

Sexual and Reproductive Health Services Program 2025 STATISTICAL REPORT

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Overview

Established by the Minnesota Legislature in 1978, the Sexual and Reproductive Health Services (SRHS) grant program —formerly the Family Planning Special Projects grant—funds essential pre-pregnancy sexual and reproductive health services for people with the least access due to structural inequities. Grants are awarded to counties, cities, clinics, and non-profit organizations to provide services in communities throughout the state. SRHS funds from the 2022 and 2023 RFPs can be used for public information, outreach, contraceptive counseling and methods, and referral and follow-up care. All data presented in the report reflects patients served in 2025.

Outreach

Outreach activities raise awareness about family planning services available in a community and provide sexual health education that equips individuals with the knowledge and skills to make informed decisions about their sexual and reproductive health, supporting healthier individuals and communities. Outreach activities are provided both individually and in groups in settings such as community organizations, community colleges, corrections settings, shelters, faith settings, health fairs, primary care clinics, workplaces, and virtually.

Number of people reached: **125,988**

Number of sessions held: **4,601**

Counseling

Number of people who received contraceptive counseling: **29,908**

Contraceptive counseling is a patient-centered process in which healthcare professionals provide factual information, guidance, and support to help individuals make informed decisions about contraceptive and reproductive goals.

Number of patients receiving contraceptive counseling services, 2025

Age	Total	Percent of Total
Under 20	5,826	19.5%
20 – 29	13,858	46.3%
30 – 39	6,851	22.9%
40+	3,371	11.3%
Age Unknown	2	0%
TOTAL	29,908	

Contraceptive method services

Contraceptive services encompass a range of healthcare activities that provide individuals with access to contraceptive methods. These services are always provided in conjunction with contraceptive counseling.

Total number of unduplicated patients who received a contraceptive method: 23,614

Percent of total number of contraceptive patients by age, 2025

Age	Percent of Total
Under 20	19.0%
20 – 29	43.9%
30 – 39	19.5%
40+	9.1%
Age Unknown	8.6%

Percent of total number of contraceptive patients by ethnicity and race, 2025**

Race/Ethnicity	White	Black or African American	Am. Indian or Native Alaskan	Asian	Native Hawaiian or Pacific Islander	More than One Race	Other and Unknown	Hispanic
Total	37%	21%	3%	4%	0.2%	3%	14%	22%

** In this race/ethnicity data, the percentages may add up to more than 100% as people may be represented in more than one category as race and ethnicity are not presented as mutually exclusive categories. For example, someone may identify as Hispanic and Black and would be represented in both of those categories.

Percent of total number of contraceptive patients by gender, 2025**

Gender	Female	Male	Trans*
Total	85%	17%	3%

*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

** Gender data comes from race/ethnicity data. In this race/ethnicity data, the percentages may add up to more than 100% as people may be represented in more than one category as race and ethnicity are not presented as mutually exclusive categories. For example, someone may identify as Hispanic and Black and would be represented in both of those categories.

Percent of total methods patients by type, 2025

Primary Method	Total	Percent
Permanent methods • Tubal ligation • Vasectomy	275	1.2%
Long-acting reversible contraception (LARC) methods • Copper IUD • Hormonal IUD • Implant	4,352	18.4%
Non-LARC hormonal methods • Shot • Pills • Patch • Ring • Emergency contraceptive pill as only method	8,383	35.3%
Non-hormonal methods • Condoms • Cervical cap/diaphragm • Sponge • Withdrawal • Spermicide used alone • Fertility awareness methods • Other method	10,027	42.7%
Abstinence	577	2.4%
Total	23,614	

Chlamydia testing

Number of patients tested for chlamydia: **22,341**

Number of positive chlamydia tests: **2,048**

Percent positive tests: **9%**

Percent of unduplicated patients tested for chlamydia by age, 2025

Age Group	Percent of Total Tested	Percent of Total Positive Tests
Under 20	19.6%	32%
20-24	26.3%	35.9%
25 and older	53.75%	32%

Percent of unduplicated patients tested for chlamydia by gender, 2025

Gender	Female	Male	Trans*
Total	69%	30%	2%

*Defined here as transgender, nonbinary, two spirit, gender queer, gender nonconforming, or in another way beyond the gender binary.

Income level

Unduplicated contraceptive methods patients by income level, 2025

Income Level is calculated using the Federal Poverty Guidelines produced annually by the Department of Health and Human Services (HHS). Guidelines can be found on the DHS [Prior HHS Poverty Guidelines and Federal Register References](https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines/prior-hhs-poverty-guidelines-federal-register-references) (https://aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines/prior-hhs-poverty-guidelines-federal-register-references) webpage.

Income levels	Percent of total
Under 100%	54%
101-150%	11%
151-200%	11%
201-250%	6%
Over 250%	4%
Unknown	14%