

# XEEM DHAU Qhov Kev Kuaj:

Qhia Paub Txog Qhov Kuaj Tau Kev Hnov Lus

Minnesota Qhov Kev  
Kuaj Cov Me Nyuam  
Yug Los Tshiab



Koj tus me nyuam mos liab tau xeem dhau  
qhov kuaj kev hnov lus lawm.

Thov nqa daim ntawv no mus rau koj tus mos liab tus kws kho mob thaum koj mus ntsib nws thawj zaug.

MUAB RAU: Thawj Tus Kws Kho Mob (ATTN: Primary Care Provider): \_\_\_\_\_

Chaw Kuaj Mob (Clinic): \_\_\_\_\_

Tus Mos Liab Lub Npe (Baby's Name): \_\_\_\_\_

Tus Mos Liab Hnub Yug (Baby's Date of Birth): \_\_\_\_\_

Lub Tsev Kho Mob/Qhov Chaw Yug Nws (Hospital/Birth Site): \_\_\_\_\_

Hnub Kuaj Nws Kev Hnov Lus Zaum Kawg Los No (Date of Last Hearing Screen): \_\_\_\_\_

Lub Pob Ntseg

Sab Xis (Right Ear):

XEEM DHAU (PASS)

Lub Pob Ntseg

Sab Laug (Left Ear):

XEEM DHAU (PASS)

Nws tsis pom zoo li koj tus mos liab muaj teeb meem hnov lus tsis zoo lub sij hawm no. Li cas los, ntawm no yog ib cov lus qhia uas yuav tau nco ntsoov!

1

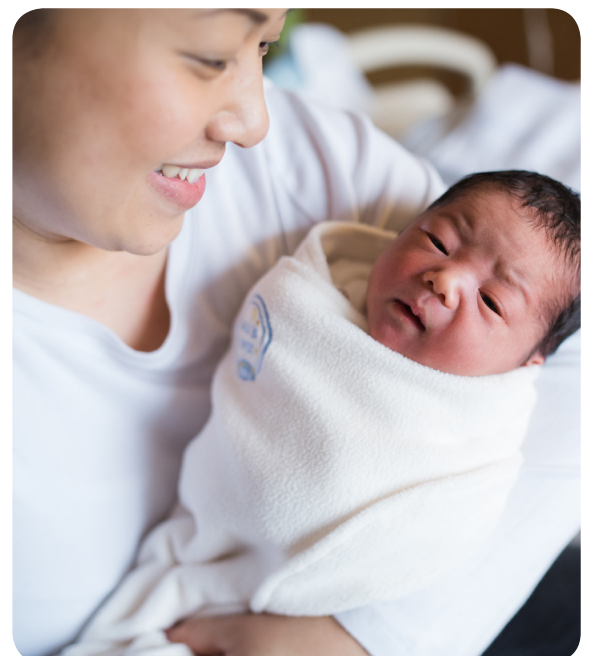
Koj tus mos liab tau xeem dhau qhov kuaj nws kev hnov lus lawm, tab sis yog ib qhov tseem ceeb yuav tau paub tias txoj kev hnov lus yeej hloov tau tsis hais lub sij hawm twg thoob plaws lub caij nws tseem yau.

2

Kev hais lus thiab paub lus yeej pib thaum yug tau los, tab txawm tus me nyuam yuav tsis tau txawj hais lus kom txog rau thaum nws muaj li ib xyoos. Qhov paub tias muaj teeb meem hnov lus tsis zoo thaum ntxov yog ib qhov tseem ceeb kom ntseeg tau tias me nyuam tau txais cov kev pab tiv thaiv thiab cov kev txhawb uas lawv xav tau kom loj hlob mus tsis muaj mob.

3

Yog koj xav tias koj tus mos liab yuav hnov lus tsis zoo yav tom ntej, hu rau koj qhov chaw kuaj mob los yog tus kws kho mob. Cov lus qhia nyob sab nraud ntawm daim ntawv no yuav pab koj paub saib xyuas koj tus me nyuam kev hnov lus thiab kev paub hais lus cov cwj pwm kev coj mus rau txoj kev nce qib yav tom ntej.



# Lus Qhia Rau Cov Niam Cov Txiv: Koj Tus Mos Liab Kev Hnov Lus

Kev hnov lus yuav paub lub sij hawm twg los tau. Tham nrog koj tus mos liab tus kws kho mob yog ib qhov twg ntwam cov lus teev hauv qab no hais raug koj tus mos liab lub sij hawm tam sim no los yog yav tom ntej:

1. Ib leej niam leej txiv twg los yog lwm tus neeg hauv tsev neeg muaj teeb meem hnov lus tsis zoo thaum yau
2. Koj tus mob liab tau nyob hauv chav NICU ntev tshaj tsib (5) hnuv
3. Tau muaj kev ntxiv ntshav rau koj tus mos liab
4. Koj tus me nyuam tau muaj/muaj mob rau hauv lub pob ntseg ntau zaus lawm
5. Koj tus me nyuam tau raug/raug mob rau lub taub hau
6. Koj tsis xav tias koj tus me nyuam hnov lus zoo
7. Koj tsis xav tias koj tus me nyuam hais lus tau zoo
8. Koj tus mos liab tus cwj pwm kev coj txawv ntwam qhov **TEEV COV KEV HNOV LUS**

## Koj puas paub?

**50%**

ntwam cov me nyuam mos uas hnov lus tsis zoo tsis muaj dab tsi ua rau muaj tus mob



## Kev hnov lus yeej hloov tau.

Tsom kwm xyuas koj tus mos liabtxoj kev loj hlob nrog rau qhov teev cov kev hnov lus!



**TEEV COV KEV HNOV LUS**

### 0-3 lub hlis

- ✓ Ntshai los yog quaj thaum hnov dab tsi nrov
- ✓ Nyob twj ywm thaum hnov cov suab uas nws swm
- ✓ Nti txav mus los los yog tsim dheev thaum muaj neeg hais lus

### 3-6 lub hlis

- ✓ Quaj txuj txwv, ua suab yau, thiab ua suab nrov ntau hom
- ✓ Tig ntsia mus rau ntwam qhov hnov lub suab nrov
- ✓ Nyiam cov suab nrov los yog tej khoom ua si uas ua tau suab nrov

### 6-12 lub hlis

- ✓ Pib qog cov suab hais (“baba,” “mama”)
- ✓ To taub “no” los yog “bye bye”
- ✓ Pib tig taub hau mus rau ntwam qhov hnov cov suab yau
- ✓ Ntsia yam khoom uas nws swm thaum hais txog lub npe

### 12-18 lub hlis

- ✓ Txawj tig ntsia mus rau tag nrho cov suab nrov
- ✓ Paub npe thiab to taub txog 50 lo lus
- ✓ Pib hais txij 2 lo lus mus txog 10 lo
- ✓ Ua raws li yus qhia ua tej yam yooj yim (“nrhiav koj lub npas”)

### 18-24 lub hlis

- ✓ Nyiam kom yus nyeem ntwav rau nws
- ✓ Txawj taw tes rau tej tes taw qhov ncauj qhov muag thaum nug nws
- ✓ Pib muab tej lus los sib ntxiv, xws li “noj mis ntxiv”
- ✓ Paub hais 20-50 lo lus thiab to taub ntau lo ntxiv