

“[Medical cannabis] makes me almost pain-free; helps me eat, sleep, do day-to-day tasks; and just helps me stay dialed into my life.”

— From a medical cannabis patient



# MINNESOTA'S MEDICAL CANNABIS PROGRAM

## Minnesota's Medical Cannabis Program

Since 2015, Minnesota's Medical Cannabis Program has provided a treatment option for patients who are facing debilitating medical conditions, helping to improve their quality of life. This guide can help you learn more about how to participate in the program.

### Approved Forms of Medicine

### Medical Cannabis Dispensary Locations



#### PILL

Taken as a capsule or tablet



#### LIQUID

Dabbed or sprayed under the tongue



#### OIL

Ingested using a vaporizer



#### TOPICAL

Applied directly to the skin



#### GUMMY/ CHEW

Taken by mouth



#### TINCTURE

Placed under the tongue



#### POWDER

Mixed with water



#### LOZENGE

Taken by mouth



#### DRIED FLOWER\*

Consumed by smoking

\*For patients ages 21+

### Other Program Details

**NOTE:** The annual enrollment fee has been eliminated.

**MEDICAL CANNABIS PRODUCT COST** is paid directly to the manufacturers that operate the Medical Cannabis Dispensary each time you, your parent/legal guardian/spouse or registered caregiver purchase medical cannabis. Costs will vary. Medical insurance does not cover product cost.

### Office of Medical Cannabis

Our Call Center staff are available from 8 a.m. to 4:30 p.m. Monday-Friday to answer any of your questions about becoming a patient.

651-201-5598 | 1-844-879-3381 (toll-free)

[health.cannabis@state.mn.us](mailto:health.cannabis@state.mn.us) | [mn.gov/medicalcannabis](http://mn.gov/medicalcannabis)

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### Patient Guide



### Learn How to Become a Patient

Here are the basic steps you need to follow to become a medical cannabis patient. Look inside for more details about each step.



#### HOW TO QUALIFY



#### GETTING CERTIFIED FOR YOUR MEDICAL CONDITION



#### HOW TO REGISTER



#### PURCHASING YOUR MEDICAL CANNABIS



For more information, visit our website:  
[mn.gov/medicalcannabis](http://mn.gov/medicalcannabis)

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## HOW TO QUALIFY



To be eligible, Minnesota residents must have **at least one of the following conditions** certified by a participating health care practitioner:

- Alzheimer’s disease
- Amyotrophic lateral sclerosis (ALS)
- Autism spectrum disorder (must meet DSM-5)
- Cancer\*
- Chronic motor or vocal tic disorder
- Chronic pain
- Glaucoma
- HIV/AIDS
- Inflammatory bowel disease, including Crohn’s disease
- Intractable pain
- Irritable bowel syndrome
- Obsessive-compulsive disorder
- Obstructive sleep apnea
- Post-traumatic stress disorder (PTSD)
- Seizures, including those characteristic of epilepsy
- Severe and persistent muscle spasms, including those characteristic of multiple sclerosis (MS)
- Sickle cell disease
- Terminal illness, with a probable life expectancy of less than one year\*
- Tourette syndrome

*\*If the illness or its treatment produces one or more of the following: severe or chronic pain; nausea or severe vomiting; or cachexia or severe wasting.*



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## GETTING CERTIFIED FOR YOUR MEDICAL CONDITION



Before you can participate in the program, you must get your medical condition certified by a Minnesota-licensed physician, physician assistant or advanced practice registered nurse.

### Tips for finding a participating health care practitioner:

- Ask your medical team or advocacy groups that represent your medical condition.
- Search on the internet, including the websites for Minnesota’s medical cannabis manufacturers.

Green Goods: [visitgreengoods.com/mn/](http://visitgreengoods.com/mn/)

RISE: [risecannabis.com/mn/](http://risecannabis.com/mn/)

**DURING** your visit, give your email address to your health care practitioner. Ask for an appointment summary and a list of your current medications. Take this to your initial visit at your Medical Cannabis Dispensary.

**AFTER** your health care practitioner certifies your condition, you will receive an email from the Office of Medical Cannabis that contains:

- **Confirmation of your condition** being certified by your health care practitioner.
- **Your unique online registration link** for the Medical Cannabis Patient Registry.



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## HOW TO REGISTER



Once you receive your certification email, you are now ready to register!

### Before you start, gather your:

- Current government-issued photo ID, driver’s license or passport.
- Mobile phone or tablet to capture an image of your ID.

Follow the link in the email to register (check your spam or junk folder). If you need a caregiver, you can add that information to your account at this time.

*When your registration has been approved, you will be notified by email. The approval process can take up to 30 days after receipt of a completed application.*



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## PURCHASING YOUR MEDICAL CANNABIS



Once your registration is approved, you can now pick up your medical cannabis at your nearest Medical Cannabis Dispensary.

### Before you go to your Medical Cannabis Dispensary:

- Schedule an appointment.
- Complete the Patient Self-Evaluation (available on your Medical Cannabis Registry Account) before your visit. NOTE: A registered caregiver can complete the Patient Self-Evaluation for you. You must complete a new Patient Self-Evaluation every time you purchase medical cannabis.

### What to bring:

- Your government-issued photo ID (your caregiver must bring theirs when picking up medicine).
- A list of your prescribed medications (for initial appointment or if your medications change).
- The visit summary from your health care practitioner who certified your condition (for initial appointment).
- Payment for your medicine.

A pharmacist at the Medical Cannabis Dispensary will review your account and recommend a medication.

