

Sexually Transmitted Infection Risk Assessment

CHILD AND TEEN CHECKUPS (C&TC) FACT SHEET FOR PRIMARY CARE PROVIDERS

Sexually transmitted infection (STI) risk assessment is required at all C&TC visits beginning at age 11. Conduct the risk assessment confidentially with the patient to make them most informative.

C&TC standards

General

STI risk assessment is required during all C&TC visits 11 years and older to determine if STI screening is needed. Based on risk factors, provide lab testing, treatment, and counseling as indicated.

Refer to specific testing recommendations based on risk factors in the Centers for Disease Control and Prevention's (CDC) [STI Screening Recommendations and Considerations](#):

- For human immunodeficiency virus (HIV) screening, refer to the C&TC [HIV Screening](#) fact sheet.
- For hepatitis C virus (HCV) screening, refer to the C&TC [HCV Screening](#) fact sheet.
- For syphilis screening, refer to the C&TC [Syphilis Screening](#) fact sheet.

Personnel

A licensed health care provider should review and interpret the STI risk assessment: physician, nurse practitioner, physician assistant, or registered or public health nurse (RN or PHN) who has completed the C&TC Comprehensive

Screening training through the Minnesota Department of Health (MDH).

Documentation

Document a risk assessment was completed and what lab tests were ordered, if applicable. Document a complete record of lab test results in the patient's record.

Refer to the documentation forms on the [C&TC Early and Periodic Screening, Diagnostic, and Treatment resources](#) webpage for documentation examples or to use as a template with your electronic medical record.

Procedure

Incorporate STI risk assessment into each C&TC visit as part of broader assessment and guidance related to sexual health.

Conduct the STI risk assessment in a one-to-one conversation with the patient without a parent or guardian present. Inform patient and parent or guardian of Minnesota's minor's consent law MN [Statute § 144.343](#).

Perform risk assessment and consider using [Essential Sexual Health Questions to Ask Adolescents](#) pages 3-4 or the [Bright Futures Pocket Guide](#), pages 98-99 and 110-111.

Treatment guidelines

Refer to the [STI Treatment Guidelines](#).

Importance of STI screening

STIs are among the highest number of annual cases of any condition reported to the CDC. Untreated STIs can lead to infertility and further transmission. Many cases of chlamydia go undiagnosed as it is asymptomatic in about 7 out of 10 people (National Chlamydia Coalition, 2021).

In 2025, the following were reported in Minnesota:

- 18,179 cases of chlamydia
- 5,960 cases of gonorrhea
- 1,384 cases of syphilis

Teens and young adults aged 15 to 24 accounted for 60% of chlamydia cases, 33% of gonorrhea cases, and 14% of all primary and secondary syphilis cases (MDH, 2026).

Professional recommendations

American Academy of Pediatrics

Provide STI risk assessment and lab testing as appropriate at routine well visits beginning at 11 years (American Academy of Pediatrics, 2025).

United States Preventive Services Task Force

Screen for chlamydia and gonorrhea in all sexually active females 24 years of age and younger (US Preventive Services Task Force, 2021). Screen for syphilis in all sexually active adolescents and young adults at increased risk for infection (US Preventive Services Task Force, 2022). Screen for hepatitis B infection in adolescents and adults at increased risk for infection (US Preventive Services Task Force, 2020).

Resources

Minnesota Department of Human Services

- [C&TC Schedule of Age-Related Screening Standards](#)
- [Minnesota Health Care Programs \(MHCP\) Provider Manual - C&TC Section](#)

Minnesota Department of Health

- [Child and Teen Checkups \(C&TC\)](#)
- [Sexually Transmitted Diseases \(STDs\)](#)

Other resources

- [National STD Consultation Network](#)

For more information

The Child and Teen Checkups (C&TC) program is administered through a partnership between the Minnesota Department of Human Services and the Minnesota Department of Health.

For questions about this fact sheet or to obtain this information in a different format, call 651-201-3650 or email health.childteencheckups@state.mn.us.

