

Assessment of Infant Intake & Growth

STAFF WORKSHEET FOR PART 2: Typical Growth Patterns

Instructions

- View the [Meaningful Minutes - Assessment of Infant Intake & Feeding Practices Part 2 video](https://vimeo.com/1179638936/2a7652145d?share=copy&fl=sv&fe=ci) (<https://vimeo.com/1179638936/2a7652145d?share=copy&fl=sv&fe=ci>)
- Discuss the worksheet questions below at a staff meeting.

Staff discussion questions

- At an infant's certification, you may only have one weight measurement. How do you use WIC assessment questions and tools to evaluate growth risk in the absence of trend data?
 - Which tools have you found most helpful when gathering additional information to better assess growth concerns?
- An 8-day-old infant presents for their first WIC visit and has lost 8% of their birth weight.
 - What key assessment questions do you prioritize given this information?
 - Does this meet criteria for Risk Code 135?
 - What are your next steps during this visit?
 - What education, resources, and referrals would you provide to the family?
 - In documentation, what key information will be important for the next WIC staff to know to provide quality continuity of care for the growth concern?
- A breastfeeding mother expresses concern about her infant not tolerating her breastmilk due to baby spitting up "all of the time."
 - What questions would you ask to determine if this is normal vs. something that needs further evaluation?
 - What practical strategies and resources have you found most helpful in explaining this with participants?

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