary.

- [The Minnesota Child and Teen Checkups \(C&TC\) Schedule of Age-Related Screening Standards](#) page two indicates that “This schedule is a minimum standard; additional C&TC visits or screening can be done and billed for as medically necessary.”
- The Minnesota Health Care Programs (MHCP) Provider Manual [C&TC Section](#) addresses covered services for medical screening and laboratory testing when part of the Child and Teen Checkup.
- Direct C&TC coverage and policy questions to dhs.childteencheckups@state.mn.us
- Contact the [Minnesota Health Care Programs \(MHCP\) Provider Resource Center](#) with claims and payment questions.

Bright Futures/AAP Recommendations for Pediatric Preventive Health Care Anemia Screening and Risk Assessment

- [Recommendations for Preventative Pediatric Health Care Bright Futures/AAP](#) shows hemoglobin screening can occur earlier and more frequently than the 9–15-month age range. The schedule recommends Health Care Providers perform risk assessment or screening for iron deficiency anemia, as appropriate, per recommendations in the current edition of the AAP Pediatric Nutrition: Policy of the American Academy of Pediatrics (Iron chapter).

Reference – Complete Listing of Hyperlinks

[Minnesota WIC Referral Form](https://www.health.state.mn.us/people/wic/hcp/index.html) (https://www.health.state.mn.us/people/wic/hcp/index.html)

[Minnesota Child and Teen Checkups \(C&TC\) Schedule of Age-Related Screening Standards](#) (DHS-3379-ENG (Child & Teen Checkups Periodicity Screening Schedule) 10-22 (state.mn.us))

[C&TC Section](#)

(https://www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=DHS16_150092#overview)

[Minnesota Health Care Programs \(MHCP\) Provider Resource Center](#)

(https://mn.gov/dhs/partners-and-providers/contact-us/minnesota-health-care-programs/providers/)

[Recommendations for Preventative Pediatric Health Care Bright Futures/AAP](#)

(https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf?)

Minnesota Department of Health - WIC Program, 625 Robert St. N, PO BOX 64975, ST PAUL MN 55164-0975; 1-800-657-3942, health.wic@state.mn.us, www.health.state.mn.us; to obtain this information in a different format, call: 1-800-657-3942.

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