

Severe Allergy Resources for School Nurses

EMERGENCY CARE PLANS, TRAINING TOOLS, & RESOURCES

The training tools and resources provided are not an exhaustive list; however, represents reputable resources for a School Nurse to utilize in his/her/their practice. These resources may be used in care planning for students, to strengthen competency for a nurse, or may be used to train other people performing these cares. Scope of practice, nursing delegation, and legalities of performing individual procedures must be considered. Student’s medical/treatment plans and/or individual health plans will have more details specific to the student than these general trainings and should be followed.

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Emergency Action Plan Templates

School Emergency Action Plans

- [SN Chat - School Nurse Chronic Health Assessment Tool](https://store.allergyasthmanetwork.org/digital-downloads/school-nurse-chronic-health-assessment-tool-sn-chat)
(<https://store.allergyasthmanetwork.org/digital-downloads/school-nurse-chronic-health-assessment-tool-sn-chat>) -Health History Interview Questions & Student Care Plans. Online Shop: Digital Downloads. (FREE - must register and link will be emailed to you)
- [American Academy of Allergy Asthma & Immunology Anaphylaxis Emergency Action Plan](https://www.aaaai.org/Aaaai/media/MediaLibrary/PDF%20Documents/Libraries/Anaphylaxis-Emergency-Action-Plan_FILLABLE.pdf)
(https://www.aaaai.org/Aaaai/media/MediaLibrary/PDF%20Documents/Libraries/Anaphylaxis-Emergency-Action-Plan_FILLABLE.pdf)

Medical Emergency Plans

- [Asthma and Allergy Foundation of America](https://secure.aafa.org/np/clients/aafa/product.jsp?product=13&gl=1*oczjcn*_ga*M7QxMTc4MjU2NS4xNjU2MDEwODZz*_ga_6DQEFHCRG8*MTY2MDY4MDYyNy43LjEuMTY2MDY4MDk2NC4wLjAuMA..)
(https://secure.aafa.org/np/clients/aafa/product.jsp?product=13&gl=1*oczjcn*_ga*M7QxMTc4MjU2NS4xNjU2MDEwODZz*_ga_6DQEFHCRG8*MTY2MDY4MDYyNy43LjEuMTY2MDY4MDk2NC4wLjAuMA..)
- [American Academy of Pediatrics Allergy and Anaphylaxis Emergency Plan](https://downloads.aap.org/AAP/PDF/AAP%20Allergy%20and%20Anaphylaxis%20Emergency%20Plan.pdf)
([https://downloads.aap.org/AAP/PDF/AAP Allergy and Anaphylaxis Emergency Plan.pdf](https://downloads.aap.org/AAP/PDF/AAP%20Allergy%20and%20Anaphylaxis%20Emergency%20Plan.pdf))
- [Food Allergy Research & Education \(FARE\) Food Allergy & Anaphylaxis Emergency Care Plan](https://www.foodallergy.org/living-food-allergies/food-allergy-essentials/food-allergy-anaphylaxis-emergency-care-plan) (<https://www.foodallergy.org/living-food-allergies/food-allergy-essentials/food-allergy-anaphylaxis-emergency-care-plan>)

Minnesota State Statutes

- [121A.2205 POSSESSION AND USE OF EPINEPHRINE AUTO-INJECTORS; MODEL POLICY.](https://www.revisor.mn.gov/statutes/cite/121A.2205)
(<https://www.revisor.mn.gov/statutes/cite/121A.2205>)
- [121A.2207 LIFE-THREATENING ALLERGIES IN SCHOOLS; STOCK SUPPLY OF EPINEPHRINE AUTO-INJECTORS.](https://www.revisor.mn.gov/statutes/cite/121A.2207) (<https://www.revisor.mn.gov/statutes/cite/121A.2207>)
- [144.999 EPINEPHRINE AUTO-INJECTOR.](https://www.revisor.mn.gov/statutes/cite/144.999)
(<https://www.revisor.mn.gov/statutes/cite/144.999>)

