

# Complete Questions – Infant

## Participant Centered Conversation

- As a part of WIC services, I'm going to ask you a variety of questions about your baby's health and eating. Before we get started, what health, nutrition, or other topics would you like to be sure we talk about today?

<b>A</b>	<p><b>100's Anthropometric = HT/WT, % tiles</b> <i>(Anything related to weight gain, loss, growth)</i></p> <ul style="list-style-type: none"> <li>What has your doctor said about your baby's growth?</li> <li>How do you feel about your baby's growth? <ul style="list-style-type: none"> <li>PROBE for these topics depending on what participant shares: Family's feelings on growth, weight change, prematurity/birth weight</li> </ul> </li> </ul>
<b>B</b>	<p><b>200's Biochemical = Blood Tests</b> <i>(Anything related to blood – anemia, lead)</i></p> <ul style="list-style-type: none"> <li>(If low hgb) What has your doctor said about your baby's iron?</li> <li>(If low hgb) What do you know about anemia?</li> <li>Has your baby had a lead test before? 211</li> </ul>
<b>C</b>	<p><b>300's Clinical = Health/Medical Conditions</b> <i>(Anything related to medical history or medical conditions)</i></p> <ul style="list-style-type: none"> <li>Tell me about any medical or nutrition conditions your child has, such as jaundice, allergies, lactose intolerance, weight loss, recent surgery, or dental issues. 134, 353, 355, 357, 359, 360, 381, others</li> <li>When was the last time your child had a checkup at the doctor?</li> <li>Are immunizations up-to-date?</li> </ul>
<b>D</b>	<p><b>400's Diet and Nutrition</b>      • Tell me about your baby's feeding.</p> <ul style="list-style-type: none"> <li><b>Breastfeeding</b> – Tell me about your breastfeeding experience so far. How's breastfeeding going? <ul style="list-style-type: none"> <li>Tell me about your baby's feeding pattern. 411</li> <li>What changes have you noticed in your breasts?</li> <li>How many wet diapers does your baby have in 24 hours? Dirty ones?</li> <li>How do you tell when your baby is full or hungry? 411D PROBE depending on what participant shares: <ul style="list-style-type: none"> <li>Does your baby seem satisfied after feeds? Are you offering both breasts at each feeding?</li> <li>What do you do if your baby seems hungry again shortly after eating?</li> <li>How long does your baby sleep between feedings?</li> </ul> </li> <li>Is breastfeeding comfortable? PROBE depending on what participant shares: <ul style="list-style-type: none"> <li>Are you feeling any pain or discomfort? Describe your breast pain. When did you first notice this pain? What feeding positions have you tried?</li> </ul> </li> <li>What concerns do you have about breastfeeding?</li> <li>Are you pumping or expressing milk? Are you expressing your milk or offering formula? If so how often, how much? <ul style="list-style-type: none"> <li>Any concerns with pumping? Any plans to be away from baby (return to work, school, etc.)?</li> </ul> </li> <li>If using bottles, what do you do with the breastmilk after a feeding? 411I</li> <li>Who helps you with breastfeeding? <ul style="list-style-type: none"> <li>What advice have you gotten about breastfeeding?</li> </ul> </li> <li>What are your goals with breastfeeding?</li> <li>If breastfeeding and offering formula: <ul style="list-style-type: none"> <li>Why do you feel like you need formula? When are you offering formula?</li> <li>Are you familiar with how milk production works?</li> </ul> </li> </ul> </li> <li><b>Formula feeding</b> - How are feedings going? <ul style="list-style-type: none"> <li>Tell me how you prepare a bottle for your baby. 411F What type of water do you use? 411K</li> <li>What do you do with an unfinished bottle? 411D, 411I</li> </ul> </li> <li>How do you know when your baby is full or hungry? 411D</li> <li>How do you hold your baby when you feed them?</li> <li>What foods/beverages does your baby get other than breastmilk or formula? 411C, 411D</li> <li>Tell me about any vitamins, supplements, or herbal tea you are giving. 411K</li> <li>When do you plan to begin offering your baby food?</li> <li><b>OLDER:</b> Tell me about other foods they are eating.</li> <li>How often, textures of foods given 411D What are family mealtimes like?</li> </ul>
<b>E</b>	<p><b>900's Environmental/Other Factors</b></p> <ul style="list-style-type: none"> <li>What concerns do you have about your or your baby's safety? 901 <ul style="list-style-type: none"> <li>PROBE for safety/abuse, drug/alcohol abuse, foster care 902, 903, 904</li> </ul> </li> <li>Do you feel your family could use support from other programs for housing, utilities, or food at this time?</li> <li>Within the past 12 months, have you worried whether your food would run out before you got money to buy more?</li> <li>Within the past 12 months, has the food you bought run out and you didn't have money to get more?</li> </ul>