# Self-Knowledge Check

## Naloxone (Opioid Antagonist) Administration

*Note: The answers are highlighted in yellow below. School choosing to use this tool should remove highlight and the numbering in question #5 before providing this tool to school staff.* **Delete this entire paragraph before using.**

### Staff Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

### Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Please circle the correct answer.**

1. Naloxone is an opioid antagonist which reverses the signs of overdose and restores breathing. It typically works in:

a. 2-3 minutes

b. 8-10 minutes

c. 30-90 minutes

2. Signs of an opioid overdose include all the following **except**?

a. Unresponsive/minimally responsive, body limp

b. Slow breathing or not breathing, snorting with gurgling.

c. Lips and fingernails turn blue(ish).

d. Agitation and hyperactivity

3. All of the following are True about naloxone **except**:

a. Narcan is a “brand” name for naloxone

b. If the person responds and wakes up after giving naloxone, the person doesn’t need to go to a hospital for further assessment and care

c. Naloxone is safe to give and should be given as first line treatment of opioid overdose

d. A delay in giving naloxone could result in death due to opioid overdose

4. Which are possible symptoms of opioid withdrawal?

a. Nausea and vomiting or abdominal cramps

b. Restlessness or irritability

c. Increased heart rate and blood pressure

d. All of the above

5. Number the 5 steps below in the correct order for emergency treatment of a suspected opioid overdose.

\_\_\_\_Call 911, state the person is not breathing, and activate the School Emergency Response

\_\_\_\_Roll the person into recovery position and monitor until EMS arrives

\_\_\_\_Report administration of naloxone to administrator/program coordinator per district policy

\_\_\_\_Determine if the person is conscious or unresponsive – shake, shout, sternal rub

\_\_\_\_Simultaneously follow emergency response (CPR/ Rescue Breaths for an unresponsive victim and if suspected overdose GIVE NALOXONE)

Answer Key: 1=a, 2=d, 3=b, 4=d, 5=2,4,5,1,3