Special Diet Statement

Minnesota Department of Education

- [Special Diet Request Form](https://education.mn.gov/mdeprod/idcplg?IdcService=GET_FILE&dDocName=MDE060182&RevisionSelectionMethod=latestReleased&Rendition=primary)
(https://education.mn.gov/mdeprod/idcplg?IdcService=GET_FILE&dDocName=MDE060182&RevisionSelectionMethod=latestReleased&Rendition=primary)
- [Special Diet Guidebook](https://education.mn.gov/mdeprod/idcplg?IdcService=GET_FILE&dDocName=MDE085813&RevisionSelectionMethod=latestReleased&Rendition=primary)
(https://education.mn.gov/mdeprod/idcplg?IdcService=GET_FILE&dDocName=MDE085813&RevisionSelectionMethod=latestReleased&Rendition=primary)
- [Special Dietary Request in Schools](https://education.mn.gov/MDE/VideoNew/?group=Communications&id=MDE074479)
(<https://education.mn.gov/MDE/VideoNew/?group=Communications&id=MDE074479>)
(24 min video)

Training Tools

Severe Allergy/Anaphylaxis Basics

- [Managing Your Child's Food Allergies –Asthma & Allergy Foundation of America](https://www.pathlms.com/aafa/courses/7420#)
(<https://www.pathlms.com/aafa/courses/7420#>)
Online module to understand the basics of food allergies and keeping the child safe.
- [When to Use EpiPen – Signs and Symptoms of a Severe Allergic Reaction \(Anaphylaxis\) – EpiPen Canada](https://www.youtube.com/watch?v=KzHebySkD6c) (<https://www.youtube.com/watch?v=KzHebySkD6c>)
(5 min video)

Epinephrine Auto-Injector Training Videos

- [Adrenaclick Administration – School Health Associates](https://schoolhealthassociates.com/adrenaclick-administration-2/)
(<https://schoolhealthassociates.com/adrenaclick-administration-2/>)
Instructional video, procedure, & skill competency worksheet
- [AUVI-Q Administration – School Health Associates](https://schoolhealthassociates.com/auvi-q-administration-2/)
(<https://schoolhealthassociates.com/auvi-q-administration-2/>)
Instructional video, procedure, & skill competency worksheet
- [EpiPen Administration –School Health Associates](https://schoolhealthassociates.com/epipen-administration-2/)
(<https://schoolhealthassociates.com/epipen-administration-2/>)
Instructional video, procedure, & skill competency worksheet
- [SYMJEPI Administration – School Health Associates](https://schoolhealthassociates.com/symjepi-administration-2/)
(<https://schoolhealthassociates.com/symjepi-administration-2/>)
Instructional video, procedure, & skill competency worksheet

Pharmaceutical Company Technique Guidance

- [Amneal How to Use Video & Instructions for Use \(https://epinephrineautoinject.com/what-is-the-epinephrine-injector/how-to-use-the-epinephrine-injector/#instructions\)](https://epinephrineautoinject.com/what-is-the-epinephrine-injector/how-to-use-the-epinephrine-injector/#instructions)
- [AUVI-Q How to Use Video \(https://www.auvi-q.com/about-auvi-q\)](https://www.auvi-q.com/about-auvi-q)
- [AUVI-Q Instructions for Use \(https://www.auvi-q.com/pdf/ifu-poster.pdf\)](https://www.auvi-q.com/pdf/ifu-poster.pdf)
- [EPI PEN Training Video \(https://www.epipen4schools.com/Members/Training/\)](https://www.epipen4schools.com/Members/Training/)
- [EPI PEN Instructions for Use \(https://www.epipen.com/-/media/files/epipen/howtouseepipenautoinjector.pdf\)](https://www.epipen.com/-/media/files/epipen/howtouseepipenautoinjector.pdf)
- [SYMJEPI Injection How to Use Video & Instructions for Use \(https://symjepi.com/how-to-use-symjepi\)](https://symjepi.com/how-to-use-symjepi)
- [Teva how to Use Video & Instructions for Use \(https://www.tevaepinephrine.com/howtouse\)](https://www.tevaepinephrine.com/howtouse)

Resources

American Academy of Allergy, Asthma & Immunology

- [School Tools: Anaphylaxis & Food Allergy Resources for Professionals –American Academy of Allergy, Asthma & Immunology \(https://www.aaaai.org/Tools-for-the-Public/School-Tools/anaphylaxis-food-allergy\)](https://www.aaaai.org/Tools-for-the-Public/School-Tools/anaphylaxis-food-allergy)

