

Minnesota Department of Health Project Firstline Hand Hygiene Education Bundle

Hand hygiene is one of easiest most effective ways to prevent the spread of germs (including those resistant to antibiotics) to patients/clients/resident, health care workers, and the health care environment. Hand hygiene is cleaning hands with soap and water (e.g., soap or with antiseptic), alcohol-based hand sanitizer (ABHS), or surgical hand antisepsis. Performing hand hygiene correctly and at the right time ensures safer care and better health outcomes.



Resources available:

Recorded trainings

Interactive & multimedia
resources

English & Spanish
language resources

En Sp

MDH Recorded Trainings

30
min

Hand Hygiene Recorded Training

(<https://survey.vovici.com/se/56206EE3426A39B5>)

30
min

How Germs Make People Sick Recorded Training

(<https://survey.vovici.com/se/56206EE368154384>)

20
min

What's Wrong With This Picture? Nurses Station Recorded Training

(<https://survey.vovici.com/se/56206EE36F9503BF>)



15
sec

Did you Know? Germs Spread Through Touch (YouTube)

(<https://youtu.be/MIjd9W5j2fM>)

CDC Interactive and Multimedia Resources

What's Wrong With This Picture? Nurses Station

(<https://www.cdc.gov/project-firstline/hcp/training/Nurses-Station.html>)

En Sp

Print Materials and Other Resources

Project Firstline Hand Hygiene Steps (PDF)

(<https://www.health.state.mn.us/facilities/patientsafety/infectioncontrol/pfl/training/hhsteps.pdf>)

MDH Infection Control Assessment and Response (ICAR)

Hand Hygiene Audit Tool (Excel)

(<https://www.health.state.mn.us/facilities/patientsafety/infectioncontrol/icar/res/hhaudit.xlsx>)

CDC Clinical Safety: Hand Hygiene for Healthcare Workers

(<https://www.cdc.gov/clean-hands/hcp/clinical-safety/index.html>)

