



Benchmarks for Breastfeeding Outcomes



Breastfeeding Benchmark References	Breastfeeding Initiation	Breastfeeding at Three months	Breastfeeding at Six months	Breastfeeding at Twelve months
Healthy People 2020 Objectives * Percent met Healthy People 2020 Objective	81.9%		60.6%	34.1%
Healthy People 2030 Objectives * Percent met Healthy People 2030 Objective	81.9%		42.4% exclusively	54.1%
Minnesota WIC Program 2020 Objective		70.0%		
National Immunization Survey Data Nationwide¹ Infants born in:				
2018	83.9		56.7	35.0
2019	83.2		55.8	35.9
2020	83.1		58.2	37.6
2021	84.1		59.8	39.5
2022	85.7		62.1	40.8
National Immunization Survey Data Minnesota¹ Infants born in:				
2018	88.6		66.2	40.1
2019	91.9		69.9	46.3
2020	89.5		72.0	50.1
2021	87.8		70.0	50.3
2022	92.0		72.6	47.0
Minnesota Birth Certificate Data² Infants born in:				
2018	89.9			
2019	89.6			
2020	89.4			
2021	88.9			
2022	90.1			
2023	89.3			
2024	89.5			

¹ National Immunization Survey Data (All 2022 births, accessed July 30, 2025)

[2 Breastfeeding Initiation for all Infants born in Minnesota \(All Minnesota births with initiation data, accessed July 30, 2025\)](#)

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