Centers for Disease Control and Prevention (CDC)

- [Food Allergies – CDC \(https://www.cdc.gov/healthyschools/foodallergies/index.htm\)](https://www.cdc.gov/healthyschools/foodallergies/index.htm)
- [Food Allergies in Schools Toolkit – CDC \(https://www.cdc.gov/healthyschools/foodallergies/toolkit.htm\)](https://www.cdc.gov/healthyschools/foodallergies/toolkit.htm)
- [Voluntary Guidelines for Managing Food Allergies in Schools and Early Care and Education Program – CDC \(https://www.cdc.gov/healthyschools/foodallergies/pdf/20_316712-A_FA_guide_508tag.pdf\)](https://www.cdc.gov/healthyschools/foodallergies/pdf/20_316712-A_FA_guide_508tag.pdf)

Children’s Minnesota

- [Patient & Family Education Materials – Serious Allergic Reactions \(Anaphylaxis\) \(https://www.childrensmn.org/educationmaterials/parents/article/11786/serious-allergic-reactions-anaphylaxis/\)](https://www.childrensmn.org/educationmaterials/parents/article/11786/serious-allergic-reactions-anaphylaxis/)

Food Allergy Research & Education (FARE)

- [Tips for Avoiding Your Allergen \(https://www.foodallergy.org/living-food-allergies/food-allergy-essentials/common-allergens/tips-avoiding-your-allergen\)](https://www.foodallergy.org/living-food-allergies/food-allergy-essentials/common-allergens/tips-avoiding-your-allergen)

Kids With Food Allergies: A Division of the Asthma and Allergy Foundation of America

- [KFA School Zone: Managing Food Allergies at School \(https://www.kidswithfoodallergies.org/planning-for-school.aspx\)](https://www.kidswithfoodallergies.org/planning-for-school.aspx)
- [Anaphylaxis: Severe Allergic Reactions \(https://www.kidswithfoodallergies.org/what-is-anaphylaxis\)](https://www.kidswithfoodallergies.org/what-is-anaphylaxis)

National Association of School Nurses

- [Allergic Reaction Algorithm for Management of Medical Emergencies \(https://cdn.fs.pathlms.com/FSKoisU6TsynirKhpblg\)](https://cdn.fs.pathlms.com/FSKoisU6TsynirKhpblg)
- [Allergy and Anaphylaxis Toolkit \(https://learn.nasn.org/courses/58035\)](https://learn.nasn.org/courses/58035)
No cost, but will need to create a NASN account

Prescription Assistance/Savings Programs

- [Asthma and Allergy Network What if I can't afford my Epinephrine Medication? \(https://allergyasthmanetwork.org/anaphylaxis/what-if-i-cant-afford-my-epinephrine/\)](https://allergyasthmanetwork.org/anaphylaxis/what-if-i-cant-afford-my-epinephrine/)
Coupons, rebates, discounts, and patient assistance & savings programs
- [EPIPEN4SCHOOLS Program \(https://www.epipen4schools.com/\)](https://www.epipen4schools.com/)

Epinephrine Auto Injector Training Devices

Addrenaclick/Amneal generic

- <https://epinephrineautoinject.com/order-product-trainers/>
- Order 2 online or call 1-855-373-6374 to larger quantities

AUVI-Q

- <https://www.auvi-q.com/hcp/request-a-trainer>

EPIPEN

- No longer supply trainers for healthcare providers; trainers only come in prescription orders

SYMJEPI

- Email symjepikits@usworldmeds.com or call 1-877-SYMJEPI (1-877-796-5374)
- Order up to 4 trainers the first order and then 2 trainers each month following the initial order

Teva

- Email TEVACS@tevapharm.com to order trainers

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Minnesota Department of Health
Adolescent and School Health Unit
Orville L. Freeman Building
625 Robert St. N, St Paul, MN 55101
health.school.health@state.mn.us
<https://www.health.state.mn.us/people/childreneyouth/schoolhealth/index.html>

To obtain this information in a different format, email health.school.health@state.mn.us

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