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Resource links

- [Screening Recommendations and Considerations](https://www.cdc.gov/std/treatment-guidelines/screening-recommendations.htm)
(www.cdc.gov/std/treatment-guidelines/screening-recommendations.htm)
- [HIV Screening C&TC Fact Sheet](https://www.health.state.mn.us/people/childreneyouth/ctc/hivscreening.pdf)
(<https://www.health.state.mn.us/people/childreneyouth/ctc/hivscreening.pdf>)
- [HCV Screening C&TC Fact Sheet](https://www.health.state.mn.us/people/childreneyouth/ctc/hepc.pdf)
(<https://www.health.state.mn.us/people/childreneyouth/ctc/hepc.pdf>)
- [Syphilis Screening C&TC Fact Sheet](https://www.health.state.mn.us/people/childreneyouth/ctc/syphilis.pdf)
(<https://www.health.state.mn.us/people/childreneyouth/ctc/syphilis.pdf>)
- [C&TC Early and Periodic Screening, Diagnostic, and Treatment resources](https://mn.gov/dhs/partners-and-providers/policies-procedures/minnesota-health-care-programs/provider/types/ctc-resources/)
(<https://mn.gov/dhs/partners-and-providers/policies-procedures/minnesota-health-care-programs/provider/types/ctc-resources/>)
- [Minnesota's minor's consent law: Minnesota statute 144.343](http://www.revisor.mn.gov/statutes/?id=144.343)
(www.revisor.mn.gov/statutes/?id=144.343)
- [Essential Sexual Health Questions to Ask Adolescents, p.3-4](https://wp05.cdn.ihealthspot.com/wp-content/uploads/sites/52/2024/10/All-Pocket-Cards_May-2022.pdf)
(https://wp05.cdn.ihealthspot.com/wp-content/uploads/sites/52/2024/10/All-Pocket-Cards_May-2022.pdf)
- [Bright Futures Pocket Guide, p. 98-99, 110-111](https://downloads.aap.org/AAP/PDF/BrightFutures/BF4_POCKETGUIDE.pdf)
(https://downloads.aap.org/AAP/PDF/BrightFutures/BF4_POCKETGUIDE.pdf)
- [STI Treatment Guidelines](https://www.cdc.gov/std/treatment-guidelines/STI-Guidelines-2021.pdf)
(<https://www.cdc.gov/std/treatment-guidelines/STI-Guidelines-2021.pdf>)
- [C&TC Schedule of Age-Related Screening Standards](https://edocs.dhs.state.mn.us/lfserver/Public/DHS-3379-ENG)
(<https://edocs.dhs.state.mn.us/lfserver/Public/DHS-3379-ENG>)
- [Minnesota Health Care Programs \(MHCP\) Provider Manual - C&TC Section](#)

(www.dhs.state.mn.us/main/idcplg?IdcService=GET_DYNAMIC_CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=dhs16_150092)

- [Child and Teen Checkups \(C&TC\)](http://www.health.state.mn.us/divs/cfh/program/ctc/index.cfm)
(www.health.state.mn.us/divs/cfh/program/ctc/index.cfm)
- [Sexually Transmitted Diseases \(STDs\)](https://www.health.state.mn.us/diseases/stds/index.html)
(<https://www.health.state.mn.us/diseases/stds/index.html>)
- [National STD Consultation Network](https://www.stdccn.org/render/Public)
(<https://www.stdccn.org/render/Public>)

References

- American Academy of Pediatrics (2025, February). *Recommendations for preventive pediatric health care*. Retrieved from https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf
- Minnesota Department of Health (2026, February). *STI statistics*. Retrieved from <https://www.health.state.mn.us/diseases/stds/stats/index.html>
- National Chlamydia Coalition (2021). *For healthcare providers*. Retrieved from <https://chlamydiacoalition.org/for-healthcare-providers/>
- US Preventive Services Task Force (2020). Screening for hepatitis B virus infection in adolescents and adults: US Preventive Services Task Force recommendation statement. *JAMA*, 324(23), 2415-2422. <https://doi.org/10.1001/jama.2020.22980>
- US Preventive Services Task Force (2021). Screening for chlamydia and gonorrhea: US Preventive Services Task Force recommendation statement. *JAMA*, 326(10), 949-956. <https://doi.org/10.1001/jama.2021.14081>
- US Preventive Services Task Force (2022). Screening for syphilis infection in nonpregnant adolescents and adults: US Preventive Services Task Force reaffirmation recommendation statement. *JAMA*, 328(12), 1243-1249. <https://doi.org/10.1001/jama.2022.15322>