

Assessment of Infant Intake & Growth

STAFF WORKSHEET FOR PART 1: Feeding Practices

Instructions

- View the [Meaningful Minutes - Assessment of Infant Intake & Feeding Practices Part 1 video \(https://vimeo.com/1167358873/d766457d33?share=copy&fl=sv&fe=cj\)](https://vimeo.com/1167358873/d766457d33?share=copy&fl=sv&fe=cj)
- Discuss the worksheet questions below at a staff meeting.
- Review the Resources for Infant Intake document to view resources highlighted in the video.

Staff discussion questions

- How do you like to explain the importance of delaying introduction of complementary foods or other fluids until the baby is developmentally ready?
- What have you found most challenging when offering nutrition education after identifying Risk Code 411C: Routinely offering complementary foods or other substances that are inappropriate in type or timing?
- What age-specific nutrition counseling messages related to infant intake are most important to give families as anticipatory guidance before baby arrives and within the first infant appointment and follow up visit for an infant?
- Discuss effective approaches to helping participants understand the importance of responsive feeding for infants. What resources have you found helpful to share?
- What resource(s) shared in this presentation are you already using regularly? Which do you want to start incorporating more? Why?